



Hello Weston Families,

It feels hard to believe that May is already here—and that the colder weather seems to be lingering just a little longer! Even so, it's exciting to realize that we are entering the final nine weeks of the school year. Where has the time gone?

April was an incredibly busy and productive month of learning. Students were engaged, focused, and eager to share their learning with one another and across classrooms. It has been wonderful to see their enthusiasm and growth in so many areas. Our Leadership students organized meaningful Earth Day activities, highlighting our shared responsibility to care for Mother Earth and be good stewards of our community. In addition, students advocated for the addition of a basketball net in our school yard, demonstrating the power of student voice and what it truly means to advocate for positive change.

We also launched our Learning Buddies program, providing additional support and connection for our younger learners. Through partnerships with older students, our "little people" are being supported in areas such as self-regulation, outdoor learning, STEAM activities, and reading together. This initiative has been a wonderful way to build relationships and strengthen our sense of community.

In Math, students continue to develop their skills by using Math journals to show evidence of their thinking. They are working collaboratively on open-ended problems, finding solutions, and clearly explaining their reasoning. Students are truly becoming confident mathematicians and are also practicing math fluency by using strategies to add, subtract, multiply, and divide mentally to solve problems more efficiently.

Students are diligently working on pieces they have created to demonstrate and showcase some of the learning they have done throughout the year. These pieces will be shared with you during our Spring Celebration on May 14 from 5:30–7:00 p.m. This will be our very first Spring Celebration, and we can't wait to see what it looks like! It is sure to be an exciting and memorable evening for our school community. We can't wait to see you there!

This time of year, students often participate in field trips connected to their learning, and this experiential learning assists in deepening their knowledge and understanding. Please ensure your child arrives on time and dressed in appropriate clothing and footwear for outings. We strive to provide students with as many meaningful learning opportunities as possible, and daily attendance is essential to full participation. This is a crucial time when students consolidate their learning and often make some of their greatest academic gains. Thank you for continuing to support your child's learning journey by making regular attendance a priority.

Finally, we would like to invite you to our final Parent Gathering on Wednesday, May 13 at 3:30 p.m. This is an important opportunity to connect and share your voice, as we will be discussing changes for next year, the school budget, and parent input on goals, including what you would like to see more of, less of, or not at all. Your voices are heard and truly valued. Treats will be provided, and child care will be available. We hope you can join us! We are so grateful to have you as part of the Weston village and truly appreciate your continued support. Let's finish the year strong—together!

Warm regards,  
Lisa Richardson



## **Can You Imagine Inc**

**A licensed, non-profit child care centre that operates in Weston School and is independent of Winnipeg School Division and Weston School.**

**Full time Preschool program (ages 2-kindergarten start)**

**Priority will be given to 4-year-olds who are not registered in kindergarten!**

**Proof of address is needed to ensure you are in the Weston catchment area.**

**Opens: September 2026 and will operate Monday to Friday from 7:00 a.m. to 5:30 p.m. all year.**

**Executive Director: Tracy Cosser**

**Assistant Director: Lori Rogalsky**

**Site Supervisor: Brenda Abraham**

**Waitlist link: <https://cyi-weston.childcare.link>**

**Phone: 204-668-4822 if you have any questions**

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**Can You Imagine also operates a before and after school program for children in kindergarten through grade 6. We provide care from 7:00 a.m. to school start and school dismissal to 5:30 p.m. We provide care on all In-service days from 7:00 a.m. to 5:30 p.m. The school age program closes during the school breaks which includes Christmas, Spring and summer breaks. Contact: 431-336-9486. Waitlist link: <https://cyi-weston.childcare.link>**

# MISSING SCHOOL = MISSING OUT

MAKE SURE YOUR CHILD IS IN SCHOOL EVERY DAY

## DID YOU KNOW?

**YOUR CHILD CAN SUFFER ACADEMICALLY** if they miss 10 percent (about 18 days) of school. That can be just two days a month, and that can happen before you know it.

**IT DOESN'T MATTER IF THESE ABSENCES ARE EXCUSED OR UNEXCUSED.** They all represent lost time in the classroom and a lost opportunity for your child to learn.

**ATTENDANCE MATTERS AS EARLY AS KINDERGARTEN.** Studies show that children who miss too many days in Kindergarten and first grade have trouble mastering reading.

**ATTENDANCE IS AN IMPORTANT SKILL THAT WILL HELP YOUR CHILD GRADUATE** and do well in college or work.

**UNEXCUSED TARDIES ARE NOT CONVERTED TO UNEXCUSED ABSENCES.** Tardies are a disciplinary issue.

## WHAT CAN YOU DO?

**FOR YOUNGER CHILDREN, SET A REGULAR BEDTIME AND MORNING ROUTINE.** Layout clothes and pack backpacks the night before.

**FOR OLDER CHILDREN, YOU CAN SET UP HOMEWORK AND BEDTIME ROUTINES.** Make sure that when the lights go out, so do the cell phones, video games and computers.

**TRY NOT TO SCHEDULE MEDICAL AND DENTAL APPOINTMENTS DURING THE SCHOOL DAY.** If necessary, schedule appointments after 10:00a.m. and bring back an excuse.

**DON'T LET YOUR CHILD STAY HOME UNLESS THEY ARE TRULY SICK.** If your child does not want to go to school because of bullying or problems with other students, staying home may be worse for their self-esteem.

**SET AN EXAMPLE FOR YOUR CHILD.** Show him or her that attendance matters to you and that you won't allow an absence unless absolutely necessary.

**AT ZCISD, LEARNING IS TAKING PLACE ALL DAY-EVERY DAY.** If your child says otherwise, call the Campus Principal or counselors immediately.

# Limit Screen Time Before Bed



**1 Hour Before Bed, Turn Off Screens!**



## Better Sleep

Screens can disrupt  
melatonin production



## Calmer Mind

Less screen time  
reduces anxiety



## Healthy Habits

Promotes reading  
& relaxation

**Power Down to Rest & Recharge!**

# WESTON SCHOOL PRESENTS

## SPRING CELEBRATION OF LEARNING



**MAY  
14**

**6-7  
PM**



**EXPERIENCE HOW STUDENTS  
LEARN THROUGH THE ARTS**

**DOORS OPEN AT 5:30PM**

**EACH CLASS WILL HAVE A SHORT PRESENTATION  
SHOWCASING THEIR LEARNING THROUGH MUSIC,  
DRAMA, VISUAL ART OR DANCE**

# THE SCREEN CYCLE AND THE CHILD'S BRAIN: WHY EVERYDAY LIFE FEELS HARDER AFTER SCREEN USE

www.SocialWorkersToolbox.com



Break the cycle: Prioritise connection, outdoor play, and slow, engaging activities such as walking and talking, sports, creative projects, reading, music, cooking, building, puzzles, or shared tasks. These help the brain settle and cope with everyday life.

# May Parent Centre Newsletter

## Gardening and Growing

Dear Families,

This May, our theme is “Gardening and Growing”. Just as plants need sunlight, water, and care to thrive, children need support, encouragement, and patience as they learn and grow. Gardening is a simple and meaningful way to spend time together while teaching responsibility and curiosity.

You don’t need a big space to get started—try planting seeds in a small container, growing herbs on a windowsill, or reusing household items as planters. These small activities can help children feel proud of what they grow and excited about learning.

As we finish the school year, let’s continue to nurture our children both at school and at home. Together, we can help them grow strong, confident, and ready for what’s next.

## Simple Gardening Tips for Every Home

- Start small

Try easy plants like herbs, beans, or green onions—they grow quickly and are great for beginners.

- Use everyday containers

Items like cups, cans, or small containers can easily be turned into planters with a few drainage holes.

- Find a sunny spot ☀️
- Water when needed 💧

Check the soil—if it feels dry, it's time to water.

- Make it part of your routine

A quick daily check helps children build responsibility and stay engaged.



## **Bullying – Understanding and Taking Action**

At Weston, we believe that everyone has the right to feel safe, respected, and valued. It's important for students, staff, and families to understand what bullying is—and what it isn't. Bullying is repeated, intentional behavior that hurts, threatens, or excludes someone. This can be physical (hitting, pushing), verbal (name-calling, teasing), or social (leaving someone out, spreading rumors). On the other hand, conflict, disagreements, or a one-time unkind act are not considered bullying—but they still need to be addressed appropriately.

We also want to help students do the right thing, even when no one is watching. This means encouraging them to stand up for others, speak out safely, and seek help from an adult when they see someone being treated unfairly. Teaching empathy, respect, and responsibility helps students make positive choices and creates a stronger, safer school community. You can support this at home by talking with your child about kindness, fairness, and what to do if they witness bullying. Together, we can help every student feel safe and supported at school.

## **Winter Safety – Staying Safe on the Way to School**

As the winter season continues, it's important to stay safe when walking to and from school. Students should avoid walking on snowbanks, crossing the road anywhere other than crosswalks, or walking on the road. Snow and ice can make surfaces slippery and uneven, and there is a risk of falling or sliding into moving vehicles.

Families can help by reminding children to use sidewalks and crosswalks, walk carefully, and stay alert near traffic. Wearing bright clothing and appropriate footwear can also make walking safer during winter conditions. By practicing safe habits, we can help all students arrive at school safely and confidently, even on snowy days.

## **Winter Clothing – Staying Warm and Independent**

At Weston, we love for students to enjoy all the winter joys of being outdoors, from playing in the snow to exploring nature. To make outdoor play safe and fun, it's important that children wear appropriate winter clothing, including warm coats, hats, mittens, boots, and snow pants.

Equally important is that children can put their clothing on and take it off independently. While we will continue practicing tying indoor shoes, Velcro fastenings and easy-to-manage clothing help reduce frustration and allow children to spend more time playing and learning rather than struggling with their clothing. Supporting independence with winter gear also builds confidence and sets students up for success both in and out of the classroom.

## **Head Lice: What Families Can Expect Moving Forward**

**From time to time, families have questions about head lice, so we wanted to share some helpful information and explain how our school will support students moving forward.**

**Head lice are common among school-aged children and are considered a nuisance, not a health risk. They are not related to cleanliness and do not spread illness. Because lice are spread through close head-to-head contact, our approach focuses on prevention, education, and calm, predictable responses.**

**Our School's Approach Moving forward, our school will take a consistent, compassionate, and low-reactive approach to head lice. Families can expect the following:**

- Students will remain at school and continue with their regular learning routines.**
- Families will be contacted privately only if a student is experiencing visible discomfort (such as ongoing itching or open areas on the scalp that interfere with learning).**
- Students will receive age-appropriate education at school about not sharing personal items (such as hats, scarves, and brushes) and about letting an adult know if they feel uncomfortable.**
- General information about head lice will be shared through school newsletters, so families have clear, predictable access to information.**

**This approach helps protect student dignity, reduces anxiety, and recognizes that families have different resources and capacities when managing head lice.**

## **Head Lice: Quick Facts**

- Head lice are tiny insects that live on the scalp and hair.**
  - They spread mainly through head-to-head contact.**
  - They do not spread disease and are not caused by poor hygiene.**
- Common signs include itching or scalp irritation.**

# FOOD ALLERGIES

REMINDER: IMPORTANT LUNCH GUIDELINES FOR OUR CLASSROOM

TO KEEP ALL OF OUR STUDENTS SAFE AND HEALTHY, PLEASE FOLLOW THESE IMPORTANT GUIDELINES WHEN PACKING YOUR CHILD'S LUNCH:

**NO EGGS**  
**NO FISH**  
**NO NUTS (THIS INCLUDES PEANUTS, TREE NUTS, NUT BUTTERS, AND FOODS CONTAINING NUTS)**

**NO JUNK FOOD (CHIPS, POP, CHOCOLATE BARS AND ESPECIALLY NO ENERGY DRINK. IT IS IMPORTANT WE ABIDE BY THE HEALTHY GUIDELINES.**

**THESE FOODS WILL BE CONFISCATED AND RETURNED AT THE END OF THE DAY.**

**NO HEAT-UPS (WE CANNOT WARM UP FOOD IN THE MICROWAVE)**

PLEASE PACK LUNCHES THAT ARE SAFE, READY TO EAT, AND DO NOT REQUIRE HEATING.

WE APPRECIATE YOUR HELP IN CREATING A SAFE AND INCLUSIVE ENVIRONMENT FOR EVERYONE!

IF YOU REQUIRE SUPPORT WITH PROVIDING A NUTRITIONAL LUNCH, PLEASE LET THE OFFICE KNOW AND WE WILL ENSURE THAT A LUNCH IS PROVIDED.

THANK YOU FOR YOUR COOPERATION AND UNDERSTANDING!



## Room 2 Nursery and Kindergarten Class



# NEWSLETTER



### Dear Parents and Guardians,

Welcome to our latest newsletter! It has been a busy month of counting, singing, and playing. Here is a look at what our nursery and kindergarten students have been up to and some exciting news about an upcoming program.

### Classroom Highlights

#### Literacy

We used grocery flyers to practice identifying the beginning letters of different fruits and vegetables and other produce

#### Math

We've been practicing counting by pointing to one object at a time to ensure "one-to-one correspondence." We also used the fruits and vegetables for counting and sorting.

#### Science

We've been observing seeds, discussing what plants need to grow (sun, water, soil), and using our five senses to describe the textures and scents of different produce.

#### Art

Our class created things they see in the market using different recycled promote creativity and care for nature.



### Upcoming Events

Join Us:

Wee-Move Parent & Tot!

We are thrilled to invite all Nursery and Kindergarten families to our Wee-Move sessions every Monday from April 20 to May 25 at Room 1. This is a fantastic opportunity for parents and children to bond through drawing, painting, dancing, singing, snacks and games.



### Reminder

Please ensure children have appropriate outdoor gear for the spring weather.

Our students are eager to explore the puddles! To help them stay dry during their outdoor play, please send your child to school with splash pants and rubber boots. Thank you for your support!



# ROOM 5

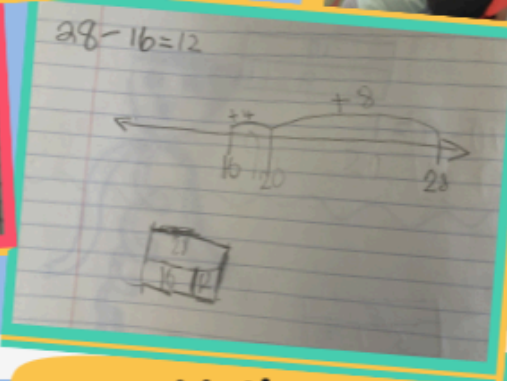
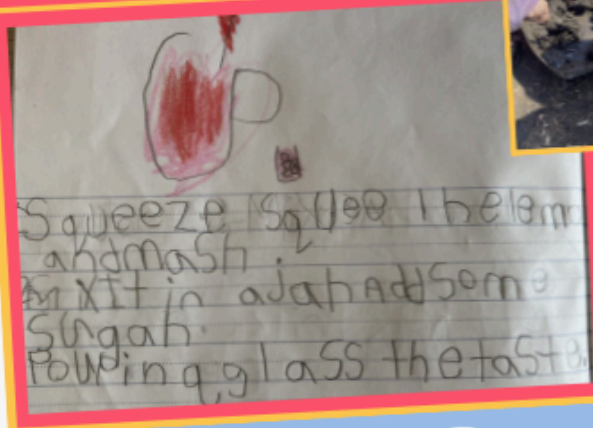
## Newsletter

Ms. Epp  
May, 2026



It's great to feel the weather warming up and see the sun shining! We are spending lots of time outdoors, learning through imaginative play with our mud kitchen tools and observing what is coming to life in our school yard, like plants and bugs!

Thank you for allowing your kids to play and get DIRTY at school! Please send them with an extra set of clothes in their backpack every day - just in case! I promise you, they are having a blast, and we appreciate your patience when we get messy



### Literacy

Students have become very independent in finding inspiration for their writing (from a read aloud, picture, or their imagination) and writing a sentence about it. Now, we are working on making our writing better - longer, more detailed, and more interesting!

Students have been setting goals to write MORE each day and checking their work thoroughly before being done.

We have also tried our hand at writing ingredients lists and recipe steps as we learn how to prepare foods!

### Math

Subtraction is HARD. Students are in the midst of learning about two types of subtraction:

1. finding the "difference" between two numbers
2. "taking away" one number from another

This strategy will make subtracting easier in the long run, but we are challenged every day as we try to make sense of this concept!

### Inquiry

Since the break, Room 5 has been expressing interest in food! We have begun exploring what ingredients are in foods, how the nutrients in foods affect our bodies, and how foods are important to different cultures.

During this learning, it is extremely important that we speak neutrally about food and how our bodies use it, avoiding words like good/bad, and healthy/unhealthy.

Lucky for us, food is best learned about through cooking and tasting! Yum!

# Class Newsletter

ROOM 7

## MATH

In math, we are working on subtraction. Our focus is on:

- Using expanded form to break numbers apart
- Using a number line to help us subtract and understand how numbers change

## ELA

We are learning about fables. Students are exploring what makes a story a fable, identifying the characters, understanding the moral or lesson, and talking about what the stories teach us about making good choices.

## SCIENCE AND SOCIAL STUDIES

In science and social studies, we are making connections between plants and Canada. Students are learning about How plants grow while learning about the country we live in.

## REMINDERS!

Please remember that toys should not be brought to school. Toys can be distracting and may get lost or broken. Thank you for helping us keep our learning space calm and focused.

# CLASSROOM NEWSLETTER

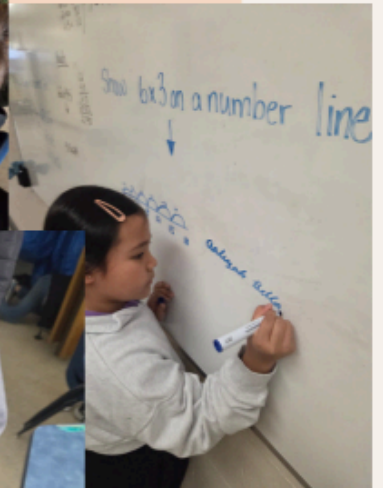


APRIL  
2026

## Adventures in Room 10

### THEME: WOULD YOU RATHER?

April has been a month of creativity and new learning in Room 10! Students have been diving into an introduction to multiplication, exploring big ideas such as equal groupings and what “equal” really means. They have been building arrays and even created art using recycled materials to represent their thinking, including equations to match their designs. STEAM learning has continued to bring out creativity, with students designing elements of their perfect playground using plasticine and recycled materials. These projects have encouraged problem-solving, planning, and sharing ideas with one another. Students have also been exploring choice and voice by helping to create short mindfulness routines for our classroom. They developed ideas like free-draw and playdough days, along with criteria for how these activities help them settle and get ready to learn. In writing, students have begun exploring persuasive thinking through “Would You Rather” prompts and by justifying their mindfulness choices, such as why spending time outdoors can support their learning. As the weather improves, Room 10 is looking forward to beginning a plant inquiry and exploring ideas around outdoor and plant safety. We are excited to continue learning, creating, and growing together in May!



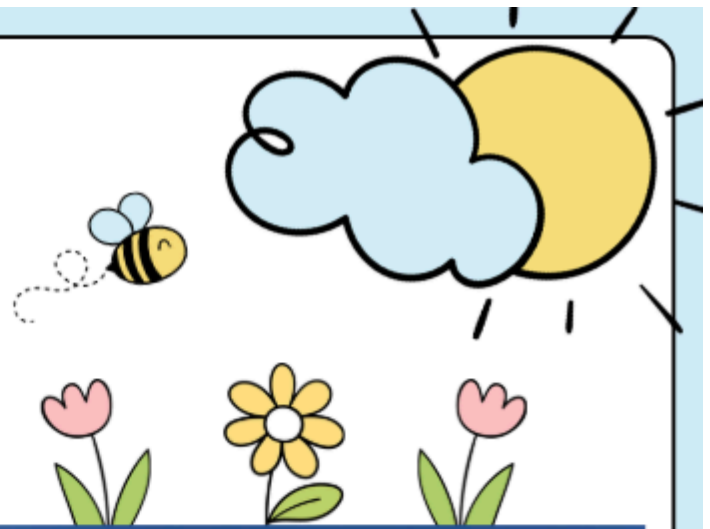
# Classroom Newsletter Room 11

## Outdoor Fun!

Our class has been exploring about how children in different countries play and connect by learning and trying games from around the world. These activities helped us practice teamwork, respect, and collaboration.

With the warmer weather, we are also spending more time outdoors.

Students have been enjoying outdoor games, movement breaks, and fresh air while building friendships and staying active.



# Room 12 Newsletter



*This month the weather has warmed up and we headed outside for a Community Clean Up to celebrate Earth Day. The students in room 12 cleaned up Pascoe Park as it is often a place we use for Nature Based Learning.*



Students are working hard to prepare for our Spring Celebration of Learning and we hope to see all families there on May 14<sup>th</sup> from 6:00-7:00 pm

## *Literacy & Math*

Students continue to work on persuasive writing through letters and advertisements. They are learning how language can impact decision making.

*In mathematics, students continue to practice multiplication and division. We went deeper with decomposition and applying those strategies to rich word problems.*



Students will continue to explore nature-based learning and be outside in different types of weather. We will be spending time outdoors both in our neighbourhood and on field trips!



RM 14

# CLASS NEWSLETTER

## What We've Learned

This month, our classroom is buzzing with the energy of multiplication and division. While these may seem like just "numbers on a page," we are focusing on how these operations act as powerful tools for solving everyday problems.

Our goal isn't just to memorize facts (though we are practicing those too!); it's to help students recognize when they can use these "math superpowers" in their own lives.

We were thrilled to welcome the Winnipeg Humane Society and their wonderful therapy dog to our classroom this week! This visit provided a heartwarming, hands-on lesson in animal welfare and the importance of empathy. Students learned how to safely approach and interact with animals, the responsibilities involved in caring for a pet, and the incredible role therapy dogs play in supporting our community's well-being. It was a fantastic way to connect our classroom values of kindness and respect to the real world.

## Science

Our scientists are currently investigating the properties of matter and the fascinating ways substances transform. Through hands-on lab work, students are identifying materials based on physical properties like magnetism, solubility, and conductivity, while learning to distinguish between physical and chemical changes.

## Upcoming Events

May 6- Camp Manitou

May 8-- No School

May 18- - No School  
(Victoria Day)

# Room 15 April Newsletter

We participated in a community clean up by collecting litter, recycling materials, and working together, learning responsibility, teamwork, and the importance of caring for their environment.



In math, we explored patterns and relations by identifying sequences, creating rules, and solving problems, building logical thinking, connecting numbers, shapes, and real-world situations through engaging activities.



We had a chance to explore and learn about Manitoba and the North during a visit to the Manitoba Museum. We discovered history, science, and culture through interactive exhibits, hands-on activities, and engaging displays, sparking curiosity, deepening understanding, and connecting classroom lessons to real-world experiences in an inspiring environment.

# Arts Class

Ms. Andrade



## Room 12 - Inuit Storytelling

Students explored Inuit storytelling by retelling a chosen story through drama, sculpture or painting. We celebrated their work in a sharing circle, where students presented their creations and performances, building community and deepening their understanding of storytelling traditions.



## Room 14 - Artist

Students have completed their Artist projects. Each piece is accompanied by an artist statement explaining what matters to them and how they created their work. These are now proudly displayed in our halls. Students are currently bringing their messages to life through Readers Theatre, using voice and movement to rehearse and perform their stories.



## Room 15 - Movement

This month, students have expanded their arts learning into dance, with a focus on tap. They've learned five basic tap steps while exploring rhythm, movement, and the history of tap dance, building both skill and confidence in a new art form.





# PHYSICAL EDUCATION

With Mr. Jones



May


Greetings Weston families,

As we move into the spring months, students have been staying active and continuing to build their skills through a variety of activities in Physical Education.

In the early years, students have been working on striking skills using badminton rackets to keep balloons in the air, as well as practicing passing with a partner. These activities help develop coordination, control, and cooperation while keeping students engaged and active.



In the intermediate grades, students have been getting into badminton games. They have been learning the rules and have had opportunities to play both singles and doubles, while continuing to develop their skills and understanding of gameplay.

For school sports updates, badminton team players had the opportunity to participate in a tournament at the end of April and showed strong skills and sportsmanship. Looking ahead, Ultimate Football practices will begin in May, taking place every Thursday for grade 5/6 students who are interested.



## REMINDERS

- Kindly make sure your child wears appropriate footwear for gym class.
- Ultimate Football Practice every Thursday from 1:00 to 2:00 PM.




If you have any questions please contact me at my email [nsorokopudjones@wsd1.org](mailto:nsorokopudjones@wsd1.org) or by phoning the school.



# May 2026



Mon	Tue	Wed	Thu	Fri
				1
Day 4 4 WASAC 3:30-5:30	Day 5 5 Rm 10 & 11 Oak Hammock Marsh trip WASAC 3:30-5:30	Day 6 6 Whole School Trip to Camp Manitou WASAC 3:30-5:30	Day 1 7 Football Practice @ 1 Last Run & Read 3:30 - 5:30	Day 2 8 <b>PD DAY NO CLASSES</b>
Day 3 11 WASAC 3:30-5:30	Day 4 12 Grade 6 Immunization 2 <sup>nd</sup> dose WASAC 3:30-5:30	Day 5 13 WASAC 3:30-5:30	Day 6 14 Football Practice @ 1 Spring Celebration 6-7 PM Doors open at 5:30	Day 1 15
Day 2 18 <b>Victoria Day No School</b>	Day 3 19 Seed Survivor Presentation Rm's 7, 10, 11 & 15 WASAC 3:30-5:30	Day 4 20 WASAC Summer Camp presentation WASAC 3:30-5:30	Day 5 21 Football Practice @ 1	Day 6 22
Day 1 25 WASAC 3:30-5:30	Day 2 26 Room 12 Zoo Trip WFS Fire trailer presentation WASAC 3:30-5:30	Day 3 27 Grade 6 Going to UPUTZ 1-3:30 WASAC 3:30-5:30	Day 4 28 Football Practice @ 1 Room 5 & 12 Laberiere park trip	Day 1 29 Weston Run Club 1-2 PM 

## Important Dates

- June 4<sup>th</sup> - Fit Run Race
- June 5<sup>th</sup> - Room 5 & 6 going to Childrens Museum
- June 11<sup>th</sup> - Zoo Field trip - Rm 2, 7, 10, 11, 14, 15
- June 12<sup>th</sup> - PD Day No Class
- June 15<sup>th</sup> - RM 12 - Forks trip
- June 15<sup>th</sup> - RM 7 & 15 going to Bunns Creek
- June 18<sup>th</sup> - Room 5 & 12 Going to Laberriere Park
- June 26<sup>th</sup> Grade 6 Farewell & going to Activate
- June 30<sup>th</sup> - Last Day of School

