

# COVID-19

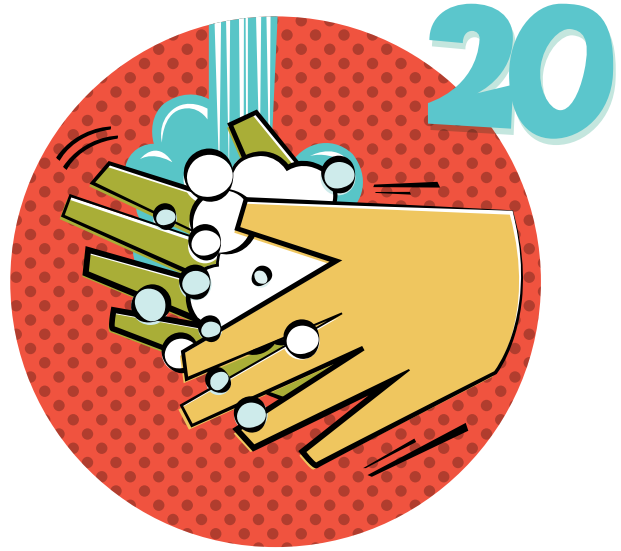
LET'S KEEP BEING SAFE TOGETHER

## WE NEED TO:

### Keep washing our hands

Wash your hands with soap and water for at least **20 seconds**

- at the start of the day and before going home
- before and after recess
- after going to the washroom
- before and after preparing food
- before eating or drinking



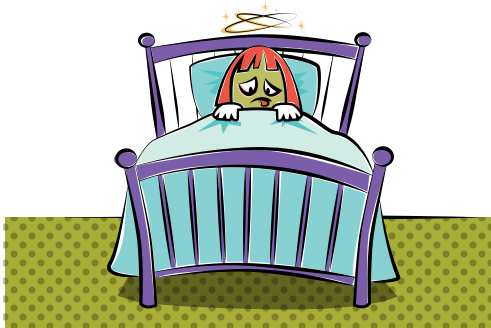
### Keep our distance from others

- Keep **two metres** of space between you and anyone who doesn't live in your home or who is not in your cohort at school.



### Keep wearing a mask

- Masks are required for students from Grade 4 to Grade 12.
- Wear a mask whenever you are near other people from outside your house — even when you're outside.



### Keep staying home when we are sick

- Staying home when you are sick is an important way to prevent your friends and teachers at school from getting sick too.

### Keep being safe outside of school

- Everything you do to stay safe in school, you should do outside of school too. Wash your hands, wear a mask and don't get too close or spend too much time indoors with people from outside your house and cohort.