

Elmwood High School



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Website: <https://www.winnipegssd.ca/Elmwood>

A. Johnston - Principal K. Carino - Vice Principal, Gr.7-8 I. Macleod - Vice Principal, Gr.9-10 C. Torrance - Vice Principal, Gr.11-12

The Elmwood Giants Indoor Track & Field team will be holding our first practice on Wednesday November 4th after school from 3:30-4:30. Practices will be held on Monday, Wednesday, Thursday and Friday. Students are asked to attend 2 practices per week if they intend to participate in the Track Attack series sanctioned by Athletics Manitoba at the University of Manitoba on the dates listed below,

Track Attack Series

Tuesday Jan 13th

Tuesday Jan 27th

Wednesday Feb 11th

Thursday March 12th

We will be practicing on the outdoor track outside of the school for as long as the weather permits after which we will move inside for practices. Students are asked to dress in running shoes and clothing appropriate for the weather.

I give permission for _____ to participate in Track & Field practices at Elmwood and in the Track Attack series.

Name _____

Signature: _____

Date: _____

