

# École Waterford Springs School

**JANUARY & FEBRUARY 2024 NEWSLETTER**

**MANUEL SILVA**

Directeur / Principal

**MARIA MANZANO**

Directrice Adjointe / Vice Principal

## **PRINCIPAL AND VICE PRINCIPAL'S MESSAGE**

Happy New Year! Welcome back École Waterford Springs students, families and staff! We hope you had an enjoyable holiday break with family and friends. We are excited to start the new year.

We welcome back Ms. Angie Lampa and Mme. Tabitha Noordman and new staff, Mr. Dylan Waterman and Ms. Kamaljeet Sandhu to our ÉWSS team!

Construction is near completion, with the anticipated move-in date of end of January or beginning of February. This will give us back our currently occupied learning spaces such as the Library, MPR, Indigenous Learning Space and STEM room for our use again. Staff and students are very excited and look forward to their new learning space!

In the next two months, our school will be putting together a “Writing Staircase” showcasing typical writing samples from each grade level. These writing samples will be posted on the main floor bulletin boards near the office by March just in time for Student-Led Conferences. Penny Morka, our Winnipeg School Division’s Professional Learning Support Teacher, will be supporting our school this year as we focus a little more on Literacy. February 2nd, is our Professional Development Day, that Penny will help facilitate (there will be no school on this day for students).

February is I love to Read and Black History Month. Festival du Voyageur is also this month from February 16 to 25 with Louis Riel Day on February 19th (there is no school on this day). We are excited to announce that we have special guests visiting our school! Ivan Flett Memorial Dancers will be at our school on Friday, February 16th where they will perform a few of their dances in our school gymnasium. (More information will be sent out closer to date.)



We are excited for what 2024 will bring and anticipate a lot of rich learning ahead.



# Important Information!

Due to limited parking space, we are strongly encouraging all families to walk to and from school as much as possible.

We have a **“Drop and Go”** loop between **8:30am and 8:55am.**

**The loop closest to the front entrance of the school will only be used to drop off children. Please do not to park and get out of your car in this loop as it blocks other cars from dropping off their children.**

The visitor parking lot is for those parents who need to get out of the car.

Parents please do not stop at the entrance to the school as it blocks traffic on Jefferson Avenue and is dangerous for everyone.

Unless dropping off a child at the pre-school daycare, no parking in their parking lot is permitted.

**Grades 1-8 students** will go to the school field (south side) when they arrive in the morning and school staff will assist in directing students to the field after 8:30 am, there will be no supervision before 8:30am. Students will enter the school at 8:45 am with their teacher and there will also be staff supervising in the field.

**Nursery and Kindergarten students** will use the north doors near their classrooms for arrival and dismissal times (if any N/K are late, or arrive after 9:00AM, please come to the front doors and check in at the office.)



# Smudging Guidelines

Dear Parents, Caregivers, and Community,

To ensure our school is inclusive and culturally responsive we have been integrating First Nation, Métis, and Inuit perspectives into school planning and programming in partnership with the school community. This includes welcoming all students to learn about the significant role of Indigenous values in the spirit of reconciliation. One of the most commonly shared experiences is the tradition of smudging. Smudging involves burning sage to cleanse the mind, body, spirit. It allows all participants a chance to become mindful, centred, and move forward with positive intentions.

This letter is to notify you that smudging will be introduced and ongoing as a part of learning processes throughout the school year. Staff, students, and community are invited to participate and support in building an atmosphere of respect, understanding, and inclusivity. While smudging does not usually pose a health risk, we will ensure smudging will take place in well-ventilated designated areas using an appropriate amount of sage. Alternate arrangements may be made for those that may have health challenges such as severe asthma and respiratory issues.

Smudging is always voluntary. If you would like more information on smudging, please contact the school at 204-694-9690.

Our Indigenous Grandmother (Kunsi) Dianne Cross, has been and will continue sharing teachings about smudging with staff and students so that we better understand its use in Indigenous culture.



# Registration Information for September 2024

Registrations for the 2024-2025 school year have now begun!



To register for **Nursery**, your child must be born in **2020**.  
To register for **Kindergarten**, your child must be born **2019**.

Nursery is only available to families living in the Winnipeg School Division catchment areas.

For families interested in the French Immersion Program, children can enter in either Kindergarten or Grade 1. Please let us know if you would like your child to be in French Immersion.

Registration forms can be found online on our website at:  
[winnipeg.sd.ca/waterfordsprings/schoolregistrationinformation](http://winnipeg.sd.ca/waterfordsprings/schoolregistrationinformation)

\*Email completed registration forms to [waterfordsprings@wsd1.org](mailto:waterfordsprings@wsd1.org) along with copies of the following: your child(ren)'s birth certificate, Manitoba Health card, and your most recent Property Tax form or most recent Lease Agreement.)

## BUMPER CROP EARLY LEARNING CENTRE

ANNA MAE CLARK, DIRECTOR

**Daycare parking lot is for Daycare parents only.**

2090 Jefferson Avenue (west side of building)

Winnipeg, Manitoba, R2R 3A3

Telephone Number: 204-983-1252

Email Address: [director@bumpercropelc.ca](mailto:director@bumpercropelc.ca)



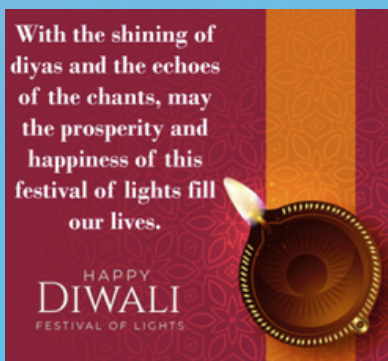




# Happy Diwali



Staff and students celebrated Diwali on November 13th and everyone was encouraged to dress up. We had our Jr. High student helpers paint Rangoli on our windows and sand art Rangoli was created by three of our talented educational assistants: Sanbax, Komalpreet and Manminder.





# Filipino Parols



Parols are Filipino ornamental lantern that is displayed during the Christmas season, traditionally illuminated with candles.

**Parol is pronounced *pah-roll*.**

In the Philippines, during the Christmas season, the parol has become an iconic symbol. Filipinos across the world have decorated their homes with parols signaling that Christmas is coming soon.

To "signal" the coming of the Winter Holiday Season, Jr. High students have created their own parol version, using simple materials like popsicle sticks and tissue paper. Other students have painted their parol design on our front windows.

Parols are traditionally made out of bamboo sticks and are covered by coloured pieces of paper. They are a five-star design with intricate colourful details and patterns, and come in various colours and sizes. Electronic parols are what is often seen on windows today where lights flicker in different patterns.





# Lockyer Boys Performance



Lockyer Boys are duo brothers from Thunder Bay, Ontario traveling across Canada to share their original songs by visiting as many schools!



On November 22nd, Grades 1 to 8 students had an amazing opportunity to hear Lockyer Boys' live performance of their original songs and song covers. Grades 5 to 8 students participated in a Meet and Greet after their performance and received stickers and signed posters. Everyone, including staff, had a wonderful experience. Thank you Lockyer Boys for visiting!





# HOW SICK IS TOO SICK FOR SCHOOL?

Cold and flu season is here.  
See our tips for parents and caregivers:



## KEEP ME HOME:

**Fever**

(higher than 38°C or 100° F)

**Sore Throat**

**Persistent Cough**

**Strep Throat**

**Vomiting or Diarrhea**

**Abdominal Pain**

(severe or long-lasting)

**Illness**

(prevents from participating comfortably in activities)

## SEND ME TO SCHOOL:

**No Fever**

(without fever-reducing medicine for 24 hours)

**Occasional Cough**

(but no other symptoms)

**Strep Throat**

(after 24 hours of treatment)

**No Vomiting or Diarrhea**

(for 48 hours)





**Message from Dr. Karen Gripp, medical director, HSC Winnipeg Children's Hospital Emergency Department:**

HSC Winnipeg Children's Hospital Emergency Department is seeing a significant increase in patient visits as respiratory viruses continue to circulate in the community.

While many of our patients are very sick, we are also seeing many kids who could be treated in a more appropriate setting or safely managed at home. At least a third of the patients seen each day over the past week could have been safely cared for by their family doctor, a nurse practitioner, or at home with rest and fluids.

We know that having a sick child can be very stressful and that when you need emergency help, you know where to go. But just as importantly, we want you to avoid waiting in an emergency department for long periods with a sick child if they can be cared for elsewhere.

We expect that patient volumes will continue to remain high in the weeks ahead and almost certainly increase. This will further stretch our ability to take care of sick children, so it's imperative that parents and caregivers understand their options for care and when symptoms warrant a visit to the emergency department.

We know having a sick or injured child can be scary and overwhelming, so knowing where to go **before** your child becomes sick or injured can help you make the right decision when they need care.

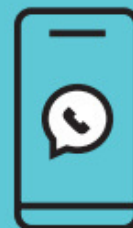
It's important to remember that not all respiratory symptoms require a visit to the emergency department. Many common cold and flu symptoms, including fevers, can be safely treated at home or with a visit to your doctor, a walk-in clinic, or urgent care centre.

I want to reassure parents and caregivers that if you come to the emergency department, you will get the care that you need. But if your child's needs are not urgent, you can expect a longer wait as we continue to see the sickest patients first.

I encourage you to review the attached pamphlet and visit KidCareMB.ca, which includes helpful information on care options as well as symptoms to watch out for when caring for a sick child.

## Not Sure Where to Go?

Talk to a nurse from home and get help assessing your child's symptoms.  
Call Health Links – Info Santé at **204-788-8200** or **1-888-315-9257**  
In an emergency, call **9-1-1**.



# How to Care for Your Child During Respiratory Virus Season

Having a sick child can be scary. Know what symptoms to watch for, *how* to provide care and comfort at home, and *when* to seek help — it's all part of providing good ! **KidCare**

At an emergency department, the sickest patients are always seen first. Less sick patients will have to wait for care. Depending on your child's symptoms, you may be able to provide care at **home**, or be seen faster by your doctor or a **walk-in clinic** or **urgent care centre**.

When deciding where to go, consider these **cold and flu symptoms** to determine whether your child needs emergency care.

	Emergency	Not an Emergency
<b>Breathing Problems</b>	<ul style="list-style-type: none"> <li>• in respiratory distress</li> <li>• pale skin with blue lips</li> <li>• wheezing, not responding to medication</li> </ul>	<ul style="list-style-type: none"> <li>• nasal congestion and cough</li> <li>• mild wheezing that is responding to medication or is not associated with difficulty breathing</li> </ul>
<b>Fever</b>	<ul style="list-style-type: none"> <li>• infant (less than 3 months old) with fever</li> <li>• immune system or chronic health problems</li> <li>• difficult to wake or excessively sleepy</li> <li>• fever ongoing for more than 5-7 days</li> <li>• neck stiffness with vomiting and sleepiness</li> <li>• unable to walk or weakness of arms or legs</li> </ul>	<ul style="list-style-type: none"> <li>• in healthy and vaccinated babies</li> <li>• in children who are generally well</li> <li>• on its own, a high fever does not require a trip to emergency</li> </ul>
<b>Vomiting or Diarrhea</b>	<ul style="list-style-type: none"> <li>• in a child less than 3 months old</li> <li>• repeated vomiting and shows signs of dehydration (no tears, dry mouth, sunken soft spot)</li> <li>• containing blood or is bright green</li> <li>• dehydration with dry mouth, or if no urine is passed for 12+ hours</li> </ul>	<ul style="list-style-type: none"> <li>• vomiting or diarrhea less than 3-4 times per day</li> <li>• ongoing diarrhea after 'stomach flu' as this can last for up to 2 weeks</li> </ul>

Learn more about symptoms that should lead to a visit to emergency and those that can be cared for at home or elsewhere, at [KidCareMB.ca](http://KidCareMB.ca).

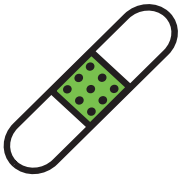
## Not Sure Where to Go?

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In an emergency, call **9-1-1**.







## Vaccination

All children in Manitoba aged six months and older can get COVID and flu vaccines.

Keeping your kids up to date on vaccinations can prevent them from getting sick. There are many locations across the province where they can be immunized, and we have an online map to help you find a spot that is convenient.

Book Now — [ProtectMB.ca](https://www.protectmb.ca)



## Fevers?

Fever is not dangerous. It is the body's natural response to infections and actually helps to fight infection.

Higher temperatures do not mean the infection is more serious, and a fever on its own does not require medical attention in most children.\*

You do not need to treat fever with medicine. Cool your child by dressing them in light clothing, offering extra fluids, and keeping the room cool.

*\*Children under 3 months of age and those with chronic health conditions should be seen if a fever develops.*

## A Dose of Prevention Goes a Long Way!



### Stay Home

Keep sick kids at home to slow the spread.



### Hand washing

Teach your kids to wash hands with soap for 20+ seconds.



### Cough

Cover your cough or sneeze.



### Masks

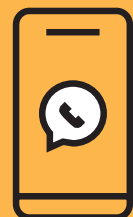
Consider wearing a mask when indoors in crowded locations.

## Need Advice?

Health Links – Info Santé can help 24/7.

Call **204-788-8200** or **1-888-315-9257**

In an emergency, call **9-1-1**.



# Safe Arrival

SafeArrival is a student absence reporting system that makes it easy for you to report your child's absence from school and increases student safety by allowing staff to respond to unexplained. Please use one of the following methods:

- **Phone: 1-855-278-4513**

*Call the toll-free, interactive telephone system*

- **Website: <https://go.schoolmessenger.ca>**

*Set up your Parent Portal account then log in*

- **Mobile App: SafeArrival App**

*Set up your Parent Portal account, download the Apple or Android app, then log in*



If you report an absence in advance or before the morning bell time at **9:00 AM**, you will not receive a call. Safe Arrival attempts to contact parents/guardians at multiple contact numbers until the designated contact(s) is/are reached.

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## Mobile Vision Clinic at ÉWSS

Students will be bringing home information regarding the Mobile Vision Care Clinic that will be held here at our school from **Tuesday, Feb. 20th - Friday, Feb. 23rd 2024.**

The Winnipeg School Division is working with Mobile Vision Care Clinic (MVCC) to bring eye doctors to our school to test the students' eyesight and checking for healthy eyes. An optometrist and a team of eye care professionals will come to give full comprehensive eye exams to our students and provide them with glasses, if needed.

If you already have an optometrist, please complete section A and check the "No" box where it asks if you want your child to participate in the MVCC program, and return the form to the school. Following the eye exam, you will receive a form indicating the results of the assessment.

Please complete the yellow **EYE EXAMINATION CONCENT FORM** - one form per child and return the form to their classroom teacher as soon as possible. If you have any questions, please contact us at school at 204-694-9690.



# Harvest Manitoba Food Drive

The Grade 2, 3 and 4 students in rooms 1W27, 2W03 and 1A03 would like to send a GINORMOUS thank you to all our students, families and staff for donating a huge amount food for our Holiday Harvest Manitoba Food Drive.



Our school has collected 442 food items!!!! WOOOHOO!!! CONGRATULATIONS EWSS!!!



We appreciate all your love, support and generosity in helping people in our city. We will be feeding many families this holiday!



# Christmas Toy Drive 2023

Thank you to everyone who donated a gift to our toy drive. Your generosity will make a child very happy this holiday season!

- From room 2W06





# Grade 3 Dance Club!

We would like to congratulate all the fabulous Grade 3 students that participated in our first-time Grade 3 Dance Club!!!

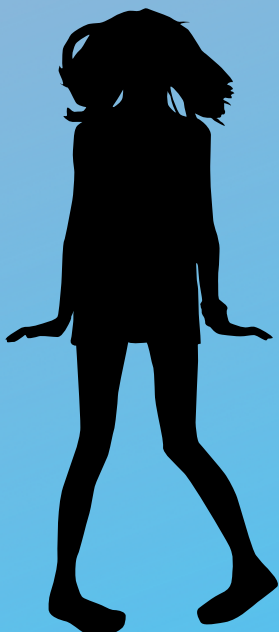
We had over 50 students join our club and we had a blast moving and grooving! They were trained in many dance and performance fundamentals and in just 8 weeks, they were able to perform a little number. What was even more amazing was that the students collaborated with the teachers in creating the choreography!!!

It was a pleasure learning with all of you! We cannot wait to start the Grade 4 Dance Club in January!

Love,

Your Dance Teachers

(Mrs. Salvador, Mme Hailey, Mrs. Graustins, Mrs. Ambaram, Mr. Singh and Mrs. Walker)





# Dates to Remember for February & March



## FEBRUARY

February 2nd ~ No Classes ~ Non-Instructional Day

February 14th ~ Happy Valentines Day!

February 19th ~ School Closed (Louis Riel Day)

February 16th - 25th ~ Festival du Voyageur

February 20th - February 23rd ~ Mobile Vision Care Clinic

## MARCH

Monday, March 11th ~ Report Cards Go Home

Thursday, March 14th ~ Student-Led Conferences 3:45pm-8pm

Friday, March 15th ~ Student-Led Conferences - All Day No Classes

Monday, March 18th ~ Happy St. Patrick's Day!

Friday, March 22nd ~ Last Day of Classes

March 25th to March 29th ~ Spring Break!

Sunday, March 31st ~ Happy Easter!





WINNIPEG  
**PUNJABI**



**REGISTRATION  
OPEN**

**WINTER 2024**

**BHANGRA  
CLASSES**

**3 LOCATIONS IN  
WINNIPEG**

**DHOL  
CLASSES**

**NORTH**

**KIDS (5+)  
&  
ADULTS**

**EAST**

**SOUTH**



**REGISTER ONLINE**  
**[www.wpaa.ca](http://www.wpaa.ca)**

**FOR MORE INFORMATION CONTACT: 1-204-296-1715**



# Parent Lunch Program

- Reminder for families that chose the Half-Year Payment option, your 2nd payment is due by January 19th, 2024.
- Please send the appropriate clothing for the weather.
- Reminder: There are no microwaves available for students to warm up their lunch.
- There are still a number of parents that are dropping food off everyday for their child(ren) for lunch. Please just send their lunch with them in the morning, as this has become very disruptive to our Office Clerks.
- Please send your child(ren) with the appropriate cutlery (no knives)

If you have any questions, please feel free to email me.

Thanks,  
Robyn Whitney  
Lunch Program Coordinator  
[ewsslunchprogram@gmail.com](mailto:ewsslunchprogram@gmail.com)

## A Message from Parent Council

Welcome back EWSS families!

We hope everyone had a wonderful holiday break and is ready for a fantastic 2024! Keep an eye on your inboxes for information on our next fundraiser: Pizza Hotline Gift cards! Money raised will go towards the purchase of an electric sign for the school.

Parent Council is looking for volunteers to help organize this year's Year End Community Celebration which will be on June 7th, 2024. The event can only be a success with the support of the community! If you or a family member is interested in joining the planning committee or volunteering for the picnic itself, please email us at [winnipegEWS@gmail.com](mailto:winnipegEWS@gmail.com)

Reminder that the next Parent Council meeting is scheduled for Wednesday, January 17th at 6pm. This will be a Zoom meeting. Please email us if you would like to attend and we will send you the agenda and Zoom link ahead of the meeting. Please see dates for future meetings below.

- March 6th, 2024 @ 6:00pm
- May 8th, 2024 @ 6:00pm
- June 12th, 2024 @ 6:00pm

We encourage families to attend Parent Council meetings to share your ideas and feedback about our school community!

Signed,  
Your EWSS Parent Council Executive Team



# ÉWSS Staff List 2W24

## Teachers

Ambaram, Alka	Gr 3/4 – Rm 2W03
Antonio, Jacintha	Home Ec. (Days 1,3,5) – Rm 1E08
Blondeau, Kevin	Gr. 5/6 - Rm 2A06
Bova, Francesca	Gr 1/2 – Rm 1W05
Caligiuri, Christine	IERT - Rm 1W18
Cerqueira, Odette	IERT – Rm 1W18
Chau, Kevin	Gr 7/8 – Rm 2W24
Chaudhari, Manjit	Gr 7/8 - Rm 2A04
Ciangalini, Lisa	Gr 7/8 – Rm 2W28
Coffell, Tamara	Gr 7/8 French – Rm 2W21
DeLeon, Angeli	N/K AM&PM – Rm 1W31
Fillion, Marc	Gr 1/2 – Rm 1W17
Foulis, Vanessa	Gr 1/2 French – Rm 1W08
Frederique, Martine	Gr 3/4 French – Rm 2W02
Fredette, Ashley	Music - Rm 1A02
Gaulin, Olivia	Gr 5/6 French – Rm 2A03
Graustins, Jennifer	Gr 3/4 – Rm 2W04
Guatam, Chandra	Intercultural Support Worker
Hughes, Sandra	Gr 3/4 – Rm 1A05
Iwanicki, Jennifer	Phys Ed
Jones, Stefanie	Gr 5/6 – Rm 2W29
Clueppel, Susanne	Gr 5/6 – Rm 2A02
Levy, Tanya	N/K AM&PM – Rm 1W32
Manicom, Chantelle	K French AM&PM – Rm 1W28
Manuel, Keyla	Gr 1/2 – Rm 1W09
Moore, Tai	Guidance - Rm 1W16
Morris, Rhys	Gr. 1/2 French - Rm 1A06
Ngo, Andrew	Phys Ed
Noordman, Tabitha	Gr. 3/4 French - Rm 1A04
Quinn, Jonathan	Band - Rm 1E11
Salvador, Roshel	Gr 3/4 – Rm 1A03
Shafto, Sharon	Gr 1/2 – Rm 1W06
Singh, Swaran	Gr 2/3 French – Rm 1W27
Smyrski-Yu, Jennifer	Gr 3/4 – Rm 2W05
Thiessen, Jay	N/K AM&PM – Rm 1W29
Torchia, Maria	Support Teacher
Violy, Evelyne	Support Teacher
Walsh, Kristen	Gr 7/8 – Rm 2W27
Waterman, Dylan	Gr 5/6 – Rm 2W07
Wood, Becky	Gr 1/2 – Rm 1W10
Young, Mike	Industrial Arts (D: 1,3,5) – Rm 1E17
Yozenko, Hailey	Gr 1/2 French – Rm 1W07
Zankowski, Evelyn	Gr 5/6 – Rm 2W06
Zinn, Sandie	Gr 7/8 – Rm 2W09

## Office

Silva, Manuel	Principal
Manzano, Maria	Vice-Principal
Krakalovich, Corrie	Head Clerk V
Ghuman, Harinder	Clerk III
Pruden, Charissa	Clerk II
Olver, Rachel	Library (D: 1,3,5)

## Custodians

Pilotin, Gilbert	Head Custodian
Abarca, Sonia	Caretaker
De Melo, Dora	Cleaner

## Educational Assistants

Bhattal, Shinderpal
Blanco, Sharon
Cadotte, Tamarra
Dehar, Manminder
Dhaliwal, Harmeet
Dhaliwal, Mandhir
Dhanao, Karamjit
Dhillon, Amritpal (Amy)
Ferbrache, Amanda
Gaidhu, Gурpal
Gonzales, Melanie
Helal, Manal
Kaler, Kamaldeep
Kaur, Gagandeep
Kaur, Gursharn
Kaur, Komalpreet
Lampa, Angie
Malkai, Ikvinder
Olenko, Janice
Paul, Basil
Rakhra, Sanbax
Sahota, Sarbari
Sidhu, Virpal
Walker, Jocelyne

