



WESTON SCHOOL

February 2026

In January, we focused on being math kids, building fluency with our 10 partners and 100 partners—skills that help students take numbers apart and put them back together, which is essential for future math learning. Beyond math, students have been exploring their passions and joys, coding to create music, building robots, and enjoying winter and snow during outdoor learning. We've also been focusing on emotional learning, helping students understand big feelings and practice strategies to manage them through mindfulness, empathy, and perspective-taking. In February, we will continue to grow all areas of learning—academic, emotional, and mental health—supporting each child to learn with curiosity, confidence, and joy.

February is also “I Love to Read” Month, and Weston School celebrates reading every day of the year! It has been a goal of mine to reorganize and reenergize our library and make it the heart of our school. Thanks to our wonderful staff, this will happen in February. Through a school assembly, we will officially open the library for students to take books home to read with you. This will open up a whole new world for our students. Please help support them in taking care of the books and make time to read together each evening. According to the Reading Association, children who read nightly with their families show higher literacy skills, stronger vocabulary, and greater confidence in reading—benefits that last a lifetime.

As always, you are key to your child's success, and we need your support to keep attendance strong this month. In past years, attendance tends to dip in February, and this year we want to change that. Right now, we are at 86% attendance, but our goal is 95%! If your child is away and the absence is unverified, the school will reach out. We have many supports to help families, including the Walking School Bus, early breakfast program at 8:30, alarm clocks, and early morning wake-up calls, and we ask that you partner with us to ensure every child is present and ready to learn. Together, we can reach this goal and give every student the best chance to succeed.

MISSING = MISSING

MAKE SURE YOUR CHILD IS IN SCHOOL EVERY DAY DID YOU KNOW?

YOUR CHILD CAN SUFFER ACADEMICALLY if they miss 10 percent (about 18 days) of school. That can be just two days a month, and that can happen before you know it.

IT DOESN'T MATTER IF THESE ABSENCES ARE EXCUSED OR UNEXCUSED. They all represent lost time in the classroom and a lost opportunity for your child to learn.

ATTENDANCE MATTERS AS EARLY AS KINDERGARTEN. Studies show that children who miss too many days in Kindergarten and first grade have trouble mastering reading.

ATTENDANCE IS AN IMPORTANT SKILL THAT WILL HELP YOUR CHILD GRADUATE and do well in college or work.

UNEXCUSED TARDIES ARE NOT CONVERTED TO UNEXCUSED ABSENCES. Tardies are a disciplinary issue.

WHAT CAN YOU DO?

FOR YOUNGER CHILDREN, SET A REGULAR BEDTIME AND MORNING ROUTINE. Layout clothes and pack backpacks the night before.

FOR OLDER CHILDREN, YOU CAN SET UP HOMEWORK AND BEDTIME ROUTINES. Make sure that when the lights go out, so do the cell phones, video games and computers.

TRY NOT TO SCHEDULE MEDICAL AND DENTAL APPOINTMENTS DURING THE SCHOOL DAY. If necessary, schedule appointments after 10:00a.m. and bring back an excuse.

DON'T LET YOUR CHILD STAY HOME UNLESS THEY ARE TRULY SICK. If your child does not want to go to school because of bullying or problems with other students, staying home may be worse for their self-esteem.

SET AN EXAMPLE FOR YOUR CHILD. Who him or her that attendance matters to you and that you won't allow an absence unless absolutely necessary.

AT ZCISD, LEARNING IS TAKING PLACE ALL DAY-EVERY DAY. If your child says otherwise, call the Campus Principal or counselors immediately.

Weston Parent Centre **February** Events

 **FEB2026**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 NO SCHOOL	3	4 HARVEST 10:00 CIRCLE OF SECURITY 1:15-3:15	5	6	7
8	9 MINDFULNESS 9:15 HANS KAI 2:00-3:30	10	11 CIRCLE OF SECURITY 1:15-3:15	12	13 VALENTINES DAY BAKING 9:30-12:00 CRAFT 1:00-3:30	14
15	16 NO SCHOOL	17	18 CIRCLE OF SECURITY 1:15-3:15	19	20	21
22	23 MINDFUL MONDAY 9:15	24	25 CIRCLE OF SECURITY 1:15-3:15	26	27 COMMUNITY KITCHEN CABBAGE ROLLS	28

February Parent Centre Newsletter

Love Is Kind

February is a month focused on connection, community and recognizing acts of kindness. As we celebrate Valentine's Day, it's a great time for families to share kindness, caring words, and fun moments together. Even the smallest acts of love can make a big difference—and they're always worth celebrating!

CHECK OUT OUR KINDNESS COMMUNITY BOARD



Tips for Supporting Kindness

Kindness helps students feel safe, connected, and ready to learn. Small actions at home and in the community make a real difference.

Below are some ways families can support kindness this month:

1) Model respect

(How adults speak to others is how children learn to respond)

2) Encourage simple check-ins

("Are you okay?" goes a long way)

3) Talk about choices

(Help your child think about how words and actions affect others)

4) Acknowledge effort

(Notice when your child shows patience, honesty, or respect)

Bullying – Understanding and Taking Action

At Weston, we believe that everyone has the right to feel safe, respected, and valued. It's important for students, staff, and families to understand what bullying is—and what it isn't. Bullying is repeated, intentional behavior that hurts, threatens, or excludes someone. This can be physical (hitting, pushing), verbal (name-calling, teasing), or social (leaving someone out, spreading rumors). On the other hand, conflict, disagreements, or a one-time unkind act are not considered bullying—but they still need to be addressed appropriately.

We also want to help students do the right thing, even when no one is watching. This means encouraging them to stand up for others, speak out safely, and seek help from an adult when they see someone being treated unfairly. Teaching empathy, respect, and responsibility helps students make positive choices and creates a stronger, safer school community. You can support this at home by talking with your child about kindness, fairness, and what to do if they witness bullying. Together, we can help every student feel safe and supported at school.

Winter Safety – Staying Safe on the Way to School

As the winter season continues, it's important to stay safe when walking to and from school. Students should avoid walking on snowbanks, crossing the road anywhere other than crosswalks, or walking on the road. Snow and ice can make surfaces slippery and uneven, and there is a risk of falling or sliding into moving vehicles.

Families can help by reminding children to use sidewalks and crosswalks, walk carefully, and stay alert near traffic. Wearing bright clothing and appropriate footwear can also make walking safer during winter conditions. By practicing safe habits, we can help all students arrive at school safely and confidently, even on snowy days.

Winter Clothing – Staying Warm and Independent

At Weston, we love for students to enjoy all the winter joys of being outdoors, from playing in the snow to exploring nature. To make outdoor play safe and fun, it's important that children wear appropriate winter clothing, including warm coats, hats, mittens, boots, and snow pants.

Equally important is that children can put their clothing on and take it off independently. While we will continue practicing tying indoor shoes, Velcro fastenings and easy-to-manage clothing help reduce frustration and allow children to spend more time playing and learning rather than struggling with their clothing. Supporting independence with winter gear also builds confidence and sets students up for success both in and out of the classroom.

Head Lice: What Families Can Expect Moving Forward

From time to time, families have questions about head lice, so we wanted to share some helpful information and explain how our school will support students moving forward.

Head lice are common among school-aged children and are considered a nuisance, not a health risk. They are not related to cleanliness and do not spread illness. Because lice are spread through close head-to-head contact, our approach focuses on prevention, education, and calm, predictable responses.

Our School's Approach Moving forward, our school will take a consistent, compassionate, and low-reactive approach to head lice. Families can expect the following:

- Students will remain at school and continue with their regular learning routines.
- Families will be contacted privately only if a student is experiencing visible discomfort (such as ongoing itching or open areas on the scalp that interfere with learning).
- Students will receive age-appropriate education at school about not sharing personal items (such as hats, scarves, and brushes) and about letting an adult know if they feel uncomfortable.
- General information about head lice will be shared through school newsletters, so families have clear, predictable access to information.

This approach helps protect student dignity, reduces anxiety, and recognizes that families have different resources and capacities when managing head lice.

Head Lice: Quick Facts

- **Head lice are tiny insects that live on the scalp and hair.**
- **They spread mainly through head-to-head contact.**
- **They do not spread disease and are not caused by poor hygiene.**

Common signs include itching or scalp irritation.

FOOD ALLERGIES

REMINDER: IMPORTANT LUNCH GUIDELINES FOR OUR CLASSROOM

TO KEEP ALL OF OUR STUDENTS SAFE AND HEALTHY, PLEASE FOLLOW THESE IMPORTANT GUIDELINES WHEN PACKING YOUR CHILD'S LUNCH:

- 🚫 **NO EGGS**
- 🚫 **NO FISH**
- 🚫 **NO NUTS (THIS INCLUDES PEANUTS, TREE NUTS, NUT BUTTERS, AND FOODS CONTAINING NUTS)**
- 🚫 **NO JUNK FOOD (CHIPS, POP, CHOCOLATE BARS AND ESPECIALLY NO ENERGY DRINK. IT IS IMPORTANT WE ABIDE BY THE HEALTHY GUIDELINES.**
- THESE FOODS WILL BE CONFISCATED AND RETURNED AT THE END OF THE DAY.**
- 🚫 **NO HEAT-UPS (WE CANNOT WARM UP FOOD IN THE MICROWAVE)**

PLEASE PACK LUNCHES THAT ARE SAFE, READY TO EAT, AND DO NOT REQUIRE HEATING.

WE APPRECIATE YOUR HELP IN CREATING A SAFE AND INCLUSIVE ENVIRONMENT FOR EVERYONE!

IF YOU REQUIRE SUPPORT WITH PROVIDING A NUTRITIONAL LUNCH, PLEASE LET THE OFFICE KNOW AND WE WILL ENSURE THAT A LUNCH IS PROVIDED.

THANK YOU FOR YOUR COOPERATION AND UNDERSTANDING!



CLASSROOM NEWSLETTER



FEBRUARY
2026

Look What We Learned

FEBRUARY FAB NEWS

Stay cozy! February is here, and while the ground still be frozen, our classroom is buzzing with activity. We have a lot of exciting updates and important reminders for the weeks ahead.

LITERACY & LANGUAGE

Our New Library: We are so excited to announce that our new library space is ready! The students are loving the fresh selection of books and our cozy new reading nooks.

MATH

This month, we are hitting the Number Path! We use boxes to help students visualize the "count" and understand the relationship between numbers/

GROWING OUR SKILLS

Fine Motor Workshop: We have been doing the fine motor workshop with Ms. Tracy to build their "writing muscles"



What's New

NEW LEARNING CENTERS

We are thrilled to introduce our new learning centers! These stations allow us to explore big concepts through hand-on play. In these centers, we have math explorers, printing pros and tally table activities for our sounds and letters.



Reminders

We are still in the season were we need to bundle up. Please always make sure that you send your child/children in their most comfortable outdoor outfit to keep them warm.



Upcoming

- PD Day on February 2 (No school)
- Family Day Feb 16 - No school

ROOM 5

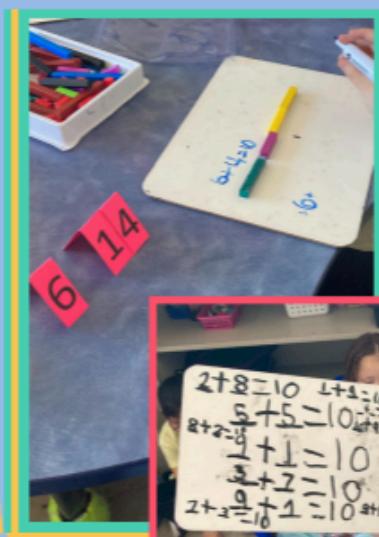
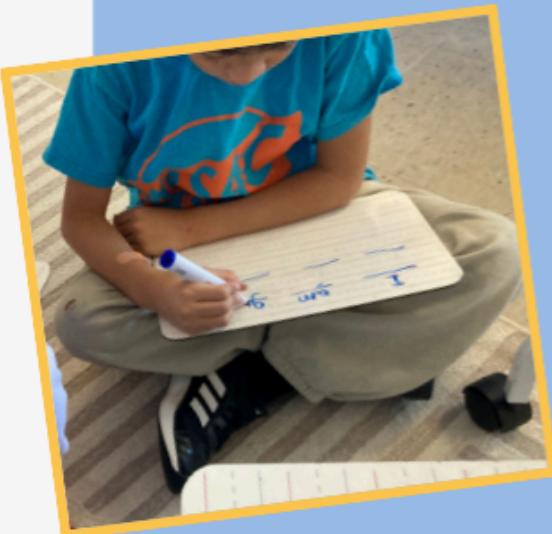
Newsletter

Ms. Epp
February, 2026



Welcome back! It's been a very cold January! Although we have had many indoor recesses, please continue to send students with appropriate clothing to bundle up and stay warm outdoors. Please let me know if you need any warm clothes for your child as we have some extras.

These months of winter, although cold, can be some of the best months for learning. Students know their routines and expectations, and show more readiness for diving deep, thinking hard, and making connections!



Literacy

Students in Room 5 are READING! There has been a lot of progress made in students knowing their letter sounds and being able to blend sounds together to read short words like "hat" or "ten".

Other students are mastering blending more sounds together in words like "plant" and "spent", as well as their digraph sounds - ch, th, and sh.

We are empowered by our new skills and are applying them in our writing as well!

Math

We began the new year by focusing hard on our 10 pairs, like $9+1$, $7+3$, and $5+5$. Our goal is to be able to name them quickly and correctly. When our brain knows these facts automatically, we have more thinking power for solving tricky word problems and math problems in our world!

Once these are mastered, students are working on fluency in their 20 pairs and 100 pairs!

Inquiry

As we've been thinking about our community, we've begun narrowing in on who each of us are as members of a community.

Who are we? What are our emotions? Are our emotions represented in nature and the things around us?

We have been practicing creating art pieces that show emotion through the colors and images we choose.

With lots of exploration and practice, our end goal is to create a class book!

Room 6 Newsletter

January 2026



Hello, parents and caregivers. The students in room 6 are an amazing group. I reflect upon my practice and the day to day of the room. I am proud that the students are progressing academically. I am most proud of the kindness in the classroom community.

January



The students in room 6 are practicing their collaboration skills while creating a cardboard community. We have studied our community using Google Maps (it's been too cold for a walk) and have decided on places that are important to us and places we think we may need. I am amazed at the empathy expressed when our students think about the needs of other.

Room 6 and 5 attended a special presentation in our library. As a part of our learning about the needs of animals and habitats Ms. Epp organized a visit from the Prairie Raptors, a bird rehabilitation organization. Mookie a horned owl and Bo a crow visited our library and we got to see these beautiful creatures in real life, WOW!



The students are focusing on seeing numbers in multiple ways. Breaking down larger numbers into parts, seeing them in relation to others on number lines, building them concretely with manipulatives, adding them together with other numbers and taking parts away from them.

CLASSROOM NEWSLETTER

ROOM 7

WHAT WE LEARNED

We have been busy learning about lots of new things.

Our class has explored some new writing and reading strategies, ask them what they like to use!

In math we have explored different ways to show numbers, identify shapes, and make 10 pairs.

In our inquiry, we explored making shelters to protect us from blizzardy days.



UPCOMING LEARNING

INQUIRY



Worms and the Garden

MATH



Perimeter and then addition and subtraction review

ELA



Ask about our reading & writing strategies!

REMINDERS

Please make sure students are coming to school with warm clothes (jacket, boots, hat, mittens, scarf/neckwarmer) as we will be spending some time outside for outdoor learning!



CLASSROOM NEWSLETTER



JANUARY
2026

Adventures in Room 10

THEME: PARTS & WHOLES

January has been a great month of settling in and getting back into routine in Room 10! Students have smoothly returned to classroom routines and are jumping back into learning with focus and enthusiasm.

In math, students have begun exploring fractions through creative, hands-on activities, including fraction-based art. These tasks have helped students think about parts and wholes in visual and meaningful ways.

Collaboration has been a big focus this month through STEAM activities. Students worked together on challenges such as the Not a Box project, using imagination and problem-solving skills, and designing marble-run mazes that required planning, testing, and teamwork.

Room 10 is looking forward to continuing this momentum as we explore new ideas and challenges in the months ahead!



Classroom Newsletter

Room 11

WHAT WE ARE LEARNING

Fire Safety

This month, our school welcomed special guests from the Winnipeg Fire Paramedic Service, as they deliver an engaging fire safety presentation. This learning focuses on personal safety and community helpers. Students learned:

- How to respond safely in the event of a fire
- The importance of smoke alarms
- Common items that may start a fire
- Firefighters' roles in keeping our community safe

Students asked thoughtful questions and demonstrated active listening skills. We are grateful to our community firefighters for taking the time to support our learning.

MATH CHALLENGE

Find the difference:

$$1,000 - 876 =$$

$$10,000 - 8,723 =$$

What strategy did you use to get the answer?



Room 12

February News

Ms. Luhowy

sluhowy@wsd1.org

What We Learned

ELA

Students have been learning and practicing informational writing skills and creating original texts on something they are an expert at.

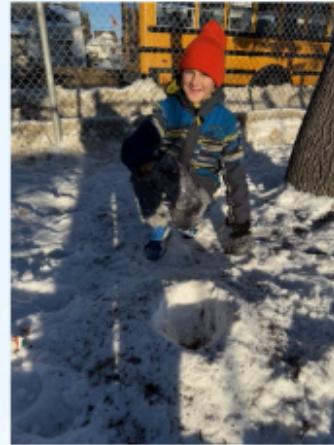
We are currently working on publishing digital copies of these texts in Canva and Book Creator.

Math

Key mindset practices we often talk about in math are: "It's ok not to know, but it's not ok to stay there!" We push our thinking every day! We are working on mental addition and subtraction.

Inquiry

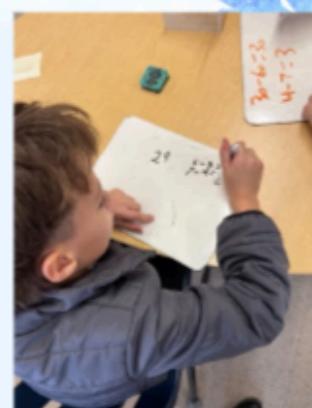
The 2026 Winter Olympics in Italy will be the basis of our inquiry for February. Students will be exploring the history, the sports, the ceremonies, and the science of the Olympics!



Reminders

We do a lot of Nature-Based learning outdoors even in cold weather! Please make sure your child brings winter gear to school.

If you need support finding winter gear - reach out to myself or Mandi, our Community Support worker.



CLASSROOM NEWSLETTER

Room 14

Mrs. Gill

kigill@wsdl.org

WHAT WE LEARNED

ELA: Our classroom is buzzing with debate as we begin our unit on Opinion Writing. Students are learning how to move beyond "I like this" to "Here is why this matters." We are focusing on stating a clear claim, supporting it with reasons, and using persuasive language to win over our readers.

Inquiry

Students are embarking on a unique journey through time. We have begun an in-depth inquiry into Métis history and culture, using the acclaimed graphic novel series A Girl Called Echo by Katherena Vermette as our guide.

Math

We are diving into the world of Measurement and Algebra! Our class is exploring the relationships between space and numbers through Area, Perimeter, and Patterns. Students are discovering how two different shapes can have the same area but very different perimeters



It was cold and freezing outside. However, our curiosity, inspiration, and goals for being out to the nature and learning outdoor kept happening. We went outside to explore how living things changed in the winter. We found that there were trees still having their green leaves during the winter and they were called evergreen trees. We also examined the surfaces of the tree barks and found saps which was really cool.



STAY WARM !



We had a chance to do an experiment on the day that the temperature was -43. We threw boiling water into the freezing air and it created an instant, dramatic cloud of ice crystals and vapor. The hot water, having low surface tension and high vapor pressure, broke into tiny droplets that evaporated instantly and rapidly condensed in the frigid air, freezing before they hit the ground.

From room 15

PHYSICAL EDUCATION

With Mr. Jones

February

Greetings Weston families,

2026 has started off as a busy and productive month, as students have dived back into their Physical Education routines while being introduced to new games and activities in the gym.

In the early years, classes have been working on striking and catching skills using balloons. These activities help students develop hand-eye coordination, timing, and control in a fun and accessible way, while also encouraging cooperation and confidence.

In the intermediate grades, students have learned lacrosse. Lessons have focused on passing, catching, shooting, and basic gameplay, with an emphasis on teamwork, movement, and understanding the flow of the game.

For school sports updates, the soccer team wrapped up their season after three games in January and represented Weston School with strong effort and sportsmanship. The basketball team also got started in January, with practices taking place every Tuesday as players continue developing their skills and teamwork.

It has been another steady and productive month in the gym, and we look forward to continuing to build skills, confidence, and teamwork as the year progresses.

REMINDERS

- Kindly make sure your child wears appropriate footwear for gym class.
- Basketball practice for Grade 5/6 students takes place every Tuesday from 1:00 to 2:00 PM.

If you have any questions please contact me at my email nsorokopudjones@wsd1.org or by phoning the school.

Arts Class

Ms. Andrade



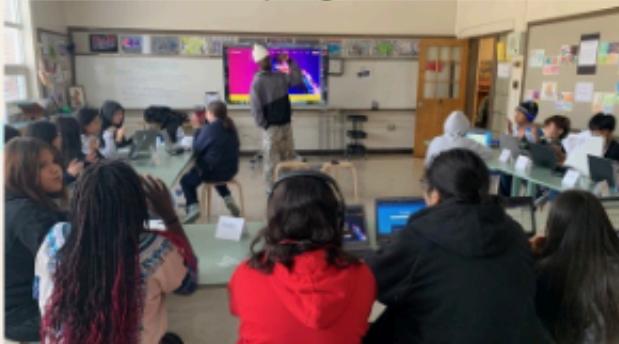
Room 14 - Beat Making

Our grade 5/6 students are exploring hip-hop as a powerful form of expression. They are creating their own beats using BandLab, learning how music, technology and creativity can come together to share ideas and identity. This work connects to collaboration, creativity and citizenship while helping students find new ways to make their voices heard through the arts.



Room 12 - Music Production

Students in Room 12 have had the privilege of working with guest artist, **GeNie Baffoe**. GeNie was here in December teaching Room 14 students Hip Hop, he has now returned to teach students music production using a program called Ear Sketch. It is a tool they can access anywhere at any time and they use coding skills to create unique tracks. Learning from an artist like GeNie has provided us with an opportunity to collaborate with a professional in the field of music making and learn a new program.

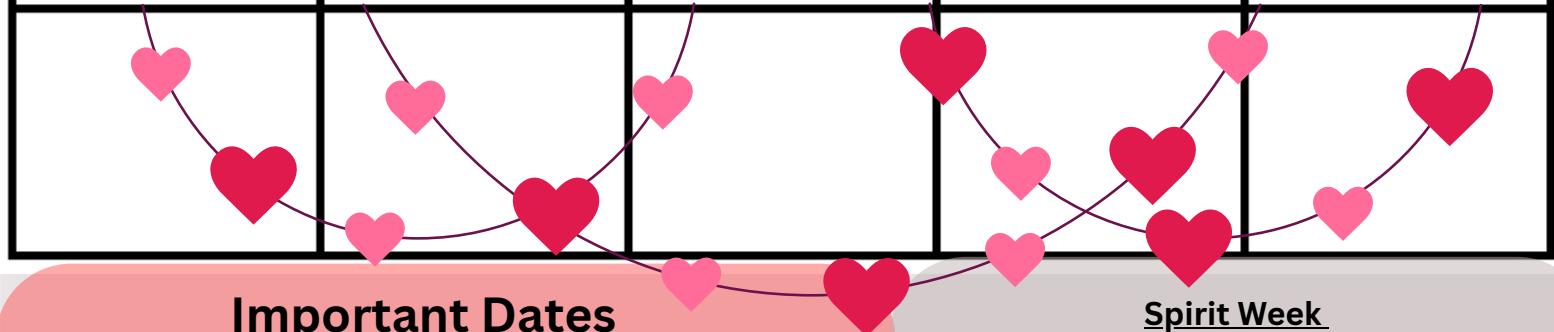


Room 15 - When Art Meets Music

This month, students explored the connection between music and visual art, much like artists Wassily Kandinsky and Paul Klee. Through listening and abstract art-making, students discovered how colour, line and shape can express mood and emotion – showing how art can communicate feelings without words.



February 2026

Mon	Tue	Wed	Thu	Fri
Day 1 PD DAY NO CLASSES	2 Day 2 WASAC 3:30-5:30	3 Day 3 WASAC 3:30-5:30	4 Day 4 Run & Read 3:30 - 5:30	5 Day 5 6
Day 6 Spirit week PJ DAY WASAC 3:30-5:30	9 Day 1 Spirit week Kindness wall WASAC 3:30-5:30	10 Day 2 Spirit week Wacky day WASAC 3:30-5:30	11 Day 3 Spirit week Buddy day Run & Read 3:30 - 5:30	12 Day 4 Spirit week Pink & Red day
16 Louis Riel Day No School	Day 5 WASAC 3:30-5:30	17 Day 6 Family Night 4- 6:30	18 Day 1 Run & Read 3:30 - 5:30	19 Day 2 20
Day 3 WASAC 3:30-5:30	23 Day 4 WASAC 3:30-5:30	24 Day 5 WASAC 3:30-5:30	25 Day 6 Run & Read 3:30 - 5:30	26 Day 1 27
				

Important Dates

March 20th - PD Day No Class

March 18 - Report cards go home

March 30- April 3rd - Spring Break

April 6th - Back to School

April 10th - PD Day No class

May 6th - Grade 6 Immunization

May 8th - PD Day No class

May 18th -Victoria Day No School

Spirit Week

Monday -
Pajama Day - Wear your pajamas and bring a stuffie to school

Tuesday -
Kindness Wall - a place where students and staff write positive messages

Wednesday -
Wacky Hair or Clothes Day

Thursday -
Buddy Day - dress or match with a friend

Friday -
Pink and Red Day - Wear Valentine's Day colours.