

# JMK Jaguar Journal

525 Agnes St., R3G 1 N7

204-775-4404

## Principal's Message

Dear Parents/Guardians,

Thank you to all of the families who participated in our Tri-conferences and shared in your children's learning. If you were unable to attend the conference, please contact your child's teacher to make an appointment. It is important that we meet with you.

We have a very busy month ahead with many special annual events. We will be hosting our **annual Turkey Dinner** for the students in grades 1-6, at lunch time at the Portuguese Centre on **Tuesday, December 6**. The Nursery and Kindergarten students will be served a Turkey Snack on Wednesday, December 7. This is thanks to the donations that we receive from MGM Construction.

Our **Family Holiday Breakfast** will take place on **Tuesday morning, December 13** from **8:00 AM until 9:00 AM**. Please come and join us for a festive treat.

Our **Nursery and Kindergarten** rooms will be hosting a **Winter Performance** for their families on **Wednesday, December 14**. The morning class performance will be at 11:00 AM, and the afternoon classes performance will take place at 3:00 PM. More information to follow from Mr. Jamieson and Ms. Lunney.

Our **Winter Craft Night**, which we host with the Evermore After School Program, will take place on **Thursday, December 15** with **two start times: 5:15 PM or 5:45 PM**. Please return your registration form no later than **December 9<sup>th</sup>** so that we have enough materials for everyone to make crafts.

Please watch for special notices going home in advance of each of these events.

The weather has turned cold and we would like to ask that you ensure your children are dressed for this weather. Also, please ensure that your children know not to play on the snow banks or near the rivers in our city. Both of these are potentially very dangerous situations.

The **last day of school** before our Winter Break is **Wednesday, December 21<sup>st</sup>**. School reopens on **Thursday, January 5, 2023**.

From all of us at John M. King, we wish you and your family a Safe and Happy Holiday season.

Mrs. T. Karagiannis Bell  
Principal

Ms. K. Melnyk  
Vice-Principal



# Jungle Gym



The students at John M. King school have been playing on the jungle gym during Phys. Ed. They had the opportunity to climb, slide, and swing on the ropes, ladders, slide, and bars. Some of the students were lucky enough to showcase their skills during conferences to their family members.

A special shoutout to our primary students Isla, Raele, Leah, and Shea, who climbed all the way to the top of the rope and earned themselves a certificate in the Tarzan Club. Way to go!

- Ms. Etkin & Mr. Warkentin

# Outdoor Physical Education, Recess, and Active Start



As the weather continues to change over the next few months, Mr. Warkentin and Ms Etkin want to remind students to dress appropriately for outdoor classes and activities. With cold, wet weather, students should bring and wear a jacket, boots, snow pants, toque/hat, mittens/gloves, and a scarf. Please practice zipping up jackets at home and label your child(ren)'s clothing.


If your child needs winter gear, they can let their classroom teacher know.

- Mr. Warkentin & Ms. Etkin

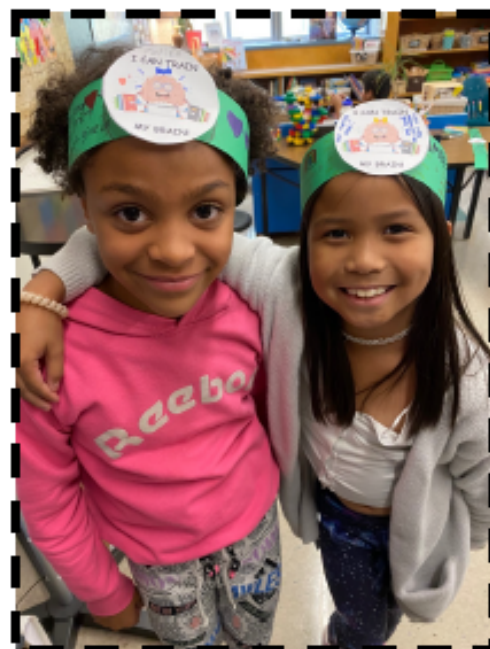


# The Learning Lens

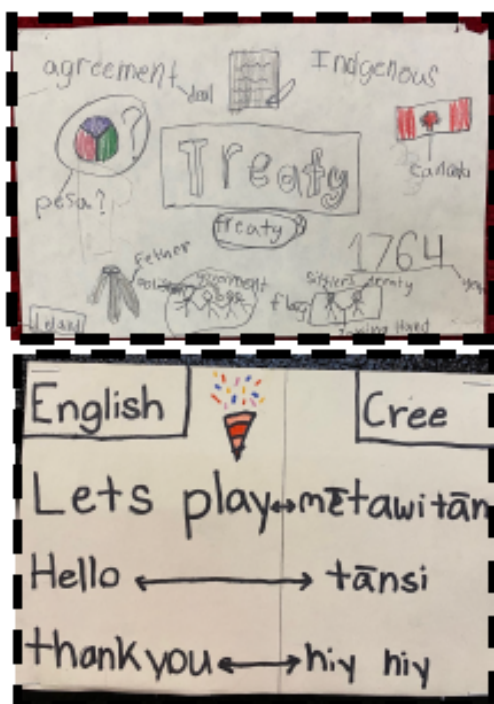
## An In-Depth Look into Classroom Learning

Room 205 News   
Ms. Hoffman

We have had a busy and exciting start to the school year in Room 205! To begin our learning journey, the 205 learners worked hard to develop a growth mindset! To do this we explored what it means to show perseverance, determination, and teamwork. We learned how to train our brains by trying new things and understanding that making mistakes is how we learn! We also practiced and discussed how to work as a team using our growth mindset to guide our words and actions. We think that this mindset will help us learn all year long! We can do hard things in Room 205!



We designed these headbands to remind ourselves that we can train our brains to do hard things!



To begin our Canadian adventure, we wanted to learn more about the provinces and territories that make our country unique! This led us to investigate the role of land acknowledgements and treaties in Canada's history. We began to think critically about different ways in which we could honour the land and Indigenous culture. We decided to learn new words in the Indigenous language, Cree. We also explored many ways in which Indigenous stories can be told, like through drumming, art, and storytelling!



Next, it was time to begin travelling across Canada! We packed our suitcases, prepared our boarding passes, and boarded a flight with JMK Airlines to Vancouver, British Columbia. To explore this city and province, we went hiking through beautiful forests, whale watching in the Pacific Ocean, and sightseeing at Granville Island. We quickly discovered that making detailed observations and asking meaningful questions would help us learn even more on our journey!



We also designed our very own instruments using our knowledge about how sounds are made!

Finally, we learned about a Canadian artist named, Emily Carr whose art is inspired by the forests of British Columbia. We used a combination of oil and chalk pastels to create our own trees, thinking critically about the background and foreground of our piece. British Columbia has been a fascinating province to explore! We look forward to sharing more of our learning adventures with you!



Room 205's flight on JMK Airlines to Vancouver, British Columbia!

Then, we discovered a problem known as underwater noise pollution that effects marine mammals, such as whales, in the Pacific Ocean. We began to think critically as scientists to invent a solution for this problem! This led us to investigate how sounds are made and how sound waves travel. We examined the different sounds that make up the soundscape of British Columbia, discussing how each sound helps or hurts the natural environment.

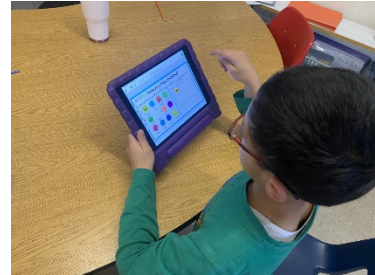


Check out our Emily Carr inspired tree art!

## Identity in Room 102

The students in Room 102 have been doing lots of learning about themselves. We have explored things that make us special and unique. For example, how we look and feel, our community, our families and our homes. We learned that all of these special things are a part of our **identity**. Some of our identity can be similar; but most is quite different! We agree that being different makes our classroom more exciting to be in. Take a look at some explorations and activities we've been doing:

Identifying how we feel through pictures



Showing how different feelings look



Building and creating our different homes



Creating ourselves as puppets and making stories



# Musical Notes

Ms. Katie

## Remembrance Day Service

On November 10<sup>th</sup> the school held a Remembrance Day service. Thank you to everyone who attended! This was the first performance for the choir. They were nervous but all their hard work showed! I was very proud as they sang O'Canada and Poppies Blow. We welcomed a bugler from the Royal Winnipeg Rifles to play the Last Post and Reveille during the service. 2Lt. Lessard added a special touch to the service. The whole student body was exceptionally respectful during the service!



## Music Updates

The Music room has continued to be a busy place this past month. The Grade 1/2s worked on reading rhythms and keeping the beat. The Grade 3/4s have been learning about the instrument families of the orchestra. The Grade 5/6s have been working on their Recorder skills, rhythm reading and exploring the Chrome Music Lab app. The choir will now be practicing on Wednesdays to accommodate students attending more clubs. New singers are welcome! See Ms. Katie for permission forms.





## Congratulations to our November winners!

**JMK**



**Take Care**



**Learn Together**



**Come Prepared**

Brievenna	Room 111
Angel	Room 104
Rim	Room 105
Jhared	Room 106
Alhousseini	Room 205
Mariam	Room 205
Murdy	Room 208
Alex	Room 209

**Great Job!**  
**Keep up the GREAT work**  
**John M. King!**

**WE ARE HIRING**

John M. King School is looking to hire an Adult Crossing Guard for the school year. It is a 3 hour per day position staggered through the school day, coordinating with school starting, noon hour, and ending hours. This is a paid position. Applicant must have or be able to obtain a Child Abuse Registry and Criminal Record Check.

This is an important position to ensure the safety of our students and families in coming to and from school.

Position starts as soon as possible. Please contact Principal, Mrs. Karagiannis Bell or Vice-Principal, Ms. Melnyk for further information.



# AFTER SCHOOL PROGRAM

**AGES 6-12 & GRADE 1-6**  
**MONDAYS & WEDNESDAYS**  
**3:30PM-5:00PM**

GYM GAMES & SPORTS  
ARTS & CRAFTS  
BOARD GAMES  
SNACK AND MUCH MORE

## REGISTRATION IS OPEN!!!

**USE THE QR CODE ->**  
OR FOLLOW THE LINK ON OUR  
WEBSITE: [evermoreggl.com](http://evermoreggl.com)

SHOULD YOU NEED A PAPER COPY  
CONTACT US - 204-772-9315



## DECEMBER PROGRAMS

**FIRST DAY BACK**

**DECEMBER**

**05**

AFTER  
SCHOOL  
PROGRAM  
3:30PM -  
5:00PM

**DECEMBER**

**07**

MARVELOUS  
MONDAYS  
@BBBS  
3:30PM -  
5:00PM

**DECEMBER**

**15**

WINTER FAMILY  
FUN NIGHT  
5:30PM -  
7:30PM

**WINTER  
BREAK**

**JANUARY**

**09**

MARVELOUS  
MONDAYS  
@BBBS  
3:30PM -  
5:00PM



November 28, 2022

Dear Parent or Caregiver:

On November 22, Dr. Brent Roussin, Manitoba's Chief Public Health Officer, and Dr. Elisabete Doyle, head of pediatric medicine at HSC's Children's Hospital, held a town hall to talk about the high number of RSV and influenza A among children.

We are providing some excerpts from the town hall below to help you be informed and give you support if your child is experiencing illness this winter.

**How can I protect my child this flu season?**

**Dr. Roussin:** There are multiple layers that we can take to protect ourselves. You can make sure vaccines are up to date, stay home when ill, wash your hands, proper cough hygiene (cough or sneeze into your elbow), and you can wear a mask in indoor public places.

**When should my child be vaccinated?**

**Dr. Roussin:** People should get vaccinated (for COVID 19 or Influenza) as soon as possible and, if they are sick, wait to recover and then talk to your health-care provider about the best course of action.

**When should my child stay home from school or daycare?**

**Dr. Roussin:** As soon as symptoms develop, children should be staying home. If it's a respiratory virus that we have no diagnosis for, then children should stay home until they are improving, which means no fever, and other symptoms clearly improving for a couple of days.

Specifically for COVID, people should wait for at least five days after testing positive or the onset of symptoms before returning to school or daycare.

**When should I take my child to the hospital?**

**Dr. Doyle:** Anytime you see your child having difficulty breathing, so that may mean your child's nostrils are flaring, they may be sucking in between their ribs, they may be engaging their tummy muscles. If their colour is poor, if they're having pauses in breathing, especially with young infants, that's a reason to go to the emergency department.

In addition, if your child isn't drinking enough, if they are sleepy and won't wake up and if an infant less than three months old has a fever, those are also reasons to go to the ER.

**My child has a high fever, what should I do?**

**Dr. Doyle:** There are many ways to manage a fever, such as giving them fluids and running a fan to cool down the child. Unless the child is an infant under three months, a high fever shouldn't be a reason to go to the ER.

It may be difficult to find children's medication for fever due to the supply chain issues. Parents can take their adult medication like Tylenol and ibuprofen to a pharmacist and they can properly divide it up into the right dose for children.

If you have questions about your child's health you can find more information on the Sharedhealth website: <https://sharedhealthmb.ca/patient-care/where-to-go/children-and-teens/> or you can call Health Links at 204-788-8200.

We hope you have found this information to be helpful and wish you and your family the best of health this winter season.



FREE  
SNACKS!  
BUS TOKENS  
FOR YOUTH!

# Huddle

KA NI KANICHIHK

## FREE ACCESS FAIR

**WHEN?** Friday, December 9, from 3 PM to 7 PM

**WHERE?** Huddle Ka Ni Kanichihk, 102–765 Main Street

**WHO?** Open to all youth and families

- Apply for a Birth Certificate and Social Insurance Number on the spot!
- Open a bank account and a Registered Education Savings Plan (RESP) on site (with a parent/guardian if under 18), apply for the Canada Learning Bond
- Get your taxes filed for free on the spot!
- Connect with youth serving organizations and community resources

### COME PREPARED TO APPLY FOR ID AND FILE TAXES!

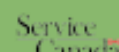
VISIT OUR WEBSITE OR SCAN THE QR CODE FOR INFORMATION:



Get everything you need to apply for  
the **CANADA LEARNING BOND**,  
up to \$2000 of FREE money for school!

**LEARN MORE AT:**  
[www.cfcstaxes.com/  
canada-learning-bond](http://www.cfcstaxes.com/canada-learning-bond)

Thank you to our partners!





# December



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Day 6 ILTR Club (Lunch) MB Moose Game (Room 206 & 102)	2 Day 1
5 Day 2	6 Day 3 <b>Turkey Lunch</b> 	7 Day 4 Choir (Lunch) <b>Turkey Snack for Kindergarten and Nursery Students</b>	8 Day 5 ILTR Club (Lunch) Intramurals Grade 3/4 (Lunch)	9 Day 6
12 Day 1	13 Day 2 <b>Family Breakfast 8:00– 9:00 AM</b>  Intramurals Grade 5/6 (Lunch)	14 Day 3 Nursery/ Kindergarten <b>Winter Concert</b> 11:00 AM (206AM) 3:00 PM (206 PM & 211PM) 	15 Day 4 ILTR Club Intramurals Grade 3/4 <b>Family Craft Night 5:15 PM – 7:15 PM</b> 	16 Day 5
		Choir (Lunch)	<b>Spirit of Giving</b>	
19 Day 6	20 Day 1	21 Day 2 <b>Last day of School!</b>  <b>Have a wonderful Winter Break!</b>	22 No School Winter Break	23 No School Winter Break
26 No School Winter Break	27 No School Winter Break	28 No School Winter Break	29 No School Winter Break	30 First day of classes will be: <b>Thursday, January 5, 2023</b> (Day 3)