



Themes

- Truth and Reconciliation
- Fall
- Super Heros/ Comics
- Friendship
- Holidays Around the World
- Earth Day/ Plants and Flowers



My name is Ms. McFadyen and I am teaching Physical Education and Integrated Arts this year. This is my fifth year teaching at Prairie Rose and my seventh year teaching. I am excited about my new roles as the Integrated Arts Teacher and can't wait to create and explore with your children. When I am not at school I enjoy playing hockey and soccer and taking my dog Daisy to the dog park. On the weekends I often spend time at the lake with my family and friends.



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**Welcome
To Physical
Education
And Integrated
Arts**

**Prairie Rose
Elementary School**

Physical Education

Grades 1-3

Students in grade 1-3 will learn fundamental movement skills. The students will play games and participate in activities that help develop transport skills as well as their manipulation skills.

Students will learn the importance of physical activity and nutrition to create healthy bodies. During every game and activity we will talk about the safety of ourselves and others. I expect the students to try their best and have fun every class!

Grade 4-6

Students in grades 4-6 will continue to learn and develop their fundamental movement skills, as well as understand their biomechanics behind the movements. Students will learn the importance of physical activity and nutrition to create healthy bodies. We will discuss the importance of a warm up and cool down before exercise and the physiology behind it. During every game and activity we will talk about the safety of ourselves and others. I expect the students to try their best and have fun every class!



Assessment

Students will be assessed in accordance with the Manitoba Physical Education curriculum. The curriculum is organized into 5 categories.

- Movement
- Fitness Management
- Safety
- Personal and Social Management
- Healthy Lifestyle Practices

Students will be assessed by observation, daily scores, conversations, and physical and written assessments.

Intramurals

Students will have the opportunity to participate in Intramural sports at lunch. Intramurals will be from 12:30-12:55 on Day 2,4, 6 and the sport will rotate monthly.

Respect

When we are in the gym they are expected to show respect to their classmates, staff members and the equipment.

KEEP IT A GAME!

Integrated Arts

Integrated Arts is a place for students to develop creativity and inquiry.

STEAM- Students will be given design challenges and will have freedom to explore materials. Students in grade 4-6 will learn coding with Microbits.

Music- Students will sing songs, follow the beat with drums and boomwhackers and will use keyboards and xylophones.

Art- Students will use different art mediums to create art projects and learn art skills.

Dance- Students will learn a variety of dance styles including, hip hop, cultural dances, and yoga,

Assessment

- Plucker Questions
- Observation
- Participation/Product
- Conferencing
- Written Assessments

