



PHONE 204.586.8376
FAX 204.586.6094

1641 MANITOBA AVENUE
WINNIPEG, MANITOBA
R2X 0M3

PRINCIPAL T.WESTDAL
VICE PRINCIPAL D.PARAN

NOVEMBER 2023 NEWS

Administrator's Message

Another month has passed and we are excited to see staff and students settling into routines. We were so happy to have had our first *Parent Advisory Council* meeting at the end of October, and hope to see even more of you at our next meeting! It was great to hear from families about what they feel are important issues both at the school and in the community.

The days are now much shorter, and the cooler weather is definitely upon us. Please remind your children to dress for outdoor play, as students go outside every day, until the temperature drops to -27 degrees Celsius.

In November, we have report cards going home, and our parent teacher conferences. Our teachers have been getting to know students' strengths, and can't wait to share this with you at conference time!

Have a great month and we look forward to seeing you all at parent teacher conferences!

Sincerely,

Dazreen Paran - Vice Principal




Start your day with a healthy breakfast

Just a reminder breakfast program is open daily from 8:15 a.m. to 8:45 a.m.
Children will be going outside after breakfast. Please dress for the weather.



PLEASE CALL SAFE ARRIVAL FOR STUDENT ABSENCES




SCHOOLMESSENGER®

SAFE ARRIVAL

Student Absence Reporting System

To report your child's absence, please call 1-855-278-4513 before 9:00 AM
or visit go.schoolmessenger.ca
Planned absences may be reported in advance



WINNIPEG SCHOOL DIVISION

KEEPING PARENTS INFORMED

With all the important correspondence being sent out by the school, we have been and will continue to send information to parents and guardians by email.

If you do not have your email address registered or have changed your email address, please let the office know as soon as possible.

Also, please keep your contact information up to date so that school staff are able to contact you in case of emergency. If your phone number, emergency contacts or address has changed please let the school know as soon as possible.

LUNCH PROGRAM

There are some children in the lunch program who have peanut and/or tree nut allergies. As the safety of our children is very important at Shaughnessy Park School, we need your support to make our lunch program a “nut free zone”.



A child with a nut allergy can suffer a serious reaction merely by touching a food containing a peanut or tree nut. Therefore, we ask that you follow to the following safety guidelines.

- Please do not send any peanuts, peanut butter or foods containing peanuts or peanut butter to be eaten in the lunch program.
- Please do not send any tree nuts or foods containing tree nuts to the lunch program. Examples of common tree nuts include almond, Brazil nut, cashew, chestnut, filbert, hazelnut, macadamia nut, pecan, pine nut (pignoli), pistachio, and walnut.
- Read ingredient labels carefully to ensure that the lunch sent in with your child is peanut and tree nut-free.

#1 Rated Plant Protein

NATURAL PEANUT FREE WOWBUTTER

Simple Natural

NON GMO Project VERIFIED

A Taste & Texture Just Like Peanut Butter, but with even better protein!

BETTER QUALITY PROTEIN

POCAAS LAB TESTED LOWEST RANKING OF PROTEIN QUALITY AND DIGESTIBILITY

BETTER QUALITY PROTEIN

POCAAS is the accepted method for evaluating the quality of a protein based on both the Amino Acid profile and the ability for humans to digest it. The superior digestibility and bio-availability of the complete protein in WOWBUTTER combined with the naturally occurring highly beneficial Omega 3 oils provides a winning combination for optimum good health.

The Preferred Peanut Free Spread with a Taste and Texture You Already Know and Love!

Our innovative WOWBUTTER was designed for all families and developed to help protect the millions of kids and adults who suffer from life threatening peanut and nut allergies. It was also developed to nourish the tens of millions of non-allergic consumers & school kids that need healthy breakfast & lunch solutions. It's not just for kids, adults love it too - some even better than peanut butter due to its great toasted taste. It's the perfect complete protein source for everyone!

Perfect for school lunches

Using WOWBUTTER in schools and classrooms solves the difficult problems that have risen when peanut free policies are implemented. Now Moms & Dads no longer have to struggle with what to pack in their kid's lunch box. Many kids do not like sandwich meats, which results in limited options for lunches. Everyone can feel good about using WOWBUTTER because they are providing a nutritious lunch while keeping kids safe, happy and nourished!

School Lunch Identification

We also recognize the need for lunch identification and co-operation between parents, caregivers and schools regarding the contents of school lunches and assurance that school peanut free and nut free policies are followed. To accomplish this, we have developed a special jar label that contains lunch identification stickers with the jar as shown in the picture. The top of the jar label peels off to reveal these bright yellow stickers which are easily identified by school officials. Parents and caregivers use these convenient stickers when sending our Peanut Free WOWBUTTER to school. Each jar contains many stickers for multiple school lunches.

MADE WITH 100% PEANUT FREE WOWBUTTER

YOU WOWBUTTER IS THE BEST I'VE EVER HAD (AND I'VE TRIED THEM ALL UNDER THE PALE PALETTE). THANK YOU!

WE HAVE TRIED MANY OF THESE TYPES OF PRODUCTS BUT THEY NEVER TASTED THIS GOOD. GREAT JOB! THANKS!

IT'S AN AWESOME PRODUCT AND OUR DAUGHTER LOVES IT. THANKS FOR GIVING HER SOMETHING SHE CAN EAT THAT TASTES IN MY OPINION BETTER THAN PEANUT BUTTER! THANKS!

I AM A HUGE PEANUT BUTTER LOVER, BUT THIS IS NOT VERY GOOD. THIS WAS BETTER THAN REAL PEANUT BUTTER. GREAT JOB! JUST WHAT I NEEDED! BETTER THAN THE REAL THING!

WOWBUTTER IS BETTER TASTING & MORE CREAMY THAN A LOT OF REAL PEANUT BUTTERS I HAVE EATEN!

for more info, e-mail us at info@75WOWBUTTER.com or visit www.WOWBUTTER.com

SHAUGHNESSY PARK SPIRIT WEAR

Hi **Shaughnessy Park Family**,

Shaughnessy Park School is fundraising to **improve our playstructure**, and we could really use the help of our community members.

So far, **Shaughnessy Park** has raised **through our pizza lunches** — but we still have a long way to go in meeting our goal.

Help us reach this goal and support your school community by purchasing spirit wear from **Shaughnessy Parks's** online spirit wear shop! When you shop online you get:

- Free shipping on orders over \$119
- Direct shipping to your address
- Online payment
- It's quick, easy, and hassle free!
- You design your own product using our logo

Check out our spirit wear shop here <https://shaughnessyparkschool.entripyshops.com/> and show your support! If you have any difficulty with the process, please reach out to staff. Also, if there is a need to pay cash, please see the school and we will assist.





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PRINCIPAL T. WESTDAL
VICE PRINCIPAL D. PARAN

November 1, 2023

Dear Families,

Shaughnessy Park is hosting a Kernels Popcorn Fundraiser! The funds raised will be used towards the development of a new play structure. As you will see on the attached order form, there are a variety of flavours to choose from! The popcorn comes in individual snack size bags (20g). Each bag will be \$2.50 and the school will earn \$1.00 for each bag sold! An added bonus is each bag comes with a "buy one medium bag, get a second bag free" coupon!

Order forms and money are due back at the school by November 21st, 2023 and orders will be ready for pick up at the school no later than December 15th, 2023. All families who participate in this fundraiser event will be entered to win 1 of 3 \$50 gift cards to Safeway!

If you have any questions about the fundraiser or how to fill out the order form please don't hesitate to contact the school.

We look forward to your participation and support in this fundraiser event!

Sincerely,
ESD Committee




SHAUGHNESSY PARK PARENT ROOM

Calendar of Events

November 2023

Kim's Hours 8:30 am-4:00 pm

Parent Room Closed on Fridays

Mon	Tue	Wed	Thu	Fri
 <p>REMEMBRANCE DAY 11 NOVEMBER</p>		1/Day 5 Drop In 9:00-10:00	2/Day 6 Drop In 9:00-10:00	PARENT ROOM CLOSED
6/Day 2	7/Day 3	8/Day 4	9/Day 5	
PARENT ROOM CLOSED				
MOBLE VISION CLINIC				
13/Day 1 Drop In 9:00-10:00	14/Day 2 ROOM CLOSED Kim Away	15/Day 3 ROOM CLOSED Kim Away	16/Day 4 Drop In 9:00-10:00	
20/Day 6 Nutrition Bingo 1:15-3:00 pm "15 spots only"	21/Day 1 Drop In 9:00-10:00 ROOM CLOSED in Afternoon	22/Day 2 Drop In 9:00-10:00 Parent Council Mtg @ 5:00	23/Day 3 Drop In 9:00-10:00	
27/Day 5 Drop In 9:00-10:00	28/Day 6 Drop In 9:00-10:00	29/Day 1 Drop In 9:00-10:00	30/Day 2 Drop In 9:00-10:00	PARENT ROOM CLOSED

SHAUGHNESSY PARK SCHOOL

1641 MANITOBA AVENUE, WINNIPEG, MB R2X 0M3

(204) 586-8376

PAC

We will be meeting

Wednesday, November 22, 2023 @ 5:00 pm

Please **RSVP** your attendance

Light meal and childcare provided

Ms.T.Westdal Ms.D.Paran, Ms.K.Marcyniuk



SHAUGHNESSY PARK SCHOOL

NOVEMBER 2023

Mon	Tue	Wed	Thu	Fri
		1/Day 5	2/Day 6	3/Day 1 Pizza Lunch
6/Day 2	7/Day 3	8/Day 4 Gr. 5.6 Intramurals at lunch	9/Day 5 Boys Volleyball game at Isaac Newton for 4:00 pm	10/Day 6
13/Day 1 Report Cards Go Home	14/Day 2	15/Day 3 Gr. 5.6 Intramurals at lunch	16/Day 4 Evening Parent Teacher Conferences Hotdog Lunch	17/Day 5 NO SCHOOL Parent Teacher Conferences
20/Day 6	21/Day 1	22/Day 2 Gr. 5.6 Intramurals at lunch	23/Day 3	24/Day 4
27/Day 5	28/Day 6	29/Day 1	30/Day 2 Gr. 5.6 Intramurals at lunch	