

RALPH BROWN SCHOOL REVIEW




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 Ph:589-7355 Fax:589-0100 www.winnipegssd.ca/schools/ralphbrown
 Principal (Acting): Trevor MacVicar



PLEASE POST THIS CALENDAR ON YOUR FRIDGE.



MAY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PATROL SCHEDULE B	1 DAY 6 Inservice Day NO CLASSES	2 DAY 1	3 DAY 2	4 DAY 3 Mental Health Resource Fair at RB Russell School 5:30 pm	5 DAY 4	6
7 PATROL SCHEDULE A	8 DAY 5	9 DAY 6 PAC Meeting & Elections 6:00 pm	10 DAY 1	11 DAY 2	12 DAY 3	13
14 	15 DAY 4	16 DAY 5 Jr. High Soccer 3:45 pm	17 DAY 6	18 DAY 1 Vyshyvanka Day Soccer 3:45 pm	19 DAY 2	20
21 PATROL SCHEDULE A	22 Victoria Day NO CLASSES	23 DAY 3	24 DAY 4 Jr. High Soccer 5:00 pm	25 DAY 5	26 DAY 6 Gr. 5/6 Ultimate Football Tourn.	27
28 PATROL SCHEDULE B	29 DAY 1	30 DAY 2 Jr. High Soccer 3:45 pm	31 DAY 3	<p><i>"No act of kindness, no matter how small, is ever wasted."</i></p> <p><i>Aesop</i></p>		



IMPORTANT ITEMS COMING HOME . . .

PLEASE BE SURE TO CHECK YOUR CHILD'S BACKPACK DAILY FOR NOTICES, PERMISSION SLIPS, HOMEWORK, ETC.

REMINDER TO PLEASE CALL BEFORE 8:45 am
WHENEVER YOUR CHILD WILL BE LATE OR
ABSENT: 1-855-278-4513

UPCOMING EVENTS:

- June 1 WSD Pow Wow at Tec Voc
- June 9 Water Field Day
- June 13 Parent Council Meeting
- June 15 Family Event
- June 16 Admin Day - NO CLASSES
- June 27 Gr. 6 & 8 Farewell
- June 28 Report Card distribution
- June 30 11:30 dismissal for all students



Principal's Message

Dear Families,

We are thankful! We are thankful that spring has arrived. We are thankful for you and all of the wonderful families that make up this school community. We are thankful that we can gather together and celebrate as we did for our Ukrainian Easter Breakfast and our Family Math Night. We are thankful to see our student population grow in both our English program and English-Ukrainian Bilingual Program (EUBP). Currently we have 326 students! This is a significant growth and we have enjoyed welcoming the many new families to our school.

April was a very busy month at Ralph Brown. Students in the EUBP participated in Pysanka Workshops (Ukrainian Easter Egg decorating). It was a great opportunity to learn about the art, culture and traditions of Ukraine. We were able to have our traditional Ukrainian Easter breakfast for the students and staff in the EUBP. Students were able to enjoy traditional Ukrainian foods such as Paska, kovbasa and cottage cheese to name a few and some delicious desserts provided by the families of students in the EUBP.

After each reporting period, I meet with each teacher to review their students' progress and their planning for learning going forward. The goal of these meetings is to look at student needs and plan for targeted instruction to move a child's learning forward. Ms. Lobban is also apart of these meetings so that as a team, we can be intentional about our planning for learning so that we can provide the best learning experience for your children.

On Thursday, April 20th, we held a Family Math Night. It was a great success with over 100 people in attendance not including our staff. Thank you to those families that came out to engage in fun math activities. Having taught math to students in grades 8 and 9, I met many students who felt they were not good at math and I met many parents and grandparents who felt math is different or they too were not strong in math. I want to encourage all of you by saying you can learn

it and understand it. We hope families enjoyed the event and plan to join us again for future events. One of the best parts of the evening was simply being in community with each other.

Each year our Parent Advisory Council (PAC) holds an election for the Executive members for the following year. These positions are the President, Vice President, Secretary, Treasurer, and Fundraising Coordinator. We have a dedicated group of parent volunteers who have served in these positions for the last 2-3 years. I am sure they would be very happy to have other parents take over these roles and would fully support you with sharing their wisdom and experience. PAC is a vital part of this school and community. PAC supports the school by providing parents with the opportunity to come together to discuss school issues and assist the school in planning. PAC also does 2-3 fundraisers a year to support school activities or purchase much needed technology. PAC is also responsible for the operation of the lunch program. Without a PAC, we would not be able to offer this service to families. If you are interested in joining PAC, please feel free to call me or join us at the next PAC meeting, Tuesday, May 9th at 6:00 pm in the Library. These are exciting times at Ralph Brown and we need parent volunteers to partner with us to continue to make Ralph Brown a great learning community

Respectfully,

Trevor MacVicar



May You Be
WELL
May You Be
HAPPY
May You Be
PEACEFUL
May You Be
LOVED

FUNDRAISING

Ralph Brown School held a very successful Kernels Popcorn Fundraiser once again. Thank you to all who supported by selling or purchasing; we raised over \$1,700! Proceeds will be put towards the purchase of new technology for students, and also to support our growing Ukrainian program.

"Krazy!"
for
KERNELS



PARENT COUNCIL NEWS

ELECTIONS

We will be holding our annual elections at the May meeting and your attendance is very important! Please plan on participating. If you wish to have your name stand for a position please contact the school office.

**Next Parent Council Meeting
TUESDAY, MAY 9th at 6:00 pm**



Start Today for FREE:

www.kidthink.ca/connectcare

We are thrilled to announce the launch of KIDTHINK ConnectCare! ConnectCare is our brand new initiative designed to help families manage mental health challenges at home.

ConnectCare is an online, video-based learning platform that offers psychoeducational content, empowering you and your loved ones to better understand and cope with various mental health concerns.

Psychoeducational Video Series:

Our first series available right now focuses on Anxiety in Children, and soon we'll be adding content on ADHD, behavioral issues, OCD, depression, mindfulness, and more! Each series is crafted and presented by KIDTHINK clinicians and professionally produced by leading videographers!

Bite-Sized Videos:

Individual videos are approximately 7-15 minutes long, allowing you to digest information at your own pace and revisit the content whenever needed.

Extra Content:

In addition to ConnectCare series, the platform includes mental-health-based story time videos for families to watch and enjoy together .

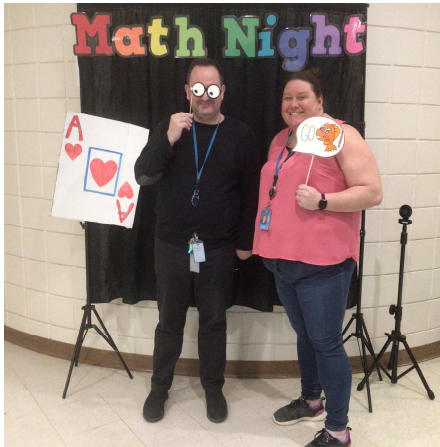
Why ConnectCare?: Addressing the Wait-Time Challenge

ConnectCare aims to tackle the unserved demand and long wait-times for mental health services by providing free and easy access to evidence-based programming. Our goal is to create a supportive community that transforms lives through education and self-care.

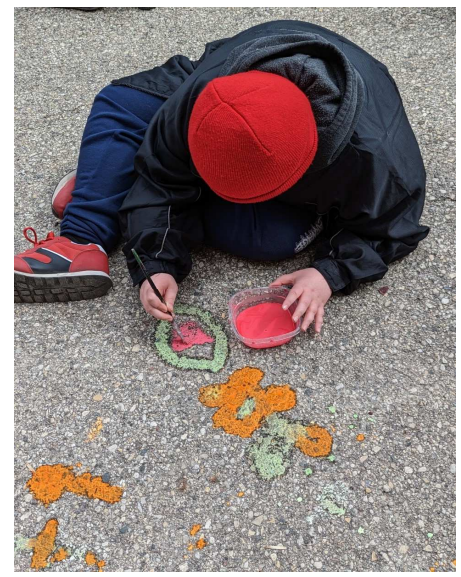
Get Started Today

Register today for FREE at www.kidthink.ca/connectcare and start exploring the ConnectCare series on Anxiety in Children as well as the rest of the platform!

IN THE CLASSROOM



A night of laughter and fun as families learned and played educational games and enjoyed healthy snacks during “Math Night”.



P1 Pros made DIY sidewalk chalk paint because we are learning about solids, liquids and gases in Science. The chalk paint starts off as a solid and then turns into a liquid. First, we got some containers, cornstarch, water colour paint. Secondly, we mixed the ingredients all together in the container. We had to mix it hard and fast to make it smooth. The cornstarch is a solid and the water colour paint was the liquid. We made all kinds of colours like pale green, light yellow, dark red, and bright orange. After we mixed the paints, we covered the containers and transported them outside. Finally, we started painting pictures like flowers, balloons and teddy bears on the hardtop. It was fun. You should try it!

VISIT OUR WEBSITE AT

<https://www.winnipeg.sd.ca/schools/ralphbrown>

Save as a “favorite” on your home computer and visit often for up-to-date information, calendar of events, newsletters, classroom sites and more . . .

RUNNING CLUB

The Running Club starts meeting in front of the school on **Tuesday, May 16th, at 8:15 am** and will continue to meet on various scheduled mornings until the running of the Winnipeg School Division Fit Run on **Wednesday, June 7th at Assiniboine Park**. The Running Club is geared toward Grades 4, 5 & 6 students, but is also open to Grades 1, 2 & 3 students. However, due to some safety issues it is strongly recommended that Grades 1, 2 & 3 students be accompanied by a parent or guardian. With this in mind, all parents and other family members are welcome and encouraged to join their children on our morning runs.

The Running Club Practices schedule.
All practices are from **8:15-8:45**

Tuesday, May 16

Thursday, May 18

Tuesday, May 23

Thursday, May 25

Tuesday, May 30

Thursday, June 1

Tuesday, June 6



Select Grade 4-6 students will be participating in the **Winnipeg School Division Fit Run** on Wednesday, June 7th 9:00-11:30.

JUNIOR HIGH SOCCER

For the first time in school history, the Ralph Brown Rockets will be entering the Winnipeg School Division Junior High Boys; Soccer League. The team has been practicing hard at recess time and during the lunch hour. The soccer team will play on the following dates:

Tuesday, May 16th at General Wolfe @ 3:45

Thursday, May 18th at Andrew Mynarski @ 3:45

Wednesday, May 24th at R.B Russell High School @ 5:00

Tuesday, May 30th at Churchill High School @ 3:45

Please come out to the games and support our Rockets!

FITNESS CLUB

A special shout out to the following intermediate fitness club members who attended the morning workout club. *Bentley, Nadia, Ivan, Ethan, Sara, Narissa, Gabriel, and Dasha.*

ULTIMATE FOOTBALL

Ralph brown will be participating in the Annual Grade 5 & 6 Ultimate Football tournament. Date yet to be determined. Keep up the great work.



WSD HEALTHY MINDS WEEK 2022



May 4

Supporting the Mental Health of our Children, Youth and Community

Free Resource Fair and Speakers Panel

Winnipeg School Division is hosting a Community Resource Fair to showcase many of the amazing organizations that support mental health and wellness in our community.

R.B. Russell Vocational School 364 Dufferin Ave, Winnipeg

Doors open: 5:15 pm

Resource Fair: 5:30 to 7:00 pm

Speakers Panel: 6:00 to 8:00 pm

Please join us as a panel of experts share resources and strategies to support mental health and wellness:

- Child and Adolescent Psychiatrist Dr. Simon Trepel will share information on social media and gaming.
- School Psychologist, Michelle Diawol will discuss strategies to help us cope with anxiety.
- School Equity and Inclusion Coordinator Dene Guillas from Rainbow Resource Centre will share resources to help support our 2SLGBTQ+ children and youth.
- Knowledge Keeper / Elder Vern Dano will walk us through mental health and wellness from an Indigenous perspective.

For more information, to register or to arrange free childcare please contact: Kasia Buchman at kbuchman@wsd1.org or 204-589-5301.

