

Kent Road School

361 Kent Road
Winnipeg MB R2L 1X9

Kent Road News

Principal: M. Sacco

Phone: (204) 669-1228

Fax: (204) 654-2897



February 2024



Principal's Message

Inside this issue:

Principal's Message	1
Beading at Kent Road	2-3
Winnipeg Blue Bombers	4
Office Hours	5
Entry & Exit Doors	5
Arriving Late/Early Pick up	5
Patrols	5
Daycare Information	5
Breakfast Club	5
Volunteers	5
Lunch Program	5
Health Care Plans	6
Administering Meds	6
Parent Council	6
Head lice at School	6 & 21
School Parking Lot	6
Classroom News	7-11
Phys. Ed. News	12
Music News	13
Daycare updates	14
Tax time support	15
Kent Road School Clothing	16-17
Housing and I.D. Resources	18
Community Resources	19
A Message from Resource	20
A Message from Guidance	21
Yearly Calendar of Events	22-23
Gimli Ice Festival	23
March Calendar	24

Dear Kent Road Families,

February has been filled with LOVE as we focused on belonging while participating in I Love to Read activities (daily reading activities, special guest and student readers, assemblies, spirit days), Black History Month, 100th day of school, Coffee with the Principal, a night of beading, research projects, and field trips such as the Zoo and the Aviation Museum, Grade 4 swimming and whole school Alternative Communication training and so much more (intramurals, clubs, snacks)

We hope the kiddos are coming home exhausted after all the engaging learning opportunities. What are some of your child's favorite things to do at school?

This month we welcomed 4 new families to our community. Our school is amazing due to its rich diversity. The home-school partnership is key, please let us know if there is anything that may affect your child at school. We are here to help. Please join us on Wednesday, March 6th for Parent Council @ 6:30 in the Library. Child care is provided. Your voice matters, as we discuss school issues and events and plan next steps.

March will be gone in a flash as we prepare for Student-Led Conferences (March 14th & 15th) and then Spring Break is right around the corner. Make sure to check the calendar for all the fun things planned as we have field trips, Pizza Lunch, clubs, Spirit Week and March Fun Day. We also welcome Spring, Ramadan and Easter.

Remember that March weather can be very unpredictable. One day snow. The next hot and sunny, the next wet and melty. Please ensure your child has the appropriate clothes for recess. Extra socks, underwear, pants and mittens in the backpack are encouraged.

For the safety of our Kodiaks, please remember that all adults must report to and sign in at the office. Parents are not allowed to go directly to the classrooms.

Thank you for your continued support.

Your partner in learning,

Michelle Sacco



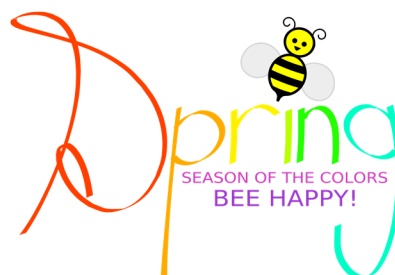
WINNIPEG SCHOOL DIVISION

Thank you to our caregivers who were able to join us for our Beading Event



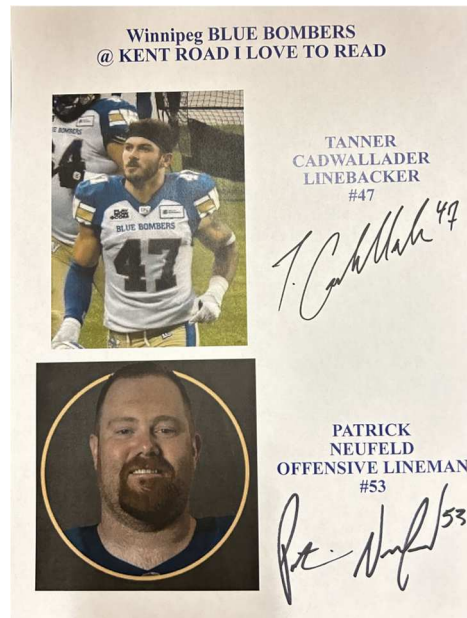
Spring

Thank you to our caregivers who were able to join us for our Beading Event



WINNIPEG BLUE BOMBERS AT KENT ROAD

All students received a Free Ticket to the May 21st Game!



Office Hours

The office is open from 8:00 am to 4:00 pm Monday through Friday.

School Hours

8:45 a.m.	Outdoor Screening begins
8:50	Entry Bell
11:30	Nursery/Kindergarten Pick Up
Noon	Lunch
12:55	Entry Bell
3:30	Dismissal

Entry and Exit Doors

Please ensure you are using the designated cohort doors.

Nurs/Kinder & Rm 6—North West Doors

Rms 9, 10, 11—South East Doors (by the gym)

Rms 14, 15, 16—North East Doors (by play structure)

Rms 3, 4—Main Entrance

Arriving Late

Students who arrive after the bell are asked to use the main entrance to the school and check in at the office and pick up a welcome slip for their teacher and the office will update their attendance.

Early Pick Up

If you are picking up your child before dismissal, please call the office and we will make arrangements with you.

School Attendance System

The office no longer accepts calls regarding absences or lates. If your child is going to be late or absent, please call the **SafeArrival Attendance System @ 1-855-278-4513**.

If you would prefer, internet access, go to <https://go.schoolmessenger.ca>. Please do not send attendance notes to the office or your child's teacher. All attendance information needs to be updated through the SafeArrival system.

Patrols

School safety patrols will be on duty each day at 8:40 am, 12 noon, 12:55 pm and 3:30 pm. Please send your child when patrols are on post. Make sure your child comes home immediately after dismissal so they can cross with the patrols. For your child's safety, remind them to obey the patrols at all times. The patrol supervisor is **Ms. Behma**.

Daycare Spaces Available

The Munroe ECEC Daycare located in room 18 of the school currently has spaces available for students in grades 1-6. Please drop in or give us a call at 204-793-7626. We are open at 6:30 am until 9:00, and then from 3:30 pm until 6:00 pm. We are also open all day during school closure days.

Breakfast Club

This year will be the 10th year for our breakfast program. We are very excited that the program has become so popular since it started. The Breakfast Program is a great way to get to school on time and have a nutritional start to the day. The kids who attend enjoy meeting with their peers in a mellow and friendly environment.

The continued success of this program means we will continue to offer free nutritional breakfasts, Monday to Friday. We ask that students enter through the back doors by the gym, **NOT THE MAIN DOORS**. Also it is very important to make sure that your children do not leave home too early as the doors for the breakfast program are only open as of 8:30 and there is no supervision outside until 8:50 am. Children will not be allowed to wait in the halls until the Breakfast Program opens.

Part of the success of the Breakfast Program is achieved by getting volunteers between 8-9 am to help prepare, serve and clean. It is a great way to meet and get to know the students and it's a lot of fun. If you would like to volunteer, please contact the office at 204-669-1228.

Volunteers

Kent Road School always welcomes volunteers to our buildings. If you are interested in becoming a volunteer in the school, please contact Ms. Calado in the office of call 204-669-1228.

Lunch Program

Our Parent Council Lunch Program is up and running. Only students whom are registered and have paid are able to stay for lunch. Our lunch program director is Shelley Gauthier and she can be reached at 204-914-2818 or via e-mail at kentroadpclp@gmail.com. They are currently hiring more staff to help support the lunch program. If you are interested, please contact Shelley. **The school does not provide lunch or offer student microwaves.**

Health Care Plans

Every child with special health care needs, such as a puffer, prescription medication or an EpiPen, requires a health care plan. The plan gives detailed information so the school may respond quickly.

It is a parent responsibility to inform the school about the health care needs of their child. If your child's plan has changed, please notify the school.

Administering Medication to Students

We know that from time to time, children need to receive medication while at school, and we're happy to oblige, within Winnipeg School Division guidelines. There is a form which you will need to fill out. As well, when you send the medication to school, it must be in the **original prescription bottle with the child's name on it**. Call the office for more information.

Kent Road School Doors Are Now Locked

For the safety of our students and staff, Kent Road School exterior doors are locked during most of the school day. Please use the main door near the office.

Parent Council

Co-Presidents: Aubrey Sesak & Sheena Dreger

Secretary: Barry Sesak

Treasurer: Anna Stevens

Fundraising: Jessica Lemky

Lunch Program: Shelley Gauthier

Parent Council is open to all parents and is made up of volunteers who want to work on behalf of the school. Coming to Parent Council is an invaluable way to contribute to your child's education and overall school experience.

We have a lot of exciting ideas to bring forward this year, and we need your input and ideas. The more parents become involved in Parent Council, the better our school can be. Whether you can join us for one meeting or all five, your presence is important. Next Meetings: March 6th @ 6:30 pm and May 29th.

Head Lice at School

Please ensure you are checking your children regularly for head lice. Head lice is not a communicable disease, however they are a challenge to deal with. Students with live lice must stay home until treated.

If a student is found to have head lice at school, families will be notified via letter that head lice has been discovered. The rest of the class will also receive a letter stating that head lice has been found in the classroom.

It is our goal to work with families to deal with head lice as quickly as possible. If you need any support, please contact the school office at 204-669-1228.

Parent Parking

The parking lot is for staff who pay for the parking spot through the School Division. Families must find parking on neighbouring streets.

Please be reminded that drop off and pick up are very busy times. For the safety of our students, please ensure that you are not stopping in areas that are clearly signed.

We have had several complaints from neighbours.

A Book Fair is Coming

Parent Teacher Conferences are coming soon. Do you know what that means? ... It's BOOK FAIR TIME!!! The book fair is happening the week of the 11th, students will get to look at the books during the week and write down what they want to buy and bring their list home to you. The fair will be open Wednesday during the day, all day Thursday and in the evening until 6:40 and close at 3:00 on Friday the 15th.

Please come support our library and look at some great book for your children. Every book you purchase helps get books into our library. If you don't want to buy for your family then consider donating a book to your child's classroom library. Thanks again for your support. Sincerely,

Your library staff, Ms. Porter and Mme. Bouchard

Room 3

With the hundredth day of school, Valentine's Day, I Love to Read and the visit from The Blue Bombers who read to us, this month has flown by. We have been writing kind messages and passing them to our friends and staff. We have started our Senses Unit and written a class book for our wall based on Brown Bear, Brown Bear using animals from The 7 Grandfather Teachings. We also have welcomed a new student to our class. The kids have been great at welcoming him in. I'm very proud of them all.



Room 4

Dear Room 4 Families,

It has been a very busy and fun month of February. We have had lots of "I Love to Read" activities, and especially enjoyed having two Winnipeg Blue Bomber players come and read to the entire school this month! It has also been a month full of friendship with Valentine's Day as a highlight. All the students were so happy receiving so many nice words of friendship from one another. We also celebrated our 100th day of school. We look forward to March with a spirit week happening the week before spring break and also connecting with families at our upcoming student-led conferences on March 14th and 15th.



Room 6

Hello Room 6 families!

What a great month that was full of celebrations! First of all, I hope everyone enjoyed spending time at home reading with their families during this "I Love to Read Month". I know we really did here at school. We had student read alouds, the Winnipeg Blue Bombers, and specifically in our classroom we worked on writing comic books and shared them with the whole school on the last day of the month. It was a lot of fun! This month we also celebrated the 100th day of school and the students got to travel back in time to see what Canada was like in 1924! We watched Charlie Chaplin movies, learned about the Winnipeg General Strike, and a famous Black Canadian Engineer of the time; Elijah McCoy. Oh yes!!!! We also learned about Black History Month and one other very significant Black Canadian Viola Desmond. Room 6 definitely had a blast from the past in February. Well that is all for now, take care and please do not hesitate to reach out to me anytime by email, sroach@wsd1.org or on Seesaw.

Take care,

Ms. Roach



Room 7

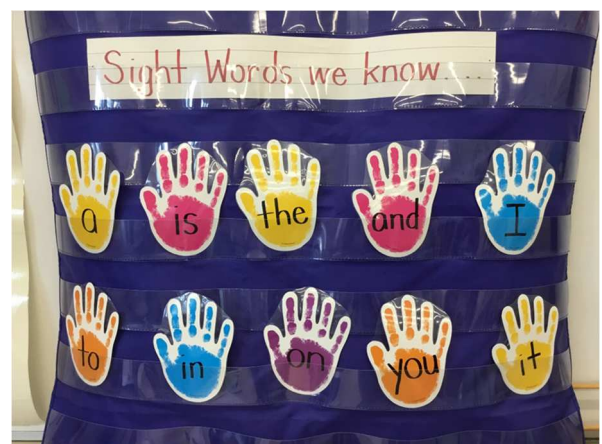
We have been focusing on our names. We can count how many letters, how many syllables, as well as identify the first letter and the sound. As a class, we are brainstorming words that begin with the same sound. We have been learning to recognize and produce rhymes.

We are about to begin our Personal Safety unit. We will learn about riding safely in a vehicle, what to do with wanted and unwanted touches and how to get help if needed. As well, we are going to learn about the 7 Teachings.

In Math, we are learning about 3D shapes and comparing numbers/groups using the language; more than, less than and the same.

- Love. Love is the gift from the Eagle. ...
- Respect. Respect is the gift from the Buffalo. ...
- Courage. The Bear carries courage. ...
- Honesty. Honesty is carried by the Sabe (Sasquatch). ...
- Wisdom. The Beaver carries wisdom. ...
- Humility. The Wolf carries humility. ...
- Truth. The Turtle carries truth.

Ms. Morand
tmorand@wsd1.org



Room 9

February has been a whirlwind for many different projects! As it is Black History Month, we dove into learning about many influential individuals who have stood up for their human rights when faced with adversity. Harriett Tubman, Rosa Parks, Viola Desmond, Martin Luther King Jr., Mae Jemison, just to name a few. It has been impactful to learn about these individuals.

For math, we started our order of operation unit, now that we are experts at our four operations (adding, subtracting, multiplication and division)! Next, we will be focusing on integers!

Lastly, for science, we started the process of designing our own planets. It has been neat to see all the creative ideas flowing!

Ms. Behma



Room 10

Hello Room 10 Families!

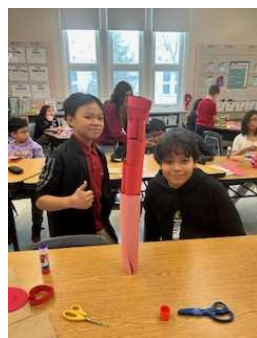
In ELA we finished researching astronauts for our astronaut biographies. We also started our alien and planet projects! Students were asked to design and create their own alien and planet. They were encouraged to be very creative! We finished our writing about our aliens and planets and now were on to the art piece.

This month in Math some students have been focusing on multiplication: repeated addition, arrays, basic facts while other students have been learning about division including long division.

In Science we finished exploring space and the solar system!

Above are pictures from Valentine's Day! Students were asked to complete a STEM challenge where they had to make the tallest tower out of paper hearts. They only have two piece of construction paper and glue sticks to use.

Reminder that students should be doing the following for homework: home reading logs, spelling practice and Xtra Math practice. Students can practice their basic math facts to mastery using the XtraMath.org website! This is so important so that students can solve multi-digit questions with ease.



Room 11

Hello Room 11 Families,

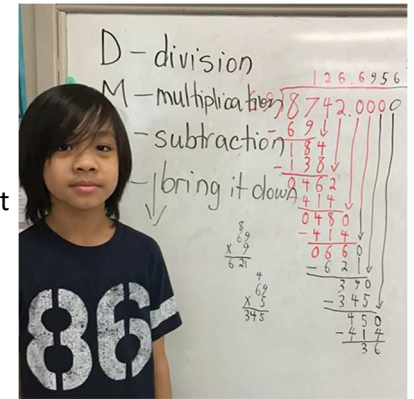
Our classroom has been very busy with hand-on learning activities. We have some exciting projects we have just finished and some we are still working on. You can see our ELA project called Advertisement in the hallway. Great job everyone!

In Math, we have been focusing on multi-digit multiplication and long division with decimals as well as calculating area and perimeter of regular and irregular shapes.

In Social Studies, we are learning about Manitoba's history including the efforts of Louis Riel and Metis peoples. We had a great discussion about Black History Month and famous people.

In March, we will be getting ready for Student-Led Conferences and showcasing some of the work we have done since September. I look forward to seeing you at the Student-Led Conferences and share your child's successes and next steps with you.

Ms. Tomic



Room 14

Hello Room 14 families!

Wow, did February ever go quickly! There were so many fun and special days that it just flew by! Students enjoyed 100 day activities and the exchanging of cards for Valentine's day. We also spent time using new techniques like paint stamping and new materials like tissue paper to create art for Valentine's day.

We have been building our vocabulary by looking closely at descriptive words in books and imagining how we might use them in our own writing. We have also been analyzing story elements and making a story map so we can write our own stories with characters, setting, a problem, multiple events and a solution to the problem.

We will be attending our residency at The Leaf on February 29, and March 1, 4, 5, and 6. More information will be sent home this week. The kids are so excited to hear that we will be learning all about human/plant/animal relationships, and that we will be supported by an Indigenous Knowledge Keeper who will be taking us on a medicine walk, helping us smudge, and preparing a tea ceremony for us. We will also be preparing a plant based meal using roots, leaves, stems, flowers and fruits! When we return, we will be using the design process and all we've learned at The Leaf to design a perfect habitat for plants. Mme. Bouchard and I are so excited to be able to take students on this land/place based field trip to explore, learn, and create together.

Ms. Shore



Room 15

Dear Families,

I wanted to share with you an interesting experience that the students in Room 15 had recently. They were learning about the benefits of edible bugs as a food source. Bugs are full of protein, packed with nutrients, and better for the environment than traditional meats.

After the lesson, the students were given the opportunity to taste some BBQ or cheddar flavoured larvae. While some were hesitant, most of them were willing to try. The students found the bugs to be quite tasty, with some even enjoying multiple larvae in both flavors. The students were very brave and they learned that they could overcome their fears and try new things.

I think this was a great learning experience for the students and who knows, maybe one day bugs for snacks will just be a regular thing.

If you have any questions or comments, please do not hesitate to contact me at dizzard@wsd1.org.



A plate of BBQ and cheddar flavoured larvae

Students getting ready to eat bugs



Room 16

Hello friends,

We are almost done our Rocks and Minerals unit! We're learning about weathering and erosion and deposition. Weathering breaks rocks into sediment, erosion moves the sediment and deposition drops the sediment into a new place. Students made a mountain and forest habitat to help show how rain, wind and ice change the landscape.

In Math, we are continuing to learn our multiplication facts and how to use these facts to help problem solve. We are also learning how division and multiplication are related, and building our division skills.

We have begun publishing our origin stories and are excited to share them at Student Led Conferences!

Thank you and keep your shovels handy,

Mrs. Gamble



PHYSICAL EDUCATION NEWS...



In February we are practicing our skipping skills in the gym!

5 Reasons You Should Jump Rope Every Day

1. It burns a ton of calories.
2. You can take it with you anywhere.
3. It aids in balance and coordination.
4. It helps you relax.
5. It's good for your heart.



Once a Kodiak Always a Kodiak



Be active, stay safe and have fun!

S de Jong

Music News

We are continuing to learn about the different music families. We have just finished up with the Brass family and this month we will focus on the strings family. We will also figure out where the harp belongs.

Many students have enjoyed the dance for the month, and we are finishing up "Dance Monkey". It will be a surprise to see if the March dance is as well received by the students.

We were exposed to a variety of musicians, their lives and music stylings to highlight Black History Month and even learning about Jazz and it's influence in creating other forms and genres of music. The students have begun to compare songs, styles and musicians.

The students in Grades 3-6 continue with improving their note reading and performance fluency on the recorder. They have new music: He's A Pirate – from "Pirates of the Carribbean", and The Holly and Ivy.

We will be taking some risks in creating and adapting some short melodies to give them more of a personal style, as well as notation them so we can solidify exactly how "our own song" sounds, allowing the opportunity of others to also learn our song.



"Unleash Your Musical Spirit".

HELP US HELP OTHERS!!



Please help us
collect Pop Tabs
for
Wheelchairs!

Please drop off
your Pop-Tabs in
the Office

A MESSAGE FROM DAYCARE

The Munroe ECEC Daycare is a licensed Kindergarten-Grade 6 program for Before and After school care right in Kent Road School for children that attend Kent Road School. We take Kindergarten children that attend Kindergarten Mornings and are open afternoons from 1130-6PM . School age care is 630 am -9:00 am and 330-6:00 PM daily (Inservice hours open until 7:30- 5:30. We are open on Inservice days, Spring Break Holiday break in Dec/Jan and open July/Aug. Please find a link here to be placed on our waitlist <https://munroesa.childcare.link>



I understand. But we no longer take enrollments over the phone. We lost our landline in the move. You can ask them to text me also at 204 793 7626 for a link to waitlist. All our info can also be found at <https://www.munroesa.ca/> .

Here are the call numbers for the center:

Office hours are 630 am -1130 am and 1 to 530 pm

431 278 7728 office
431 276 4490 room
204 793 7626 my cell

You can also always call the office or the room if you need to see if we are around.

Melanie Fraser,
Director, Munroe Early Childhood Education Centre



It can be expensive to file your income tax return at a tax preparation office, and if you do it yourself you could easily miss out on deductions and tax credits that you are entitled to receive such as Canada Child Benefit, GST rebate, Climate Action Incentive, or Old Age Security supplement.

Harvest Manitoba's Income Tax Return Program can help you to prepare and file your income tax and benefit return.

If you have a modest income and a simple tax situation you may qualify for this program*.

Contact us and trained Harvest volunteers will file your tax return for **FREE between February 26th and May 30th, 2024.**

Modest Income: Single household income under \$35,000 or
Couple household income under \$45,000 (+\$2,500 per dependent)

Simple tax situation excludes:

- Professional or business income
- Rental income and expenses
- Capital gains or losses
- Investment income over \$1,000
- Farming or fishing income
- Deceased returns
- Pre and post bankruptcy return
- Foreign property

Ways you can contact us to access the Tax Return Program:

- Visit harvestmanitoba.ca / Harvest Programs / Need Tax Help?
 - Register online and drop off your tax documents at Harvest Manitoba, 1085 Winnipeg Ave, anytime Monday – Saturday, 9:00 AM – 3:00 PM. We will mail your documents once your tax return is completed.
 - Book a phone call appointment. Phone number and email address are required.
- Come in person to Harvest Manitoba, 1085 Winnipeg Ave, Monday – Friday, 9:00 AM – 3:00 PM. Bring all 2023 T4s and T5s forms, all 2023 rent receipts, and any other 2023 tax related documentation.

**The CVITP volunteer will determine whether your tax situation is simple or complex.*



KENT ROAD SCHOOL CLOTHING AVAILABLE



SCHOOL APPAREL PROGRAM



SOFTSTYLE COTTON TEE W/ PRINTED LOGO
\$14 plus Tax

LEFT FRONT or FULL FRONT OPTION AVAILABLE



SOFTSTYLE COTTON TEE W/ PRINTED LOGO
\$14 plus Tax



SOFTSTYLE COTTON TEE W/ PRINTED LOGO
\$14 plus Tax



SOFTSTYLE COTTON TEE W/ PRINTED LOGO
\$14 plus Tax



SOFTSTYLE COTTON TEE V-NECK W/ PRINTED LOGO
\$15 plus Tax



SOFTSTYLE COTTON TEE V-NECK W/ PRINTED LOGO
\$15 plus Tax



LEFT FRONT or FULL FRONT OPTION AVAILABLE



SCHOOL APPAREL PROGRAM



HEAVYWEIGHT PULLOVER HOODIE W/ PRINTED LOGO
\$26 plus Tax



HEAVYWEIGHT PULLOVER HOODIE W/ PRINTED LOGO
\$26 plus Tax

LEFT FRONT or FULL FRONT OPTION AVAILABLE



TOQUE (EMBROIDERED) LOGO
\$18 plus Tax



SWEATPANTS W/ PRINTED LOGO
\$32 plus Tax



LONG SLEEVE COTTON SHIRT W/ 2 LOCATION PRINT
\$22 plus Tax



LONG SLEEVE COTTON SHIRT W/ 2 LOCATION PRINT
\$22 plus Tax

KENT ROAD SCHOOL CLOTHING AVAILABLE

KENT ROAD 
SCHOOL APPAREL PROGRAM



3 PIECE BUNDLE *Special 1*
3 pieces ONE PRICE (UNISEX SIZING) \$65 plus Tax
3 PIECE BUNDLE SPECIAL - TEE SHIRT, HOODY, SWEATPANTS / JOGGERS



3 PIECE BUNDLE *Special 2*
3 pieces ONE PRICE (UNISEX SIZING) \$50 plus Tax
3 PIECE BUNDLE SPECIAL - HOODY, TEE SHIRT, TOQUE,

We have an exciting opportunity for you! Kent Road School gear will be available online.

The website to look at the clothing is krsclimbing.ca.

The website will be live from March 1st to the 31st and we are fortunate enough to be able to offer two bundle packages as well! All orders are online. **Please DO NOT SEND ANY MONEY TO THE SCHOOL.**

There will be examples of the clothing at school for you to look at and check sizing. There is also a sizing chart on the website. Please support our school and go to the website and see what there is!

Housing and I.D. Resource Event

March 18, 2024, 4:00 to 8:00 p.m.
Elmwood High School
505 Chalmers Avenue

Winnipeg School Division and End Homelessness Winnipeg are hosting events to help our community members get income and housing supports they qualify for.

Join us to receive on-site sign-up services and information on available benefits for individuals and families.

Providers at the event will include:

- Rent Assist
- EIA
- Service Canada (SIN Program)
- Canada Revenue Agency with Tax Preparers
- Rent Relief
- Canada Learning Bond & Birth Certificates
- Residential Tenancies Branch
- 211 Service Navigation

... and more to come.

To sign up for services you will need some ID such as:

- Manitoba Health Card
- Government Issued Photo ID
- Proof of Income/Option C
- Current Tenancy Agreement
- Direct Deposit/Banking Information
- EIA Budget Letter
- Proof of Status/Residency
- Completed Guarantor Form

If you are unsure of which documents you will need to bring, or if you require assistance in filling out forms please contact:

Kasia (Katarzyna) Guzzi
Community Support Coordinator
kguzzi@wsd1.org
204-589-5301



RESOURCES AVAILABLE IN THE ELMWOOD COMMUNITY

1. **Elmwood Community Resource Center:** <https://www.elmwoodcrc.ca/>
Drop in program with access to phone, fax, computer and information about community resources, family or individual therapy, Tot Spot for parents (short term child care), mini-year program (STEAM based programming for children 6-12), summer literacy camp (ages 5-11), Adult services (adult literacy, career counselling, Indigenous and Newcomer programs)
2. **Tots in Elmwood (TIE)** – Free drop in program for children 0 to 5 with their caregiver. Tuesday and Thursday 9:15-11:30 180 Poplar – Janice – Early Years Facilitator – 204-669-0750
3. **Elmwood-Kildonan Pool** – Free public swim Saturdays 3:30 to 5:00 Fall 2023 – please see up to date calendar online for most accurate swim times.
4. **Winnipeg Public Library:** Libraries often offer free or low-cost storytime and early literacy programs for preschool-aged children. It's a great way to support early reading skills.
5. **Winnipeg Leisure Guide** – Free programs – the Fall 2023 brochure:
<http://winnipeg.epubs.flippagepublishing.com/publication/?i=800695>
6. **Riverwood Church:** <https://www.riverwood.cc/elmwood>

The Refuge

The Refuge is a collection of programs that respond to the needs of women in the Elmwood Community. It is a mentor-based program that provides support groups based on different circumstances and needs. We offer general support to moms, and specific group supports to women dealing with domestic violence and addiction issues.

Food

We partner with Harvest Manitoba to provide groceries to Elmwood families every week. Our food bank runs every Wednesday from 2-7pm, and on Thursdays from 11am-1pm we offer a drop-in soup lunch!

Kidz Club

Tuesdays | 6:30-8:00pm

River Elm School | 500 Riverton Ave.

An energized and lively community night, Kidz Club offers a place for elementary-aged kids from Elmwood to connect, feel accepted, and be cheered on by mentors and leaders.

It truly is a privilege to experience kids from all over the Elmwood community coming together to share games, crafts, snacks, and friendship.

Riverwood House

An Innovative Recovery Housing Project

Riverwood House is a 40-unit Recovery Housing complex taking aim at addictions, poverty, and homelessness through a safe, stable and supportive environment for Winnipeg's at-risk population.

A MESSAGE FROM RESOURCE...

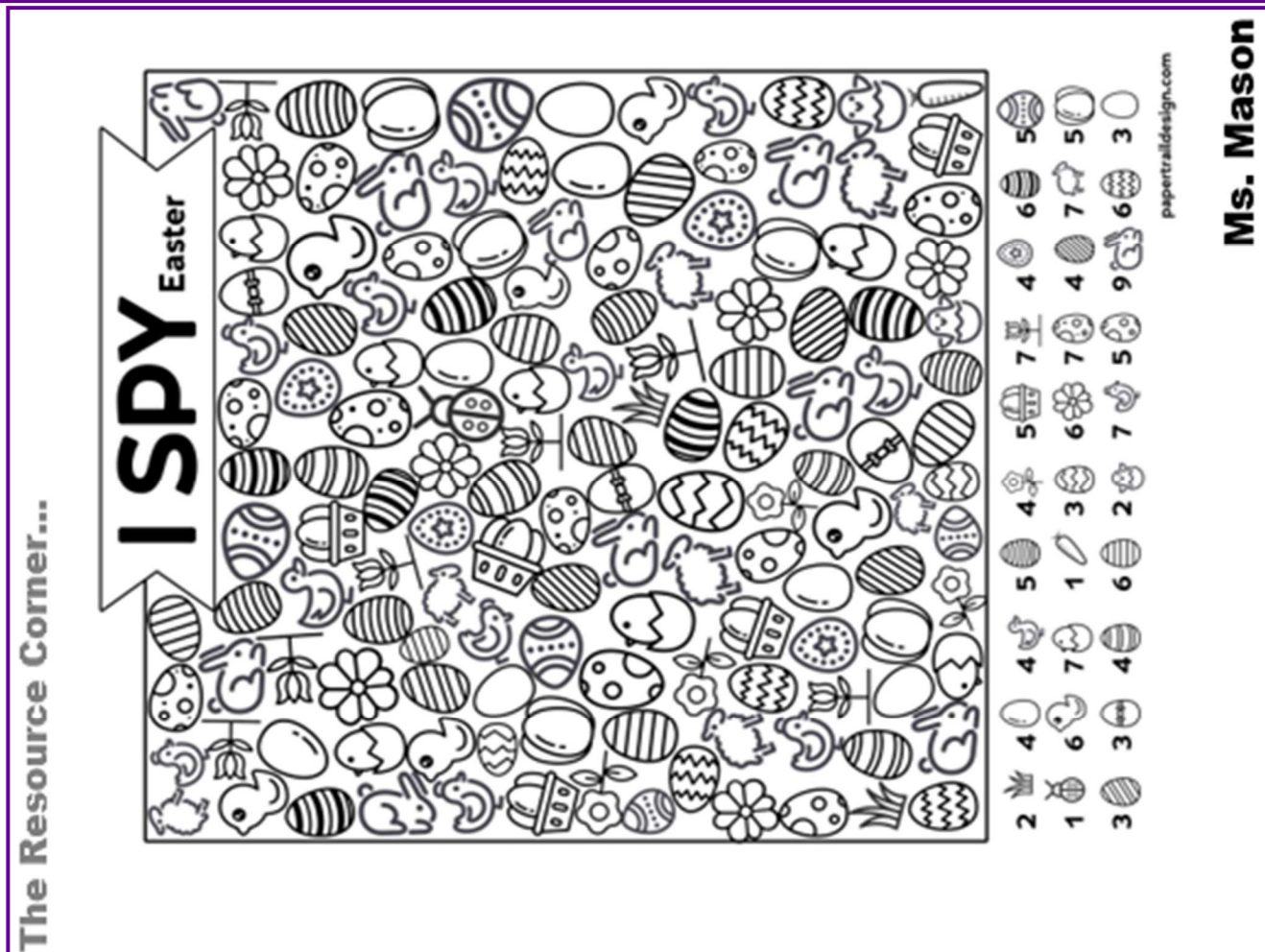
Sleep routines can be tricky.

Below, is a list of Sleep Hygiene recommendations shared by Specialized Services for Children & Youth (SSCY Centre).

SLEEP HYGIENE

1. Scheduling bed time at the same time every night (including weekends)
2. Limit time in bed to when child is ready for sleep (ie: no tv, snacks, or playing in bed)
3. Limiting snacks and drinks after dinner (except water)
4. Limiting screen time such as TV and iPad for 1-2 hours before scheduled bed time
5. Completing the same "bed time routine" calming activities 30 minutes – 1 hours before the scheduled bed time. (ex: puzzles / colouring / play-dough – brush teeth – bath – read story)
6. If the student gets up in the middle of the night, provide calm objects such as books and stuffed animals. Try to avoid alerting activities, food, sleeping in parent's bed as these may keep them awake longer.
7. You can also consider a white noise device for their bedroom

It is recommended to trial these suggestions consistently for 2-3 weeks. Changing routines and sleep patterns can be a slow process, don't get discouraged!!



A MESSAGE FROM GUIDANCE

Basic Head Lice Treatment

- Keep in mind:**
- Getting Head Lice is not related to how clean/dirty a person, or their home is.
 - Head Lice move by crawling- they cannot jump or fly.
 - Head Lice do not carry disease.
 - **If you spot any lice, even 1, you need to treat it.**
 - You must treat the hair and other environments such as jackets, and blankets



Treating the Hair:

- Treat all household members with lice/nits (lice eggs) at the same time.
- Gather all supplies you will need
 - o Lice Treatment product (either over the counter or prescribed by doctor.)
 - o Towel- to cover child's face when washing
 - o Tissues or paper towels- to wipe comb on to remove nit and lice
 - o Bowl of hot soapy water- to rinse off the lice comb between sections
 - o Nit comb- for removing lice and nit (However, metal combs work best)
 - o Hair clips or large bobby pint- to section the hair during combing
 - o Clean clothing- to change into after treatment.
 - o Something to entertain child during combing.
- Apply Lice Treatment to unwashed hair. Follow the package directions. **After treatment, DO NOT wash hair or go swimming for 7 days!**



Using the Nit Comb can take 1-3 HOURS in order to get out all nits and lice from the hair.

- Lift a small section of hair (about 1 to 2 inches wide).
- Comb through this section starting at the roots.
- Firmly pull the comb ALL the way through the hair.
- Clean Lice Comb Frequently—Wipe egg and nit from the teeth of the comb with a tissue or paper towel and then rinse comb in the hot soapy water before moving to the next section.
- Clip the combed section of hair out of the way before moving on to next 1-2 inch section.
- Repeat this process until the entire head has been combed through.



Other tips:

- o Follow the package directions for re-treatment and contact your doctor if lice are still present after two treatments.
- o Don't use a hair dryer after treatment because lice could get blown into the air.
- o By checking the hair and combing with a nit comb every 2-3 days after treatment, for 2-3 weeks, you can lower your chance of lice coming back.
- o Don't use more than one lice medication at a time.
- o You may use straightening iron



Clothes
Pillows
Sheets
Blankets
Towels

Treating the Environment:

Head lice do not live long if they fall off a person. Focus cleaning on areas where lice could have fallen from the hair in the past 2 days, such as bedding, clothes, towels, hats, furniture, car seats, stuffed animals, hair barrettes/clips/ties etc.

- Remove bedding- including sheets, pillow cases, blankets etc. from the bed
- Collect clothing that may have been worn by anyone who may have lice to wash.
- Wash bedding and clothing in hot water (130°F) and then dry on the highest heat setting.
- Items that can't be washed in the washer can be dry-cleaned OR be placed in a sealed plastic bag for 2 weeks.
- Soak combs, brushes, hair barrettes/clips/ties in hot water (130°F) for 5-10 minutes.



- Vacuum the floor and furniture, where the person with lice sat or lay.
- If a child is still using a car seat or booster seat, vacuum or wash the seat pad.



Yearly Calendar of Events for Kent Road School

3	Mar 1	Room 14 The Leaf Field trip / Student-led letters due back
4	Mar 4	Room 14 The Leaf Field trip
5	Mar 5	Room 14 The Leaf Field trip
6	Mar 6	Room 14 The Leaf Field trip / United for Literacy 3:30 – 5:00 / Parent Council Meeting 6:30
1	Mar 7	Pizza Lunch
3-1	Mar 11 - 15	Scholastic Book Fair
5	Mar 13	Report Cards emailed home / Pizza Lunch notes go home / United for Literacy 3:30 – 5:00
6	Mar 14	Student Led Conferences 4:30 – 7:00
1	Mar 15	Non Instructional Day – No Classes Student Led Conferences
2 - 6	Mar 18 - 22	Spirit Week
4	Mar 20	United for Literacy 3:30 – 5:00
5	Mar 21	Pizza money due
6	Mar 22	Last Day of Classes, March Fun Day
Spring Break (March 25-March 29)		
1	Apr 1	School Re-Opens / Easter Monday
3	Apr 3	United for Literacy 3:30 – 5:00
4	Apr 4	Pizza Lunch
5	Apr 5	Room 9 The Leaf Field trip
2	Apr 10	United for Literacy 3:30 – 5:00
4	Apr 12	Day of Pink
6	Apr 16	Pizza Lunch notes go home
1	Apr 17	United for Literacy 3:30 – 5:00
3	Apr 19	Non Instructional Day – No Classes
4	Apr 22	Earth Day
4-2	Apr 22 - 26	Earth Week
5	Apr 23	Bus Ridership (AM) / Pizza money due
6	Apr 24	Administrative Assistant Appreciation Day (clerks) / Immunization Clinic
5	May 1	Principal's Day
6	May 2	Pizza Lunch
2	May 6	Non Instructional Day – No Classes
3	May 7	Staff appreciation day
	May 20	Victoria Day - No School
1	May 22	Welcome to Kindergarten 6 – 7 PM
2	May 23	Pizza Lunch notes go home / Ultimate Football (PM)
6	May 29	Parent Council Meeting 6:30
1	May 30	Pizza money due
2	May 31	Ultimate Frisbee

5	Jun 5	Fit Run
6	Jun 6	WSD Pow Wow
1	Jun 7	Non instructional Day – No Classes
5	Jun 13	Pizza Lunch
6	Jun 14	Field Day
3	Jun 19	Community Feast 5:30
5	Jun 21	Grade 6 activity day
1	Jun 25	N/K Farewell 10:15 / 2:15
2	Jun 26	Grade 6 Farewell 1:30 / Report Cards emailed home
4	Jun 28	Last Day of School, Dismissal at 11:30

GIMLI Ice festival

FESTIVAL EVENTS PASS
GIMLI Ice festival
March 2-3, 2024

For Festival Events & Activities Info Visit:
www.gimliicefestival.com

LOOKING FOR SOMETHING FUN FOR THE FAMILY TO DO THIS WEEKEND?

- ◆ All kinds of cultural activities
- ◆ Beading, Viking challenges, face painting, Bannock & Tea, frozen fish toss, Fire on Ice car racing
- ◆ There is something for everyone!

GIMLI Ice festival EVENT SCHEDULE	
FRIDAY, MARCH 1	
7:00pm Start Time	Gimli Ice FESTISPIEL Doubles Curling Bonspiel At the Gimli Recreation Centre
SATURDAY, MARCH 2	
All Day Event	A Viking's Challenge – Battle of the Bay A Save Your Skin Foundation Fundraiser Run on the Lake
9:00am Start Time	Gimli Ice FESTISPIEL Doubles Curling Bonspiel At Gimli Recreation Centre
10:00am – 1:00pm	Beading Workshop At New Iceland Heritage Museum – Festival Pass Required
10:00am – 3:00pm	Fire on Ice Car Racing Practice from 10am - 11am Racing 12pm - 3pm
10:00am – 4:00pm	Gimli Metis & EIWD - Artisan / Vendor Market At Lakeview Resort Ballrooms A-C – Festival Pass Required
10:00am – 4:00pm	Create A Cooley the Polar Bear Suncatcher At Hidden Treasures Studio - Festival Pass plus \$2 to Participate
10:00am – 4:00pm	Winter Expression Photo Exhibition At New Iceland Heritage Museum – Festival Pass Required
11:00pm – 3:00pm	Face Painting & Festival Mural Creation At Gimli Art Club by the Harbour – Festival Pass Required
11:00am – 3:00pm	Hands of Lugh Viking Age Living History Reenactors At Gimli Harbour
11:00am – 3:00pm	Bannock & Tea / Maple Syrup Taffy On A Stick Near Visitor Centre by the Harbour – Festival Pass Required
1:00pm – 4:00pm	Hockey Skills Competition At Gimli Recreation Centre – Festival Pass Required
Variable Times	Cooley's Outdoor Fun-Time Activities At Gimli Harbour after 11am
Variable Times	Frozen Fish Toss At Gimli Harbour after 11am
7:00pm	FIREWORKS! At Gimli Harbour
7:00pm	Saturday Night Entertainment At Lakeview Resort - Admission \$5 or Free with Festival Pass

GIMLI Ice festival EVENT SCHEDULE			
SUNDAY, MARCH 3			
9:00am – 11:00am	Kiwanis Pancake Breakfast At Gimli Rec Centre \$2 with Festival Pass (\$7 without Pass)		
10:00am – 1:00pm	Beading Workshop At New Iceland Heritage Museum – Festival Pass Required		
10:00am – 3:00pm	Fire on Ice Car Racing Practice from 10am - 11am Racing 12pm - 3pm		
10:00am – 4:00pm	Winter Expression Photo Exhibition At New Iceland Heritage Museum – Festival Pass Required		
11:00am – 2:30pm	Face Painting & Festival Mural Creation At Gimli Art Club by the Harbour - Festival Pass Required		
11:00am – 2:30pm	Bannock & Tea / Maple Syrup Taffy On A Stick Near Visitor Centre by the Harbour – Festival Pass Required		
11:00pm – 3:00pm	Hands of Lugh Viking Age Living History Reenactors At Gimli Harbour		
11:30am – 1:30pm	Cooley's Indoor Playground At Gimli Recreation Centre – Festival Pass plus \$2 to Participate		
12:00pm – 3:00pm	ICE MAN Motorcycle Ice Racing Demo		
12:00pm – 4:00pm	Create A Cooley the Polar Bear Suncatcher At Hidden Treasures Studio - Festival Pass plus \$2 to Participate		
2:00pm Start Time	Frozen T-Shirt Competition Info & Registration at Visitor Centre - Festival Headquarters		
Variable Times	Cooley's Outdoor Fun-Time Activities At Gimli Harbour after 11am		
Variable Times	Frozen Fish Toss At Gimli Harbour after 11am		
<table border="1" style="width: 100%;"> <tr> <td style="width: 50%; text-align: center;"> WINTER EXPRESSION PHOTO EXHIBITION NEW ICELAND HERITAGE MUSEUM Free Admission with Festival Pass </td> <td style="width: 50%; text-align: center;"> THE FREEZE OUTDOOR ART EXHIBIT FEATURING INTERLAKE HIGH SCHOOLS Exhibit located near the Gimli Art Club </td> </tr> </table>		WINTER EXPRESSION PHOTO EXHIBITION NEW ICELAND HERITAGE MUSEUM Free Admission with Festival Pass	THE FREEZE OUTDOOR ART EXHIBIT FEATURING INTERLAKE HIGH SCHOOLS Exhibit located near the Gimli Art Club
WINTER EXPRESSION PHOTO EXHIBITION NEW ICELAND HERITAGE MUSEUM Free Admission with Festival Pass	THE FREEZE OUTDOOR ART EXHIBIT FEATURING INTERLAKE HIGH SCHOOLS Exhibit located near the Gimli Art Club		
EVENTS LISTED ARE SUBJECT TO CHANGE. HAVE FUN EVERYONE!			

March 2024

					1 <i>Day 3</i>	
					Room 14 - Leaf field trip Gr. 5 INTRAMURALS	
4 <i>Day 4</i>	5 <i>Day 5</i>	6 <i>Day 6</i>	7 <i>Day 1</i>	8 <i>Day 2</i>		
Room 14 - Leaf field trip	Room 14 - Leaf field trip Gr. 4 INTRAMURALS	Room 14 - Leaf field trip	Gr. 3 INTRAMURALS <i>Pizza Lunch Day</i>			
11 <i>Day 3</i>	12 <i>Day 4</i>	13 <i>Day 5</i>	14 <i>Day 6</i>	15 <i>Day 1</i>		
Gr. 6 INTRAMURALS		Gr. 5 INTRAMURALS Report Cards go home <i>Pizza Lunch Notes go home</i>	Student Led Conferences 4:30—7:30	<i>Non Instructional Day</i> <i>No Classes Student Led Conferences</i>		
18 <i>Day 2</i>	19 <i>Day 3</i>	20 <i>Day 4</i>	21 <i>Day 5</i>	22 <i>Day 6</i>		
<i>Sharing Dance</i> Pajama Day	Jungle Gym <i>Backwards Day</i>	Jungle Gym <i>Dress for Success</i>	Jungle Gym <i>PIZZA Lunch</i> <i>Money Due</i> <i>Colours of the Rainbow</i>	Last Day of Classes March Fun Day		
SPIRIT WEEK						
25 Spring Break Starts	Colours of the Rainbow (Thursday) N/K—Red Rm 3—Pink Rm 4—Green Rm 6—Purple Rm 9—Orange Rm 10—Yellow Rm 11—Blue Rm 14—White Rm 15—Grey Rm 16—Black			29 Good Friday Spring Break Ends		