



🎄 December Newsletter – A Note from Administration 🎄

"From curious minds to festive hearts, December has arrived, bringing joy, learning, and excitement to every corner of our school!"

We want to extend a big thank you to all families for helping ensure students are dressed warmly for outdoor play. Our fields aren't sheltered by snow, and your support keeps our children safe, cozy, and ready to enjoy the fresh air!

We also want to give a huge thank you to all the parents who joined us for Student-Led Conferences. It was wonderful to see students proudly sharing what they've learned over the past few months. There is so much growth to celebrate—and the best part? There's still more to come!

Inside the classrooms, students have been busy exploring, thinking like mathematicians, and developing strategies for mental math. Clubs are in full swing too, giving students the chance to explore their passions in creative and exciting ways. Some students have been wizards mixing potions, others are learning to compose music, creating art, building structures, playing volleyball, and experimenting with clay. So many ways to learn—and so little time to do it all!

Mark your calendars for our festive December events:

December 8th–12th – Spirit Week: Get ready for a week of fun themed days to celebrate the season!

December 15th – Winter Wonderland Sale: Students can choose a special gift for a family member.

December 16th – Winter Family Evening: Families are invited to sing or listen to winter carols, build gingerbread cities, enjoy delicious food, and celebrate the joy of the season together.

December 17th – Breakfast with Santa: Share a meal with your student and snap a photo with Santa himself!

We will look forward to seeing everyone back on Monday, January 5th, 2026.

Our staff wishes you a safe and joyous holiday season

We need to give a shout out to the church ladies for the winter gear for the classrooms.

One page for each of the events in December

I will have Sarah's class decide on Spirit week tomorrow.

Navigating the Holiday Blues: Tips for Families

The holiday season can be joyful—but it can also bring stress, sadness, or anxiety for children and adults.

Here are practical ways to support your family's well-being:

Why the Holiday Blues Happen

High expectations for "perfect" holidays

Changes in routines (school breaks, family gatherings)

Personal or family challenges (loss, financial stress)

Less daylight and colder weather

Practical Tips for Families:

Talk About Feelings: Encourage children to share their emotions, and share your own in age-appropriate ways.

Normalize Emotions: Reassure children that it's okay to feel sad, anxious, or tired.

Keep Some Routine: Maintain bedtimes, mealtimes, and familiar family rituals.

Create Calm Moments: Read together, do mindfulness exercises, or enjoy quiet family time.

Encourage Connection: Spend quality time with loved ones and involve children in acts of kindness.

Limit Overstimulation: Avoid overscheduling or too much screen time.

Access Support if Needed: Reach out to school counselors, community programs, or mental health professionals if feelings persist.

Remember:

The holidays don't have to be perfect to be meaningful. Talking, connecting, and practicing self-care can help your family feel supported, calm, and cared for—no matter what the season brings.

Pause the Screens, Play More!

Kids today are glued to screens more than ever—for learning, gaming, and socializing. While technology can be helpful, too much screen time can affect sleep, mood, attention, and overall health. Experts recommend that children aged 5–12 balance screen use with physical activity, creative play, and family interaction.

Here are a few strategies to help manage screen time:

Set limits: Encourage no more than 1–2 hours of recreational screen time per day.

Create tech-free zones: Keep devices out of bedrooms and during mealtimes.

Promote active breaks: Encourage outdoor play, sports, or hobbies between screen sessions.

Lead by example: Children often mirror adult habits—show healthy device use.

Engage together: Share screen time experiences by watching or playing together, turning it into a social or educational opportunity.

By helping children find balance, we can support their physical, emotional, and social development while still embracing the benefits of technology.

Weston Parent Centre **December** Events

DECEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
30	1 Art 9:15 Hans Kai 1:30	2	3 coffee talk 9:00 Traditional Parenting 1:30	4	5 Drums 9:00-3:00	6
7	8 Drums 9:00-12:00 Feast 12:00-1:00 Hans Kai 1:30	9	10 Traditional Parenting 1:30	11	12	13
14	15 Holiday sale Am Hans Kai 1:30	16	17 Traditional Parenting 1:30	18	19 Family Room Potluck and Holiday Movie	20
21	22	23	24	25 🎁	26	27
28	29	30	31	1	2	3





WESTON SCHOOL

Winter Family Night

December 16

5:00-7:00pm

Doors open at 4:45pm

"Snowflake" (Nursery/Kindergarten)

"This Year" Sing-Along (Rooms 5/6)

Dinner & Winter Stations



FOOD ALLERGIES

REMINDER: IMPORTANT LUNCH GUIDELINES FOR OUR CLASSROOM

TO KEEP ALL OF OUR STUDENTS SAFE AND HEALTHY, PLEASE FOLLOW THESE IMPORTANT GUIDELINES WHEN PACKING YOUR CHILD'S LUNCH:

- NO EGGS**
- NO FISH**
- NO NUTS (THIS INCLUDES PEANUTS, TREE NUTS, NUT BUTTERS, AND FOODS CONTAINING NUTS)**
- NO JUNK FOOD (CHIPS, POP, CHOCOLATE BARS AND ESPECIALLY NO ENERGY DRINK. IT IS IMPORTANT WE ABIDE BY THE HEALTHY GUIDELINES.**

THESE FOODS WILL BE CONFISCATED AND RETURNED AT THE END OF THE DAY.

- NO HEAT-UPS (WE CANNOT WARM UP FOOD IN THE MICROWAVE)**

PLEASE PACK LUNCHES THAT ARE SAFE, READY TO EAT, AND DO NOT REQUIRE HEATING.

WE APPRECIATE YOUR HELP IN CREATING A SAFE AND INCLUSIVE ENVIRONMENT FOR EVERYONE!

IF YOU REQUIRE SUPPORT WITH PROVIDING A NUTRITIONAL LUNCH, PLEASE LET THE OFFICE KNOW AND WE WILL ENSURE THAT A LUNCH IS PROVIDED.

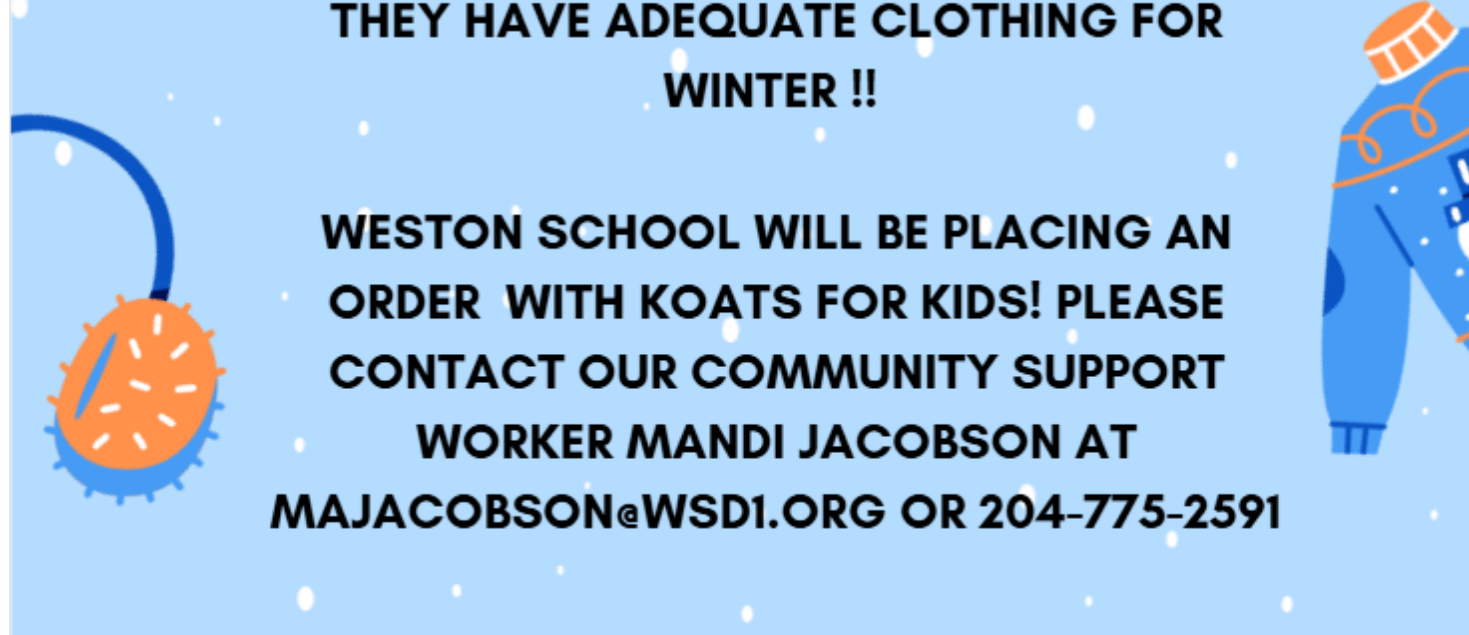
THANK YOU FOR YOUR COOPERATION AND UNDERSTANDING!





KOATS FOR KIDS

**PLEASE TAKE A FEW MINUTES TO CHECK
THE SIZE / CONDITION OF YOUR CHILDS
WINTER CLOTHING (JACKETS, SKI PANTS ,
BOOTS , MITTS , TOQUE'S ETC) TO ENSURE
THEY HAVE ADEQUATE CLOTHING FOR
WINTER !!**



**WESTON SCHOOL WILL BE PLACING AN
ORDER WITH KOATS FOR KIDS! PLEASE
CONTACT OUR COMMUNITY SUPPORT
WORKER MANDI JACOBSON AT
MAJACOBSON@WSD1.ORG OR 204-775-2591**

Winter Is Coming

Winter Weather is WINDY ,WET & COLD !!

**Please make sure students have proper
outdoor clothing**





Nursery and Kindergarten Newsletter



THIS MONTH

🎵 Rhymes & New Songs

We enjoyed:

- 🌸 Learning playful rhymes
- 🌸 Singing new seasonal songs
- 🌸 Adding fun movements to our music time

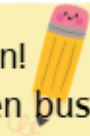
The children love sharing their favorite songs with friends!



LEARNING

Ten Frames & Subitizing Fun!

- 🔗 Our little learners have been busy growing their math brains!
- 🔗 🍁 Filling ten frames with counters
- 🔗 🍁 Playing "How Many Do You See?" to practice subitizing
- 🔗 🍁 Using games and hands-on tools to build early number sense
- 🔗 We are so proud of how quickly the children are recognizing numbers



NEWS

It has been perfect for exploring outdoors!

During outside time, children have been:

- 🔗 Running, climbing, balancing, and building strength
- 🔗 Observing the changing weather

🔗 Playing cooperatively and using BIG imaginations

Thank you for sending warm layers to keep everyone comfy outside!



STAY IN TOUCH

Ms. Cruz

+204-775-2591

ancruz@wsd1.org



THANK YOU!

November has been a wonderful month of learning, laughter, and growth.

We appreciate your support and look forward to even more fun ahead!



ROOM 5

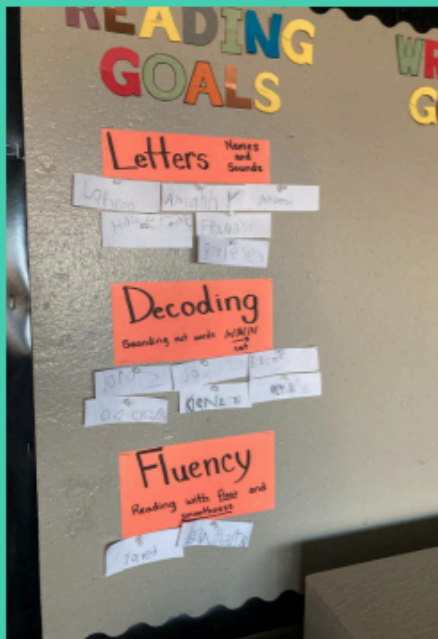
Newsletter

Ms. Epp
December, 2025



I am so proud of the students in Room 5 who have shared their learning so confidently during student-led conferences. I hope you enjoyed learning from them and seeing a few of the things they have been working hard on.

We are practicing being leaders by sharing our ideas, explaining why we know what we know, and being role models in the classroom. When we do the right thing, others will want to do it as well!



Literacy

In November, students took ownership over their learning by setting reading and writing goals (which they shared with you at the conference).

I will continue to guide them in mastering their goals, whether it is learning all the letter sounds, writing with more detail, or understanding what they read. With daily practice, they will continue to grow!

Math

Students are showing more understanding of how to compare numbers and place them accurately on a number line.

We will soon be using parts-whole boxes to break up numbers in many different ways.

At home, students can continue practicing counting by 1s, 2s, 5s, and 10s, both forwards and backwards!

Inquiry

We have been spending a lot of time thinking about hawks - both real hawks and Weston Hawks!

Students have compared and contrasted these two things, thinking about the clear differences, while also finding things that can relate to both, such as the words "brave", "smart", and "wild".

As we continue to deepen this learning, we plan to build 3-D models of both the Weston Hawk community, and the habitat of a real hawk.

Room 6, November Newsletter

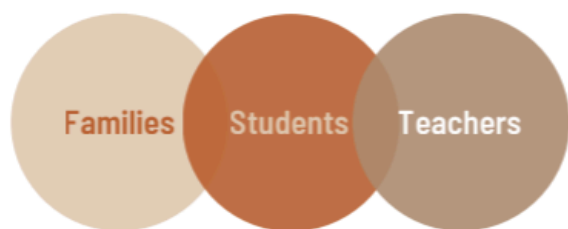
A new month a new beginning!

With report cards going home and student-led conferences behind us, room 6 is committed to continue our learning journey on our path of learning success. We have started our reading groups that have targeted lessons to practice reading skills. We have started to think about our thinking in math. It's one thing to get the correct answer but how do you know or how did you get the answer. We are focusing on the number line, parts whole moving towards adding and subtracting. In science we are starting a new unit on materials and collaborating in teams to make things. In social studies we are continuing to ask ourselves what is important in our community and how can we take care of important things.

Math	ELA
Number lines and Parts/Whole.	Reading groups, structured lessons, and daily writing.
Science	Social Studies
Materials for construction and collaborating in a team.	What is important in Weston?

Highlights: Student-Led

Whether on the phone or in person it made me feel pride and joy to connect with so many loving families. The students were proud to share their work and the parents all seemed so proud of their children. Thank you for your participation.



ROOM 7

NEWSLETTER

WHAT WE WERE UP TO

First term completed!

We finished up our goose inquiry and started our frost inquiry and the states of matter in science!

In numeracy, we have been working on measuring and patterns!

In literacy, we are almost done our class novel Winnie the Pooh.

We have also begun our small groups in literacy working on reading and phonics!



CLUBS

Clubs have started at school, ask your child about them!

- Sculpting
- Drawing
- Lego/Board Game
- Wizard

REMINDERS

Please make sure your child is dressing for the weather! If you have not already, please bring in a pair of indoor shoes for your child.

CLASSROOM NEWSLETTER



NOVEMBER 2025

Adventures in Room 10

THEME: PULL APART

November has been a month of curiosity and creativity in Room 10! Students have continued to build confidence in their routines and are showing great teamwork in their daily learning.

In math, we've been exploring subtraction in new ways by decomposing numbers, using the adding-up strategy, and finding benchmark numbers to make equations easier to solve. Students are growing more flexible and confident with their number sense each day.

In science, we've been learning about animals and their habitats. Students created their own animals using Model Magic and are now wrapping up the unit by exploring different types of research questions in their inquiry journals. We're excited to plan and build our own habitat models for the animals we've chosen to study! Room 10 is looking forward to an exciting December filled with creativity and celebration!



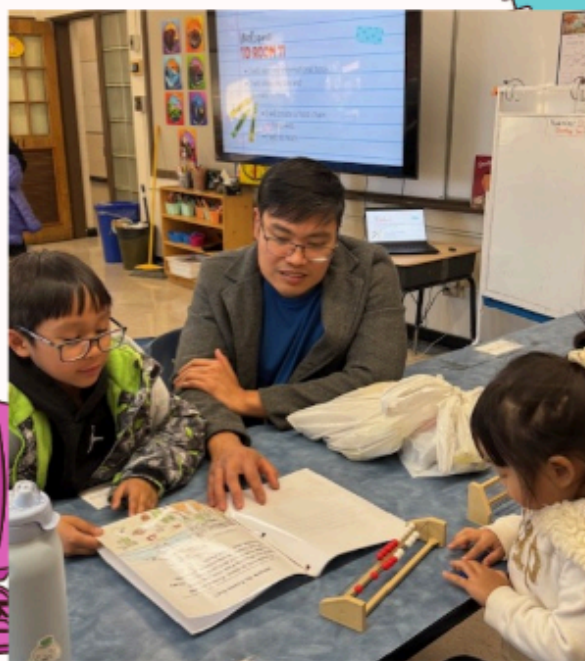
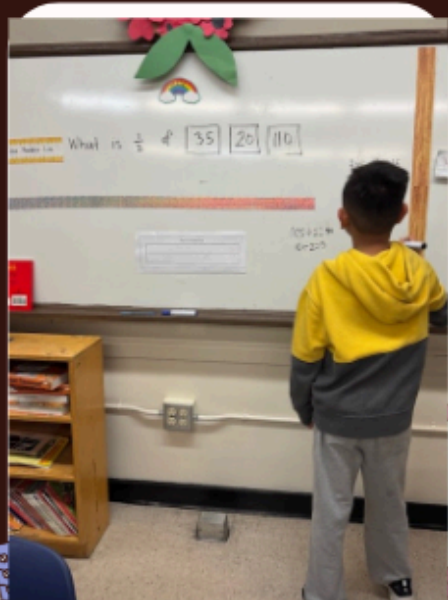


Classroom News

Room 11

This month, our class explored animal habitats in a creative and hands-on way. Our class used Play-Doh to design models of different habitats—such as forests, oceans, deserts, and grasslands—and included the animals that live in each one. This activity helped our class demonstrate their understanding of how animals depended on their environment for food, shelter, and survival. We also completed our Student-Led Conferences, where students confidently shared their learning, showed their Play-Doh habitat models, and read their non fiction books.

Thank you to all families who attended and celebrated the wonderful learning happening in our classroom.



Room 12 Newsletter



November has flown by! We continued nature-based learning focused on math. finding fractions, decimals and percents in nature and recognizing that math is all around us!

Our classroom library got a huge upgrade with new shelving and many new books! The students took ownership of this project from start to finish!



Literacy & Math

Students continue to work on their narrative writing skills: Zooming In, Stretching Out, Show Don't Tell, Use Dialogue, Start With A Hook. They are in the beginning stages of writing a winter-themed story.

In mathematics, students are identifying fractions, decimals and percents on a number line and understanding the three representations of a number. They are applying this knowledge to word problems.

Students will continue to explore nature-based learning and be outside in different types of weather. As it gets cooler outside, please provide your child with clothing that they can be warm in when we go outdoors. A pair of indoor running shoes is also very helpful!

Our student teacher, Ms. Loeppky, has started her block! She is teaching 75% (ELA, Science/SS) until Winter Break.

CLASSROOM NEWSLETTER

Class news

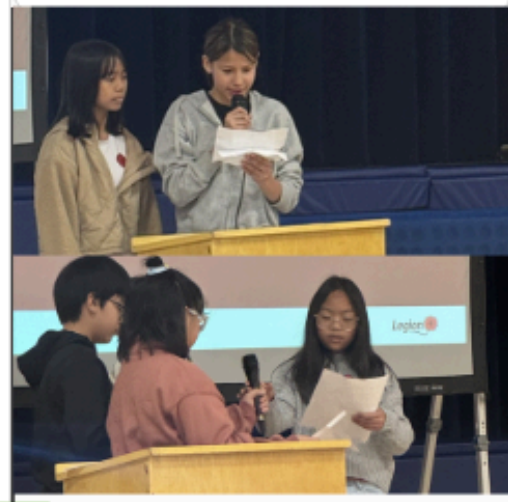
Hello Room 14 Families,
We are so excited to share what we have been learning and the activities we have been doing during the month of November. We can't believe that we have already finished the first term of our school year!

It was wonderful to see many of you for our Student-Led Conferences. We hope you enjoyed seeing all the hard work your children have put in this term.

November is a month of reflection, and our class took time to pause and honor all those who have served and continue to serve our country. Our class had the privilege of hosting our school's Remembrance Day assembly, and the students did a fantastic job leading the ceremony.

Upcoming events

Spirit Week 15-19 December
Dec 15 winter sale
Dec. 17 Winter Family Night
Dec. 18-Breakfast with Santa



What we're learning

Math

We've been mastering how to represent the same value in three different ways! This is a key skill for real-world math applications.

Reading

We are using the novel *Wonder* by R. J. Palacio as a launchpad for discussions about empathy and community.

Writing

We will be focusing on Opinion Writing. Students will be learning how to form and clearly support their opinions on various debate topics.

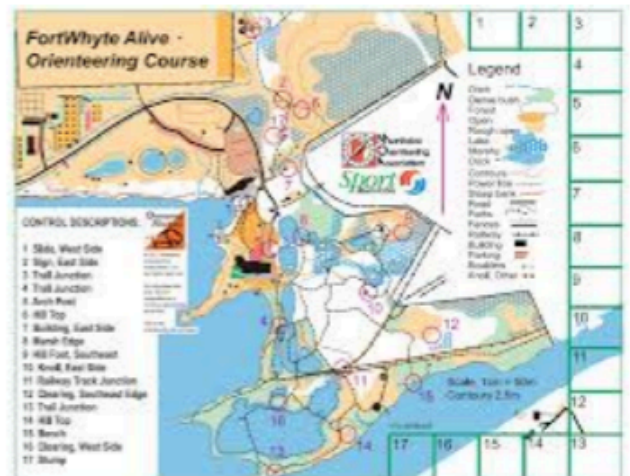
We will work on stating a claim, providing strong evidence, and effectively structuring an argument to persuade a reader.

HAPPY HOLIDAY FROM ROOM 15 !

In room 15, we continued to explore and express our identity, “Who I am?” “Where I came from.” through a Haiku poem in which we used descriptive adjectives to describe our personality, our habit, and/or what we liked to do. We also created math problem using the four operations such as addition, subtraction, multiplication, and division with a “Math About Me” poster. If the math problems were solved, they would reveal the number of the year we were born, the number of the siblings that we had, the number of our age, the number of the pets that we have, the number of sports that we play etc.



We went to Sir William Stevenson library to explore the services that Winnipeg Public libraries offer, got our own library cards, and checked out the books that we liked to read. We used Winnipeg public transit bus for the field trip. It was definitely one of the most exciting real life experiences.



We went on a field trip to Fortwhyte Alive. In the morning, we participated in an orienteering program. We used a map and a compass to navigate our way from one checked point to another in the area. In the afternoon, we discovered the adaptations of animals and plants in their habitats with activities such as scavenger hunts, riddle cards, and critter dipping. What a fun and amazing field trip.

Arts Class

Ms. Andrade



Room 14 - Graffiti & Hip Hop

Room 14 has been studying graffiti as a powerful and expressive art form. This exploration led into discussions of activism and hip hop culture and its artistic roots.

In December, students will continue this journey by exploring hip-hop dance and music. We're excited to welcome a guest artist, Genie Baffoe who will guide them through dance & history of hip hop.



Room 12 - Dramatic Arts

Students in Room 12 have been diving into the world of Drama through improvisation, voice work and pantomime. They've been experimenting with expression, character and storytelling in creative ways.

In December, students will shift their focus to short scripts and partner work where they will apply their drama skills to bring text to life through performance.



Room 15 - Art Around the World

Students have been learning about art from around the world and how different cultures celebrate, perform and express themselves through visual art, music and dance.

In December, students will select an artwork from another country to study and use as inspiration for creating their own original piece.





PHYSICAL EDUCATION

With Mr. Jones

December

Greetings Weston families,

This month in Physical Education, students have continued building their skills and routines while working hard to stay active and focused in the gym.

In our intermediate grades, we have been completing fitness challenges, including 5- and 10-minute runs. Students are learning about pacing, effort, and the importance of building endurance over time.

In the early years, our focus has been on throwing frisbees with proper form. Students have been practicing step-and-throw techniques and working toward greater accuracy through a variety of short, fun activities.



Our school volleyball team has also started up for the season. We will be practicing every Monday from 1:00 to 2:00 until the Winter Break, working on serving, setting, and bumping skills as the team continues to grow.

It has been another steady and productive month in the gym, and we look forward to more learning and movement ahead.

REMINDERS

- Kindly make sure your child wears appropriate footwear for gym class.
- Soccer practice for Grade 5/6 students takes place every Thursday from 1:00 to 2:00 PM.
- Volleyball Practice is every Monday from 1:00 to 2:00 PM.

If you have any questions please contact me at my email nsorokopudjones@wsd1.org or by phoning the school.



MUSIC CLASS



Classroom update

Hello parents and guardians!
Here's what's been happening in
our classroom this month and
what's coming up.

WHAT WE'RE LEARNING

In N/K we're getting ready for the Winter Family
Night performance of Little Snowflake!

In rooms 5, 6, 7 we're learning the song "This Year"
by Caroline Pennell, getting words and melodies
memorized.

In room 10 and 11 we started playing Xylophones,
and are starting to sing some winter songs!



Classroom highlight

Mario Composer Club has started up and it's so wonderful to see students start exploring what
it means to compose music!

We are learning to listen, play, experiment, revise, and collaborate. Its going to be such an
adventure making music with everyone!



REMINDERS REMINDERS

Winter Family Night is coming up! Keep an eye out for
information posters and email from admin. We are
going to sing, eat, laugh, and share in community
together! I look forward to seeing you there!



December 2025

Mon	Tue	Wed	Thu	Fri
Day 2 1 Volleyball practice @ 1 Wasac After school program 3:30-5:30	Day 3 2 Wasac After school program 3:30-5:30	Day 4 3 last day of Wasac After school program 3:30-5:30	Day 5 4 Soccer Practice @ 1 Run & Read 3:30-5:30	Day 6 5
Day 1 8 Volleyball practice @ 1 Spirit Week	Day 2 9 Volleyball Tournament @ Greenway school 9:30 - 11:30 Spirit Week	Day 3 10 Parent Gathering 3:30 -4:30 Spirit Week	Day 4 11 Soccer Practice @ 1 Last Run & Read before the break 3:30-5:30 Spirit Week	Day 5 12 Spirit Week
Day 6 15 Volleyball practice @ 1	Day 1 16 Winter Family Night 5 - 7 PM	Day 2 17 Community Breakfast 9:30 - 10:30	Day 3 18 Soccer Practice @ 1	Day 4 19 last day before Winter Break
22 Winter Break	23	24	25	26
29	30	31 Happy New Year	Winter Break	

Important Dates

December 3rd - Last day of WASAC
 December 8th - 12th - Spirit Week
 December 22 - January 2nd - Winter Break
 January 5th - Back to school
 January 15th - Run & Read returns
 February 2nd - PD Day No class
 February 16th - Louis Riel Day - No School
 March 20th - PD Day No Class

