

April 28 - May 2



LORD ROBERTS
LIONS

Pride in Self, School, & Community



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 28 / Day 6	April 29 / Day 1	April 30 / Day 2	May 1 / Day 3	May 2 / Day 4
Complimentary Lunch Day for all students!	Textile Club		Gr. 3 Games Club	Grade 6 Immunizations
Violin Club	Patrol Training		Gr. 4 Swimming Counts	
Gr. 4-6 Running Club		Gr. 4-6 Running Club		Gr. 4-6 Running Club
Common Area Training				
***	Medicine Wheel Inquiry Month (<i>physical week</i>) - details on page 2			***

School Wide Complimentary Lunch on Monday, April 28!

The last week of April marks the final week of our month-long Medicine Wheel Inquiry. We started off the month focusing on emotional wellness, then spiritual wellness, intellectual wellness and lastly physical wellness. To support our understanding of how to nourish and care for our physical well-being, all students will receive a complimentary lunch on Monday, April 28th.

Students in grades 1-6 will eat lunch in their homerooms. Students who typically leave during the lunch hour are welcome to stay. The meal will include soup, Bannock, fruit, vegetables, juice, crackers, and a yogurt tube. Nursery and Kindergarten students will receive a similar complimentary snack during their class time.

For information on **school registration** for the 2025/2026 school year go to the WSD website and click on student registration: www.winnipegsd.ca

May 9 - No School - Division Closure

May 15 - Spring Photos

May 19 - No School - Victoria Day

May 21 - Glealea Order Pick-Up (3:30-5:00)

June 3 - Grade 6 Day Camp

June 5 - WSD POW WOW & School/Community BBQ

June 6 - No School

June 24 - Grade 6 Farewell





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Medicine Wheel Inquiry Month

In April, the school will focus on holistic and balanced well-being through a month-long project titled Medicine Wheel Inquiry Month. The Medicine Wheel symbolizes achieving wellness and balance within oneself. Each week we will explore a different aspect of wellness :

- **Emotional Wellness:** fostering positive feelings, emotional understanding, resilience, and coping skills.
- **Spiritual Wellness:** recognizing the ecosystem's role in well-being through gratitude for land, animals, ancestors, and community, and engaging in passion-igniting practices.
- **Intellectual Wellness:** realizing our learning strengths, valuing diverse strengths within a group, and the importance of intergenerational knowledge transfer.
- **Physical Wellness:** promoting well-being through exercise, endurance, flexibility, and self-care (sleep, nutrition, check-ups).

Classrooms will participate in activities, including guest presentations, lessons, activities, and read-alouds, to understand each aspect of wellness. Students will work towards understanding the balanced nature of the Medicine Wheel.

Wellness education will continue through May, June, and the following school year, integrating these principles into all learning areas.





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ROAR

(Code of Conduct)



R — RESPECT
O — ON TASK
A — ACCPETANCE
R — RESPONSIBILITY

