

# Wellington School

690 Beverley Street, Winnipeg, Manitoba R3E 2A5 Phone - 204-774-8085 | Fax - 204-772-2799

#### Principal

Mr. E. Contreras

#### Vice-Principal

Ms. K. Bergmuller

#### Office Staff

Ms. C. Gray (Head Clerk) Ms. M. Dela Rama (Clerk)

#### **Teachers**

Mrs. J. Larson (N/K/Reading Recovery)
Mrs. S. Lourenco (N/K)
Ms. S. Aval (Gr. 1/2)
Ms. N. Garcia (Gr. 1/2)
Ms. J. Gauthier (Gr. 1/2)
Ms. J. Hydrochuk (Gr. 1/2)
Ms. S. Lenhardt Mair (Gr. 1/2)
Ms. E. Dahlin (Gr. 3/4)
Mr. J. Paintin (Gr. 3/4)
Mr. C. Penner (Gr. 3/4)
Mr. S. Trachtenberg (Gr. 3/4)
Mr. R. Calanza (Gr. 5/6)
Mr. N. Kolton (Gr. 5/6)

## Ms. R. Turnbull (Gr. 5/6) Specialists

Ms. D. Rand (Gr. 5/6)

Ms. M. Javier (Performing Arts)
Ms. K. Mandzuik (Phys-Ed)
Mr. C. Thomson (Phys-Ed)
Mr. S. Andrew (Psychologist)
Ms. C. Desmarais (Social Worker)
Ms. T. Perchaluk (Speech & Language)

#### Resource

Mr. E. Sookram (SERT/Resource Gr.3-6) Mrs. B. Faria (Resource Gr.N-2)

#### **Community Support Worker**

Ms. L. Bales

#### **Lunch Program**

Ms. D. Halladay

#### Educational Assistants Ms. N. Ahmed

Ms. M. Bautista Ms. C. Beddome Mrs. S. Calanza Ms. M. Connelly Mr. J. Figueroa Ms. D. Halladay Ms. L.M. Htoo Ms. R. Lingal Ms. Lnu Ms. L. Meissner Ms. K. Murphy Ms. L. Myhre Ms. A. Parker Ms. K. Singh Ms. R. Singh Ms. H. Vasilopoulos Ms. C. Willner

## Ms. J. Wilson Custodians

Mr. L. Smith (Head Custodian) Mr. R. Bolanos (Days) Mr. A. Conception (Evenings) Mr. R. Manglicmot (Evenings)

#### Nutrition

Mrs. D. Lacuata (Food Co-Ordinator)

#### **NEWSLETTER**

JANUARY 2024

To Our Wellington Families,

Happy New Year! May your new year be filled with peace, joy and prosperity!

December was a busy month with several events and initiatives being held which showcased the generosity, kindness and empathy of our students and staff for those that are struggling during the holidays and harsh winter months.

A huge thank you goes out to staff and members of the community who took time collecting items for our "Holiday Shopping" held in the family room. Our students were able to experience the idea of gift shopping and gift giving to their loved ones at home.

Family holiday portraits were a success. Over 30 families participated in holiday photos organized by Ms. Livia Bales in the family room. A huge thank you to the Daniel McIntyre photography students and Ms. McEdwards for organizing the volunteers to capture the holiday spirit for our families.

We want to take this opportunity to thank Ms. Luna for her time here at Wellington School. She has done a fantastic job at filling in the Music position for the past couple months. We wish her all the best in her future endeavours.

Please help me in welcoming Ms. Javier to the Wellington family who will be taking over the Music/Performing Arts position until the end of June.

Just a reminder that as we get back to routines that January brings harsh cold temperatures. Please make sure that your child remembers to bring and wear appropriate winter clothing and if there are any concerns, to please contact the school.

We look forward to a great start to 2024, with our students eager to engage in learning and continue to be actively involved in the multitude of activity opportunities offered by our dedicated staff.

Sincerely,

E. Contreras Principal

K. Bergmuller Vice-Principal

# Important Dates to Remember

January 19	No School (PD)		
January 31	Parent Council Meeting - 5PM		
February 1	Jobworks - Educational Assistant Internship - 1:10PM		
February 2	No School (Non-Instructional Day)		
February 8	Family Numeracy Night - 5PM to 6PM		



Wednesday, January 31st at 5:00 PM

All parents are welcome.
Child minding available. (Family Room)

\*\*\* Entrance on Simcoe Doors \*\*\*

Workshop in the family

Jobworks-Educational Assistant Internship Thursday, February 1st 1:10PM

If you are interested in becoming an EA (Educational Assistant), come join us in the Family Room

# AFTER SCHOOL PROGRAM WELLINGTONSTILE

**AGES 6-12 & GRADE 1-6 & TUESDAYS & THURSDAYS & 3:30-5:00PM** 

# REGISTRATION IS OPEN!!!

USE THE QR CODE ->
OR FOLLOW THE LINK ON OUR
WEBSITE: evermoreggl.com



GYM GAMES & SPORTS

ARTS & CRAFTS

BOARD GAMES

SNACK & MORE

FOR A PAPER COPY SEE THE OFFICE OR CONTACT US - 204-772-9315



#### **JANUARY PROGRAM DATES:**

TUESDAY JANUARY 9 - AFTER SCHOOL PROGRAM ft. ART CITY
THURSDAY JANUARY 11 - AFTER SCHOOL PROGRAM
TUESDAY JANUARY 16 - AFTER SCHOOL PROGRAM ft. ART CITY
THURSDAY JANUARY 18 - AFTER SCHOOL PROGRAM ft. MS. LIVIA
TUESDAY JANUARY 23 - AFTER SCHOOL PROGRAM ft. ART CITY
THURSDAY JANUARY 25 - AFTER SCHOOL PROGRAM ft. MS. LIVIA
TUESDAY JANUARY 30 - AFTER SCHOOL PROGRAM ft. ART CITY

# FAMILY FUN NIGHT Memories





















### **FAMILY ROOM**

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
		W	/ inter Break End	S
8 Day 1 Welcome Back!	9 Day 2	10 Day 3	11 Day 4	12 Day 5
School reopens	Drop in	Food security	Drop in	Drop in
Drop –in				
15 Day 6	16 <b>Day 1</b>	17 Day 2	18 Day 3	19 Day 4
Hands on craft		Food security	10 Day 3	19
Canvas Painting 9:05 am to 11:45 am	Ribbon skirts Sewing Group 1:05pm to 3:15 pm	Traditional teach-	Literacy Bingo	Sorry WE'RE CLOSED
1:05pm to 3:15 pm	1.00011110 0.10 0111	ing and pow wow classes 3:40pm	1:10 pm –3:15pm	
22 Day 5	23 Day 6	24 Day 1	25 Day 2	26 Day 3
Hands on craft	Closed am only	Food security	Hands on Cooking	
Canvas Painting 9:05 am to 11:45 am 1:05pm to 3:15 pm	<u><b>Ribbon skirts</b></u> Sewing Group	Traditional teach-	One pot Chicken & pasta	Drop in
1.00011110 0.10 0111	1:05pm to 3:15 pm	ing and pow wow classes 3:40pm	1:05 pm - 3:00pm	
29 Day 4	30 Day 5	31 Day 6		
Nursery & Kindergarten	Nursery &	Food security		
Book Bags 9:30 am to 11:30 am	Kindergarten Book Bags 1:05 pm to 3:25 pm	Traditional teaching and pow wow		
1:05 pm to 3:25 pm	1.00 pm 10 3.20 pm	classes 3:40pm		



# News from the Family Room



Welcome Back, Guardians, Parents and staff. We hope everyone had a safe and wonderful holiday. In the family room we are starting new activities and programs for the whole family. Hope to see you there.

#### Hands on crafts

Canvas Painting January 15th and 22nd 2024 @ 9:05 am to 11:45 am

#### **Sewing Group**

Every Tuesday @ 9:30 am to 11:45am & 1:05pm to 3:15 pm

#### Hands on cooking

One pot Healthy Chicken Pasta: January 25th, 2024 @ 1:05 pm

**Literacy Bingo** - January 18th, 2024 @ 1:15 pm- 3:15 pm

#### Nursery & Kindergarten Book Bags –2 days Pre-register

January 29th, 30th, 2024 Letters will be sent out, only 10 spots are available.

#### Traditional Teaching and Powwow Classes

Each student will be learning traditional drumming and songs. Parents are encouraged to come out and join us. Our main goal for this project is all about: Creativity, Diversity, Empathy, Respect and Understanding.

Parents can work together, by sharing and teaching others on how to make the Regalia for the children.

If you or your child are interested, the forms will be sent out. We will be accepting the first 20 students, from Grade 4 to 6. We are encouraging parents/guardians to attend with their child.

# Zumba 2023

# Highlights from

2023















## **LUNCH PROGRAM** (Dixie Halladay)





We would like to remind parents that fees are due on the 1st of each **month.** Please **remember** to pay the fees on time. Failure to do so will result in your child being **removed** from the program.

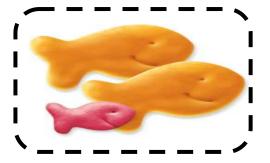
A reminder to lunch program parents - Please let us know in writing when you are allowing your child to go home or to a friend's house for lunch. The safety of your child is our first concern. Students can register for lunch program if parents work or go to school. Please do not send your child with warm-ups for lunch.

We ask parents to please go over the lunchroom rules with your children on a regular basis: Our policy follows School Division guidelines. When a child misbehaves the first time, a verbal warning will be given. The second time, a written letter will be sent home. Within this letter it will state that your child will be removed from the Lunch Program. Then you will need to make alternate arrangements for your child. In the event of a serious incident - your child WILL BE REMOVED immediately without warning.

We would like to encourage you not to send soda pop or noodles. Nut and seafood allergies among children are becoming increasingly common; therefore we have a NO NUTS & **SEAFOOD policy.** We have many other allergies as well, children are not allowed to share or exchange their snacks or lunches.







**Snacks** are available through the Lunch Program! Proceeds will go towards hot lunches, equipment.

Cost is approximately \$1.00 each.

# Our Classroom Garden:

Rooms 116 and 114

#### How we set up our Garden

By Miryia, Yhuan, and Connor

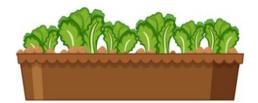
First we set up our shelf and got pots and containers and filled them with soil Next, we put seeds in the soil. We planted one seed in each hole. After that, we watered the seeds. Then, we had to set the timer on the lights to get 12 hours of sunlight. Our lights turn on at 9 am and turn off automatically at 9 pm. Finally, we set up our fan, which blows on our plants.

#### What We've Planted

By May, Devin, and Darian

We've grown everything from seed. On the bottom row is purple pole bean, kale, swiss chard, peas, cucumber, and dill. Now on the top shelf is lettuce, tomato, basil, lemon balm, pepper, and nasturtium.





#### Garden Maintenance: What do we do to keep our garden healthy

By Adam, Elya, and Aidyn

In order to keep our garden healthy we have to do a lot of things. One of the things is having lights on timers for 12 hours a day. We also have fertilizer that helps the plants grow. Once the plant has grown a fan blows on it to act like wind which stabilizes it. The different size containers give different amounts of room for the roots. When the plants need to climb we set up fish wire to support its growth.

Now we will talk about the way we water the plants. We have a tube that leads to the bottom. We water through the tube to fill the bottom layer. The bigger pots we water once a week but for the smaller ones we water about twice a week. We know when to water the plants when we stick our finger in the soil. If it feels damp then we can check it another time, but if it feels dry and crusty then we will need to water it.

#### **Progress Report**

By Jhayd Marjorie, Nour, and Chris

Overall our garden is thriving. The plants that are fruiting are cucumbers and beans. We have also already tried eating the beans. They were tasty! The plants that are thriving and have grown really big and tall are the basil, lettuce, beans, swiss chard, pepper and tomato. The only plants that have grown flowers are beans and cucumbers. The plant that are vining are only beans and the peas are trying to grip onto the vining beans.

Unfortunately, the lemon balm hasn't sprouted, even after we planted a second round of seeds.

We attempted another growing box with a smaller light, and those plants are doing okay, but are not as happy as the bright light plants.

#### Vermicomposting

By Damian and Diane

Vermicomposting is the use of earthworms to convert organic waste into fertilizer. In order to make our compost bins, first we poked holes in the bin, and then we filled it in with soil, then we shredded the newspaper, and sprayed it with water, and lastly we put the worms inside.

We keep our worms happy by providing a dark place, food, dirt, and moist newspaper. We feed our worms scraps of food that we ate including mostly fruits and vegetables.

Something that is funny that happened in our vermicompost bins is that we fed them each half a pumpkin over the break. When we got back, we saw that the pumpkin seeds have sprouted with no light!



I love the garden's earthy smell and the beautiful colour and life it brings to our classroom. I get excited every time we see a new sprout, flower, or fruit. I also get excited when I see the students excited!

-Ms. Rand

I like the plants -Yhuan

> I like the flowers because they turn into food I guess.

-Jay

I like all the colours in our garden....the green leaves and the purple, white and yellow flowers. They make me feel happy.

-Jackson

Reviews and Feedback

I love how almost all the plants are vining and wrapping around our shelf. It looks really cool!

-Darian

I like how we can grow the plants so we can eat them and I also like to grow plants.

-May

I love the lettuce because lettuce is my favorite -Miryia

The beans made my stomach hurt

-Chris

I love the liveliness of our garden and the beautiful blooms. All the work we did was way worth it

-Elya

I really like how the plants are GREEN.

-Penny

I love the plants that grew over the winter break their really pretty

I like the taste of the beans. -Aidyn

I like the texture of all the plants.

-Adam

I love all of the beautiful plants and how we can see them bloom and sprout. It was also fun setting it up and taking care of the plants.

-Jhayd Marjorie

# NEWS FROM THE GYM

By: Mr. Thomson

Throughout the month of December, we took part in a wide variety of activities in the gym. Firstly, we finished up our rollerblading unit. Students had lots of fun learning how to rollerblade on their own and how to perform a T-Stop and how to rollerblade backwards. We will be revisiting our rollerblading activities later in the spring. We then transitioned into our holiday themed activities. This concluded with our Great White North obstacle course in the gym on the last week of school before the break. Our obstacle course included two jungle gyms, rope swings, a climbing net, balance beams, a parkour section, and much more! Our next unit coming up in January is racquet sports. This will include activities such as badminton, pickleball, and tennis.

Volleyball intramurals finished up in December for our grade 5 and 6 students with our Tripleball tournaments at Sargent Park School. We had 4 full teams attend and they all did a great job representing Wellington School! Our next intramurals activity beginning in January will be badminton. Keep an eye out for permission forms that will be sent home on the first week back to school in January. Indoor Running Club will also be making its long awaited return. Indoor Running Club is open to all students in grades 4-6 that are interested. Practices will be on Tuesdays and Thursdays at 8:15 am in the gym. We will be preparing for our track meet at the University of Manitoba in February. Permission forms will also be sent home the first week in January

Below are some pictures from our Grade 5 and 6 Tripleball tournament at Sargent Park School in December as well as some from our soccer tournament earlier in the fall. We had a great time at both!



Wellington School & Evermore present:

# MATH FAMILY FUN NIGHT

**FEBRUARY 8, 2024** 5:00 - 6:00 PM

Fun Math Games! Prize Jar Volume estimation!

Please bring a bag in order to take your math games home. Parents are expected to participate actively with their children.

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# Gordon Bell Open House!

February 15, 2024 5:00 - 6:00 pm 3 Borrowman Place

Please join us in-person to meet teachers, check out offered programs, and tour the school.

A light snack will be provided.

Contact Information Email: qboffice@wsdl.orq Phone: 204-774-5401



Reconciliation - Kinship - Generosity