ISAAC NEWTON JUNIOR H

730 Aberdeen Avenue, Winnipeg, Manitoba Phone: 204-586-9606 Email: isaacnewton@wsd1.org https://winnipegsd.ca/schools/isaacnewton Twitter: @IsaacNewtonWSD

New Principal's Message JANUARY 2024

I am thrilled to introduce myself as the Principal of Isaac Newton School. I look

forward to getting to know the students and families in our school community. I grew up in the area for the first 19 years of my life and later returned to purchase my first home here. I still consider it home in many ways. I attended King Edward for elementary school, and although I didn't go to Isaac Newton for Junior High, many of my friends did, so I have fond memories of it. Additionally, I have worked at King Edward and Faraday in my educational career, so my love for the community has never wavered.



Throughout my education career, I have worn many hats: an

educational assistant, community support worker, middle years classroom teacher, Literacy Intervention Support Teacher, and Vice-Principal. I am very excited to embark on this new journey as Principal with the Isaac Newton Community.

I strongly believe in building connections and relationships with our students, staff, and families. I believe every child can achieve whatever they put their minds to, and it is important for us to offer a variety of opportunities to help them reach their full potential. This philosophy aligns well with Isaac's belief of 'A Place to Belong; A Place to Shine.'

During my first month, I plan to get to know everyone in the school community and learn about all the wonderful things that Isaac Newton has to offer. Please feel free to stop by and introduce yourself.

Sincerely,

Ms. Stevenson (Principal)



Ms. Popke (Vice Principal)

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Taekwondo

Mr. Datuin, a seasoned and dedicated martial arts instructor, enthusiastically offers **Taekwondo classes** every **Thursday** from **11:50 a.m. to 12:35 p.m.** This club provides participants with a unique opportunity to engage in the ancient Korean martial art, known for its emphasis on dynamic kicking and punching techniques. Beyond the physical aspects, Mr. Datuin's Taekwondo classes offer a range of benefits, including improved physical fitness, enhanced flexibility, and heightened mental discipline. Students have the chance to develop selfconfidence, focus, and perseverance through the structured training sessions. Additionally, the club fosters a sense of community and camaraderie among participants, creating a positive and sup-





portive learning environ-

ment. Whether one is a beginner or an experienced martial artist, Mr. Datuin's Taekwondo classes are a fantastic avenue for personal growth and well-rounded development.



[Mr. Datuin instructing the students in Taekwondo]

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Fitness Club



Students in grades 7 through 9 are enthusiastically embracing the **fitness club** under the guidance of **Mr. Dhalla**. The club has become a vibrant hub of physical activity, fostering a positive and energetic atmosphere during lunch. Students are reaping numerous benefits, both physically and mentally, as they engage in a variety of exercises and activi-

ties tailored to

their age group. Mr. Dhalla's supervision ensures a safe and supportive environment, encouraging students to explore their fitness potential. Beyond the obvious physical improvements, participants are experiencing enhanced focus, stress relief, and improved self-esteem. The fitness club has not only become a space for exercise but also a community where students build camaraderie and develop healthy habits that extend beyond the club's walls. The fitness club is committed to fostering a holistic approach to wellness, and the students' enthusiasm reflects the success of this engaging and beneficial program.





Come by Anytime!

With the students, Mr. Dhalla (center) is performing push-ups. ISAAC NEWTON JUNIOR HIGH 730 Aberdeen Avenue, Winnipeg, Manitoba Phone: 204-586=9606 Email: isaacnewton@wsd1.org https://winnipegsd.ca/schools/isaacnewton Twitter: @IsaacNewtonWSD

Friday Games Club

At lunch hour on Fridays, the school's activity and games club buzz-

es with vibrant energy as students eagerly gather to participate in a variety of engaging games and activities facilitated by enthusiastic **student teachers**. The club has become a favourite among students, offering a unique and enjoyable way to unwind and socialize before the weekend. The atmosphere is filled with laughter and camaraderie as students immerse themselves in a diverse range of



board games, card games, and other interactive activities. Whether it's strategizing in a heated game of chess, trying their luck in a card tournament, or engaging in collaborative board games, the club provides a dynamic and inclusive space for students to relax and build connections with their peers.

The student teachers, who bring a **fresh and youthful perspective** to the club, play a pivotal role in fostering a positive and supportive environment. Their passion for games and interactive activities is contagious, inspiring students to embrace the club as a highlight of their week. With the guidance of these student teachers, the club not only



serves as a recreational outlet but also becomes a platform for skill development, strategic thinking, and teamwork. The lunchtime gathering not only enhances the overall school experience for students but also promotes a sense of community and shared enjoyment, making Fridays a day eagerly anticipated by all who attend the activity and games club. ISAAC NEWTON JUNIOR H

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Isaac Newton students are fortunate to have the unique opportunity to participate in **smudging sessions** led by **Ms. Millar**. Smudging is a ceremonial practice rooted in Indigenous traditions, particularly among First Nations cultures. Ms. Millar guides students through this meaningful ritual, which involves burning sacred herbs such as sage, cedar, or sweetgrass to produce smoke. The act of smudging holds cultural and spiritual significance, serving to

purify the mind, body, and spirit. It is believed to cleanse negative energy, promote healing, and create a harmonious environment. Beyond its spiritual aspects, smudging in a school setting fosters cultural awareness, respect, and a deeper understanding of Indigenous traditions. Ms. Millar's dedication to offering smudging sessions provides students with a valuable opportunity to connect with diverse cultural practices, promoting inclusivity and enriching their educational experience.

Night of the Arts

This year's **Winter Night of the Arts** concert will take place on **January 18, 2024**, at **7 p.m**. in the gym. Grade 7, 8, and 9 bands will be performing, as well as the jazz band and the guitar class. There will be a matinée at 1:30 p.m. for parents and guardians who wish to attend as well. We would like to express sincere gratitudes to **Mr. Vander hout** for his dedication and efforts in training our students to deliver an outstanding performance at the Night of the Arts concert.



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The joy of **soccer** resonates among students under the watchful supervision of **Mr. Mirzapour** and **Ms. Marnoch**. The soccer program, led by these dedicated teachers, has evolved into a dynamic platform where students not only refine their soccer skills but also cultivate essential life skills. Through organized drills and friendly matches, students are experiencing improved physical fitness, enhanced coordination, and height-ened teamwork. Mr. Mirzapour and Ms. Marnoch's coaching approach goes beyond the pitch, fostering a sense of sportsmanship and collaboration among participants. The students are not only developing a pas-

sion for the sport but also benefiting from increased self -confidence and resilience. The soccer sessions are not just about goals and victories; they're about building a supportive community where students can thrive both athletically and personally!



With the soccer students, Mr. Mirzapour









Mr. Dhalla's commitment to supporting students and families in the Isaac New-

ton school community through his volunteer work during the evenings at CEDA Pathways will now include Sunday afternoons! Starting on January 14, 2024, homework support will be open on Sundays at 541 Selkirk Ave., from 11am to 2pm. This initiative aims to provide students with additional academic support by offering dedicated time and space for homework assistance in all subject areas. Mr. Dhalla, known for his passion for education and community service, believes that providing this extra opportunity will empower students to excel academically and over-



CEDA at 541 Selkirk Avenue

come challenges they may face in their studies.

Mr. Dhalla with I.N. CEDA students



The benefits of the CEDA Pathways to Education program are manifold. First and foremost, students gain access to a supportive environment where they can receive personalized assistance with their homework, fostering a deeper understanding of the material. The additional support on Sunday can contribute to improved academic performance and increased confidence in their abilities. For more information, registered students in the Pathways program can contact Mr. Dhalla at navdhalla@wsd1.org or

CEDA Pathways at (204) 582-5800 and info@cedawpg.org. It is thanks to the continued partnership of CEDA Pathways, the Winnipeg School Division, Isaac Newton and the support of volunteers such as Mr. Dhalla, that students will continue to succeed on their path to graduation and beyond.

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From Ms. Linda and Room 13

In December, **Room 13** had the pleasure of participating in sports activities with **Special Olympics Manitoba**, engag-



ing in a **spirited soccer** match at the University of Winnipeg. Another highlight included some students witnessing the **Winnipeg Jets' hockey practice** at the MTS Centre. Inside the classroom, the festive spirit

was in full swing with students enjoying seasonal activities such as crafting a calendar tree and chronicling the adventures of our classroom elf through

journaling. The joyous moments were captured in photos, and as we approach the holidays, I extend warm wishes to all families for a prosperous New Year. **Ms. Linda and Room 13!**









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HOW SICK IS TOO SICK FOR SCHOOL?

Cold and flu season is here. See our tips for parents and caregivers:

KEEP ME HOME:

(higher than 38°C or 100° F)

Sore Throat

Persistent Cough

Strep Throat

Vomiting or Diarrhea

Abdominal Pain (severe or long-lasting)

(prevents from participating comfortably in activities)

SEND ME TO SCHOOL:

No Fever (without fever-reducing medicine for 24 hours)

> Occasional Cough (but no other symptoms)

Strep Throat (after 24 hours of treatment)

No Vomiting or Diarrhea (for 48 hours) ISAAC NEWTON JUNIOR HIGH 730 Aberdeen Avenue, Winnipeg, Manitoba Phone: 204-586-9606 Email: isaacnewton@wsd1.org

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Clay Club

Mr. Barber, a dedicated and innovative educator at our school, is excited to offer an engaging opportunity for students by supervising a **Clay Club**.

This unique extracurricular activity not only provides a creative outlet but also brings numerous benefits to students who join. Through hands-on experiences with clay, participants have the chance to enhance their fine motor skills, foster imaginative thinking, and develop patience and perseverance as they sculpt and mold their creations. Mr. Barber believes that by joining the Clay Club, students



not only enrich their artistic skills but also cultivate valuable life skills that will serve them well beyond the studio. Come visit the Clay Club on **school days 2, 3, and 6 at lunch.**

Student Teacher Spotlight

Hi, my name is **Mr. Guerra**, Mr. G for short. You can catch me in the gym with Mr. Fast. I help with teaching Phys Ed, Health, and I help with coaching the Grade 9 Boys Basketball team. If you want to learn about basketball, ask me questions any time! I'll see you all in gym or in Games Club!

Games Club every Friday in the Library at 12:15 p.m.



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Do not Walk, Skate, or Play on Frozen Retention Ponds

Retention ponds are never safe to use for winter recreation activities. Ice conditions can change quickly without warning, and falling through the ice can be deadly. Remind your children to stay away from frozen retention ponds. Keep dogs on leashes when walking near a retention pond so they don't run onto the ice.



Do not walk, skate, or play on frozen retention ponds. Talk to your children about staying away from the ice.



Do not place hockey nets, benches, light structures, or any other items on a frozen retention pond. To report a structure or item on a retention pond, contact 311.



If you see someone on a retention pond, call 911.

Water from snowmelt or nearby water main breaks can drain into retention ponds. This water is often mixed with street salts, which can cause ice to melt and thin unevenly. This water enters retention ponds from underneath the ice, resulting in thinning of ice that can't be seen from the surface. **ISAAC NEWTON JUNIOR HIGH**

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| January 2024 | | | | | | |
|--|--|----------|--------------|---|-----------------|-----|
| Sun | Mon | TVE | WED | THU | Fri | SAT |
| < | | 2 W | 3 INTERBR | 4 Е А К | 5 | 6> |
| 7 | 8 Day I SCHOOL REOPENS WELCOME BACK! | 9 Day 2 | 2 10 Day | 3 1 Day 4 | 12 Day 5 | 13 |
| I 4 CEDA OPEN 11a.m. to 2p.m. | 15 Day 6 | 16 Day I | 17 Day | 2 18 Day 3 NIGHT OF THE ARTS 7 p.m. (Mr. Vander Hout) | 19 Day 4 | 20 |
| 21 | 22 Day 5 | 23 Day 6 | 24 Day | 1 25 Day 2 | 26 Day 3 | 27 |
| 28 | 29 Day 4 | 30 Day 5 | 31 Day | 6 | | |

SAFE ARRIVAL ABSENCE REPORTING

Please report your child's absence BEFORE 9:00 a.m. on the day of absence

Call 1-855-278-4513 or by visiting http://wsd.schoolconnects.com

