



Inkster School

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<https://www.winnipegssd.ca/inkster>

Principal: Ms. J. Carvalho

Interim Principal: Mrs. P. Burgess

February/March 2023



Message from Inkster School

Hello Inkster Families,

This past month has been a busy one at Inkster School. From “I Love to Read” and Black History Month, to a book and plant sale, to field trips, and then our first Family Night in three years! It was wonderful seeing so many smiling faces.

Now March is here, and there are only three full weeks of school before Spring Break. Student-Led conferences take place March 16th and 17th; we look forward to having you in the school. Please be sure to watch your email for registration information, as timeslots are first-come-first-serve.

Enjoy the sunny days of March,

Inkster Staff

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Room 34 News



Room 34 decorated their bulletin board for Valentine's Day, and included a beautiful message!

Room 9 News

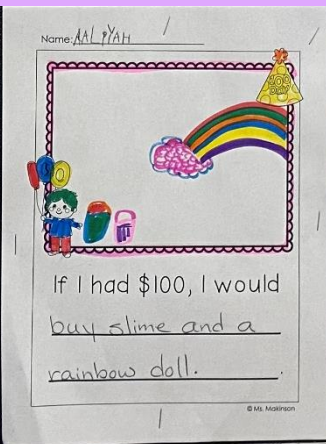
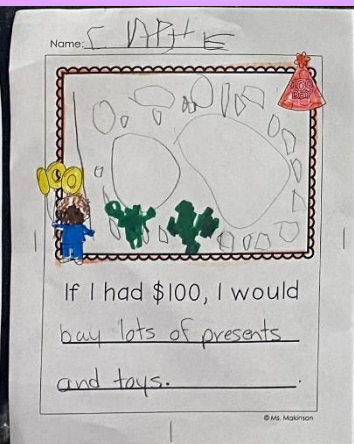
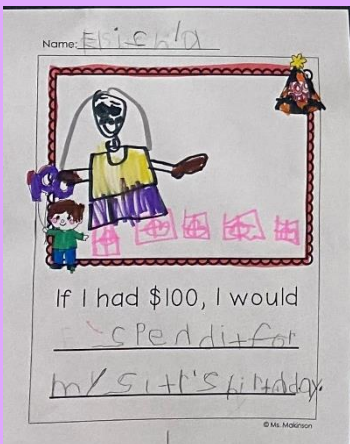
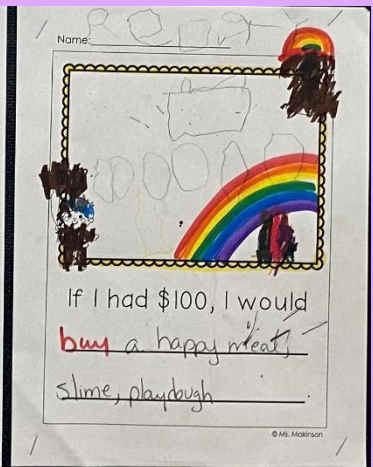
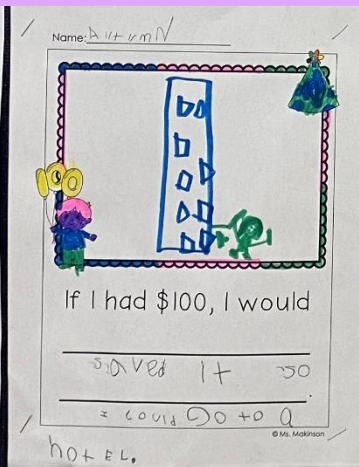
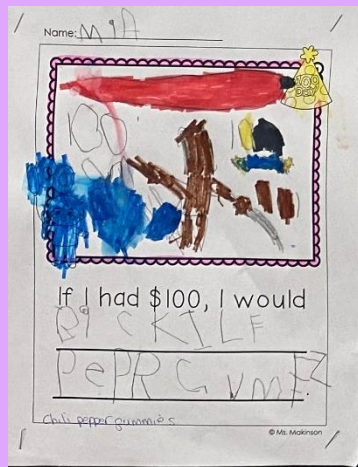
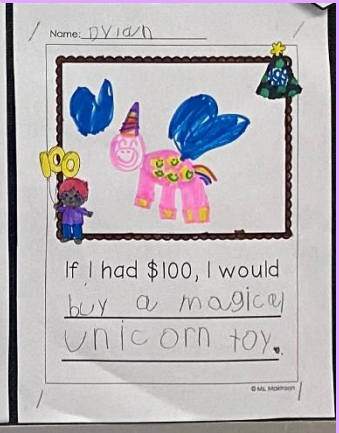
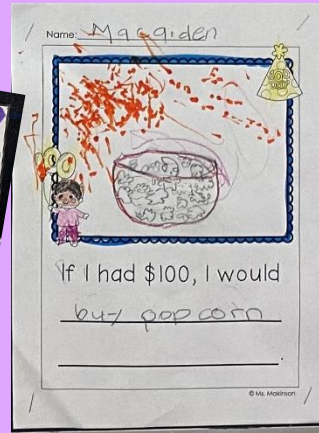
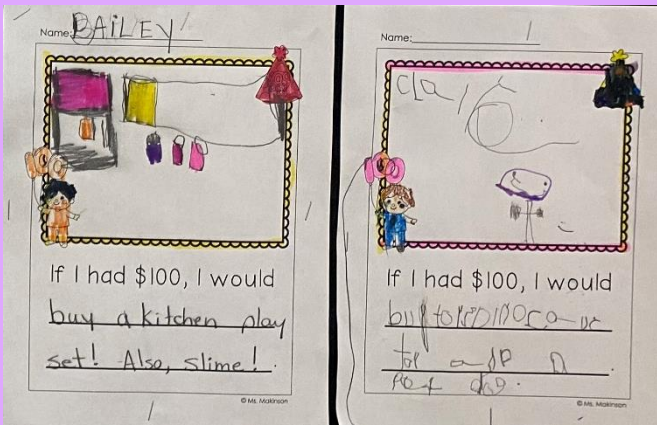
Nursery and Kindergarten students love celebrations, so celebrating the Valentines Day and the 100 days of learning is a great deal! The 100 Days of school is a lengthy time and students from Room 9 certainly proud and excited to celebrate this big milestone.

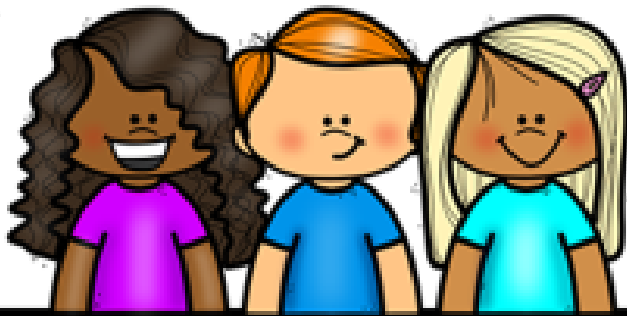
Our Nursery and Kindergarten Class in Room 9 made a heart collage and did some drawing and writing for their family and loved ones. They also have learned a lot since the beginning of the year, and they just celebrated that they are all 100 days smarter!



The 100th day of school is a day where the students look forward to and remember throughout their educational journey. As we celebrated their 100th day of educational journey, the Nursery and Kindergarten students did a great job in coloring their hat for 100th day of school. The students are also working to understand the concept of numerical value.

The Nursery and Kindergarten in Room 9 had a fun life question. The students were asked to tell the teacher, what they would buy or do with 100 dollars? Then, they also drew a picture about their response. Their responses are always so fun to read! It's always a pleasure and a great way for me to see the world through the eyes of the Nursery and Kindergarten students.





Class NEWS

Room 36

Important Dates

- March 16 (3:30-7:30 pm) & March 17 (9 am-12 pm) Student-Led Conferences
- March 22 Field Trip to the Manitoba Children's Museum

Reminders

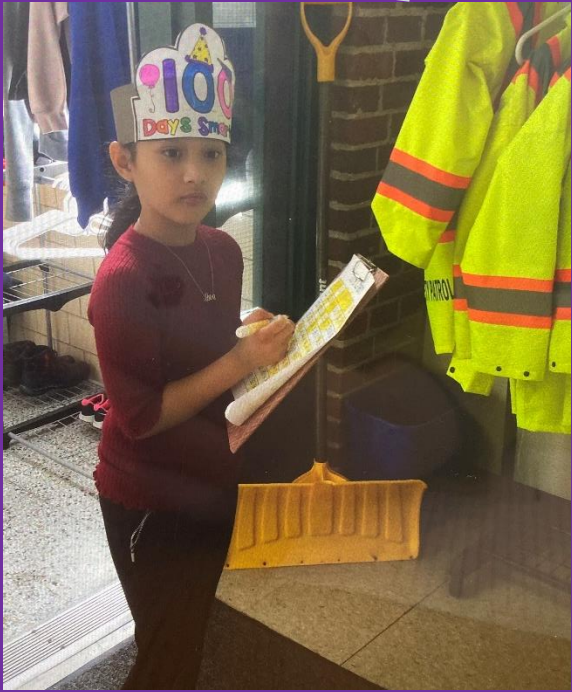
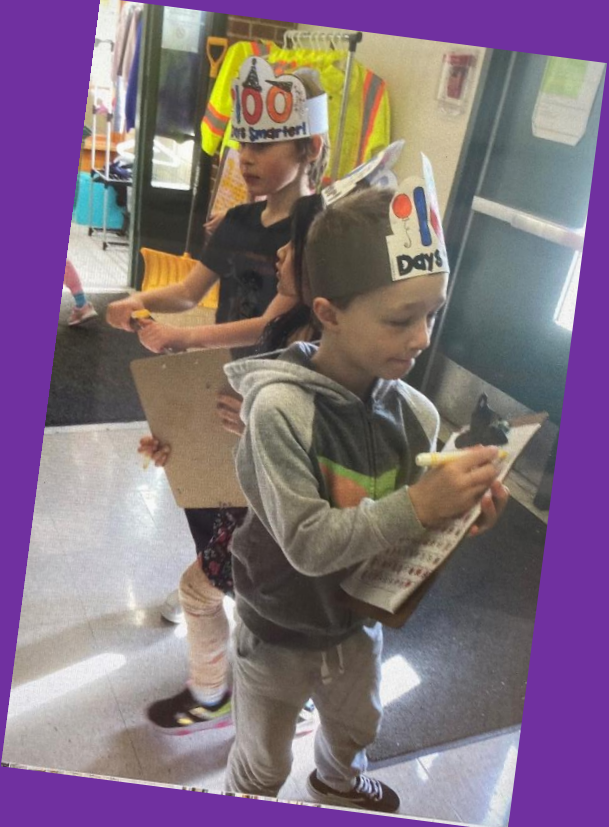
Please have your child do their Home Reading each day. After they read 25 books they get to pick a prize from the prize box.

What Are We Learning?

- Math: We are learning addition facts and strategies up to 20 and we will be beginning subtraction facts and strategies to 20.
- Daily Literacy Groups (reading & writing).
- Science: Position & Motion.
- Social Studies: We are finishing a unit of our local community where the students will be creating a 3D community project.
- Health: We have begun our Second Step program.

Classroom News: Room 2

Students of Room 2 had a great time finding numbers all around the school as part of their celebration of 100 days of school! They were very official-looking with their crowns, clip-boards, and highlighters. Happy 100 days of learning, Room 2!



Mrs. Gretchen's ROOM 6 CLASS



FOR the MONTH OF
FEBRUARY

NEWS

»»» HIGHLIGHTS FROM FEBRUARY

»»» COMING UP...

- Guest readers: Take Pride Winnipeg, Anne Bennet (former teacher), & Monarch Teacher Network
- 100th Day of School Celebration
- Grade 1/2 Assembly
- Making our own Inukshuks

- Student-led conferences
- Field trip to Children's Museum
- Spirit Week
- St. Patrick's Day
- Report Cards

Room 6 students are amazing!

reminders

Remember to exchange home reading books.
Please remember to dress for the weather.

Classroom News: Room 6



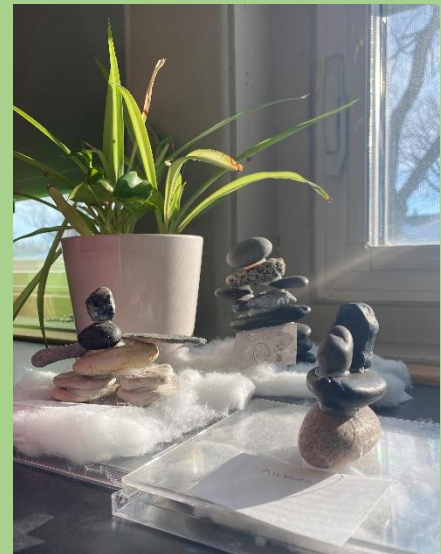
We had three Guest Readers visit us this month, including visitors from Monarch Teacher Network and Take Pride!



We celebrated the 100th day of school!



We made our own mini Inukshuks!

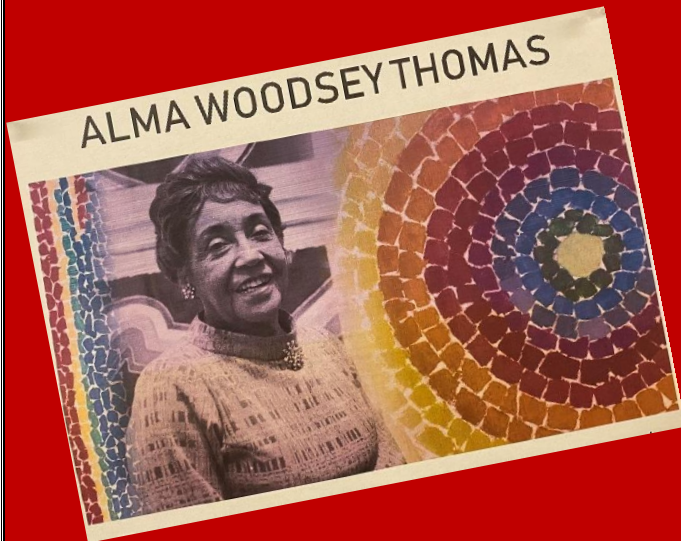


We worked with other Grade 1-2 students to host the February assembly!
We welcomed everyone, read announcements, told jokes and quizzed older students about our favourite books!



Room 4 News

This month, Room 4 learned about artist Alma Woodsey Thomas. Thomas is known for her distinctive use of colour and pattern. After looking at and discussing some of her work, we made our own versions!



"Through color, I have sought to concentrate on beauty and happiness, rather than on man's inhumanity to man." – Alma Woodsey Thomas



Room 5 News

What is the main job for our kidneys?
The main job for our kidneys is to clean the blood with toxins and send waste.

Can you live without kidneys?
You can survive without kidneys but you would need kidney dialysis.

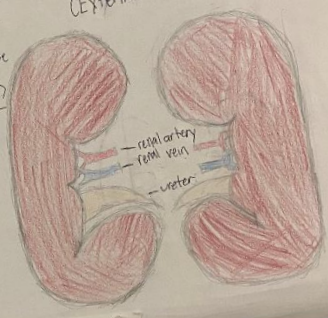
How to keep your kidneys healthy.
Don't smoke, get enough sleep every day, eat healthy, and exercise.

Parts of the kidney
Kidneys have three main sections. A outer renal cortex, a inner renal medulla, and a renal pelvis.

What does kidneys need to function?
Kidneys need pressure to function.

What is dangerous to the kidneys?
Diabetes is dangerous to your kidneys because it can cause kidney disease. (type 1 and type 2)

Kidneys by Ella
(External view)




Labels in diagram: renal artery, renal vein, ureter.

The Heart

Room 5 students have been learning about the systems of the human body. Each student has worked to make an informational poster about one part of the body!

The Heart



What is dangerous to the heart?
Things that are dangerous to the heart are smoking, being inactive, eating poorly, carrying too much stuff, and drinking too much alcohol.

Can you live without the heart?
You obviously can't survive if you had no heart cause if you had none your heart would stop moving.

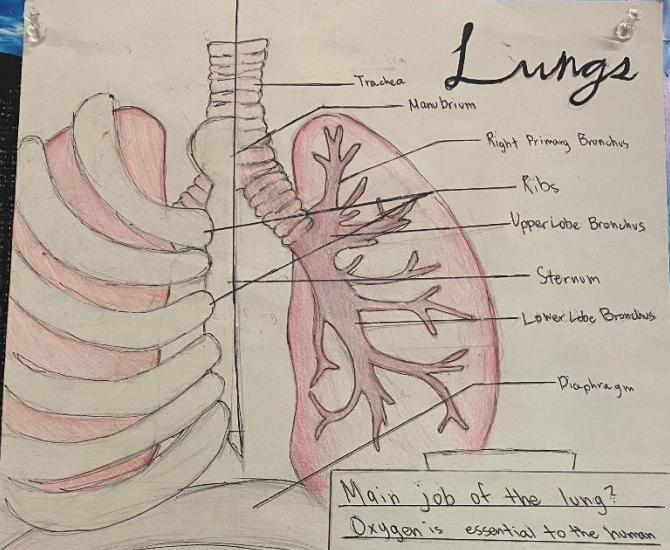
What is the main job of the heart in the human body?
The heart pumps blood around the whole body mostly everytime when the heart beats.

What does the heart need to function?
To keep your heart beating it will need electric signals which get sent into the heart muscle.

What are the parts of the heart?
The heart is made of heart chambers, valves, ventricles, and conduction system.

How to keep your heart healthy?
Things to keep your heart healthy is by eating healthy, being active, stop smoking, and stop drinking alcohol.

Lungs



Labels in diagram: Trachea, Man Drum, Right Primary Bronchus, Ribs, Upper Lobe Bronchus, Sternum, Lower Lobe Bronchus, Diaphragm.

Main job of the lung?
Oxygen is essential to the human body and the lungs allow oxygen in while breathing out carbon dioxide (waste).

What do the lungs need to function?
The lungs are like a big, meaty sponge. The air comes in the trachea and the lungs filter the air. The diaphragm allows the lung to expand to breathe in.

Can you live without the lungs?
We will die without oxygen, the lungs deliver it. We will die without lungs.

Dangers to the lungs

- Smoke / smoking
- Dust & fumes
- Breathing in toxins

Diseases

- Asthma
- Lung cancer
- Chronic Obstructive Pulmonary Disease (COPD)

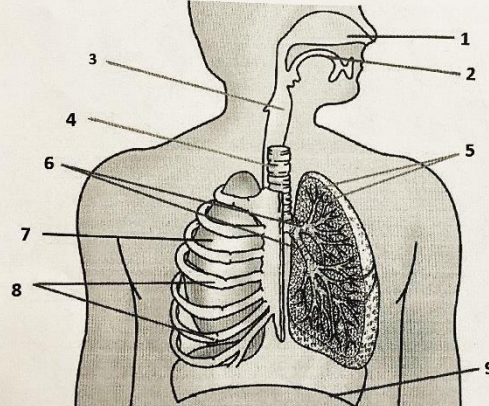
Keeping Lungs Healthy

- Stop smoking
- Exercise regularly
- Eat healthy
- Keep air around you clean (plants)
- Avoid air pollutants
- Regular check-ups
- Deep breathing
- Staying hydrated

Music News

Grade 4-5-6 Spotlight

Students in Rooms 4, 5, and 8 completed their first “Biology of Music” unit this month, all about how we breathe. Students learned the importance of the diaphragm, and which muscles they should concentrate on to activate it. They also learned that shoulders and neck muscles don’t actually help you breathe!



Teacher Use Only.

Correct:

/ 11

+

/ 4

=

/ 15

Write the number that matches each sentence.

You can use numbers more than once, and you don't have to use every number.

___ is the diaphragm.

___ is the muscle that pulls the lungs open

___ is the windpipe.

___ pushes out so I breathe air in

___ is the trachea.

___ is the muscle that makes us breathe

Choir Spotlight: Grade 1-2

The Grade 1-2 Choir has been learning songs about kindness to yourself and to others. We sang “I Love My Body” by TikTok sensation Mother Moon, and learned “It’s You I Like” by PBS legend Mister Rogers

“I Love My Body”

*I love my body From my head to my toes
I love my face, my eyes, my mouth, my nose
I love the way I look when I look in the mirror
I stand a little closer just to see a little clearer*

Who is that? It's me!

And I am looking good As good can be

So, what do I say?

I tell myself I love me every day

*I love my body From my head to my toes
I love my face, my eyes, my mouth, my nose
I love the way I look when I look in the mirror
I stand a little closer just to see a little clearer*

I hope you can, too!

You're worthy of your own love it is true

So, what do we say?

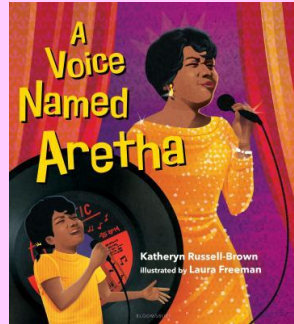
We tell ourselves we love us every day

“It’s You I Like”

*It's you I like,
It's not the things you wear,
It's not the way you do your hair--
But it's you I like
The way you are right now,
The way down deep inside you--
Not the things that hide you,
Not your toys--
They're just beside you.*

*But it's you I like--
Every part of you,
Your skin, your eyes, your feelings
Whether old or new.
I hope that you'll remember
Even when you're feeling blue
That it's you I like,
It's you yourself,
It's you, it's you I like.*

Bringing together the themes of “I Love to Read” and Black History Month in February, students in music class were treated to a reading of “A Voice Named Aretha” by Katheryn Russell-Brown and illustrated by Laura Freeman. The book tells the true story of the Queen of Soul, Aretha Franklin, from childhood to her continuing legacy in music and social justice. Students then watched Ms. Franklin’s 1967 performance of the classic “RESPECT” on YouTube. Many students were surprised to find they recognized the song!



SONG SUGGESTIONS WANTED

Every June, Inkster School spends weeks voting for our “song of the year” through a series of head-to-head elimination rounds. To prepare for this, Ms. Armstrong wants to know YOUR favourite song! What do you think we should include in this year’s competition?

Send your suggestions to Siarmstrong@wsd1.org, or fill out a “suggestion slip” outside the music rom this month. Suggestions can be in any language and style, must be school-appropriate, and are needed before spring break!

Phys-Ed News

Congratulations to our Volleyball Club! They went to their first meet this February. Not only did they act as great representatives of our school, they played very well and had a lot of fun! Our last Volleyball Club practice for this year is on Friday, March 3rd.

Book & Plant Sale

Thank-you to everyone who donated books and/or plants for Room 3’s sale to benefit the Humane Society! Students were so excited to attend the sale, and so many books and plants found new loving homes!

FRANKENSTUFFY CLUB

Over the last several weeks, a group of grade 5 and 6 students turned our portable into a mysterious laboratory! After learning some basic hand sewing techniques, the students got down to work on their Frankenstuffy projects. First, they removed the body parts from old stuffed animals. Next they mixed up the parts and sewed them back together into creepy and wonderful creations. Great job, kids!!



I Love to Read Month

More than 200 books have been read at Inkster School this month! Students kept track of their reading by adding to “library shelf” posters outside their classrooms.

Staff and students were treated to a display of books from our school library that focus on Black history, social justice, and stories! Many books were borrowed, read in class, and returned to the shelves for the next classroom to read.



Black History Month Biographies

Walk down the hallway toward the gym, and you can learn about some of the contributors to Black History in Canada! Students from a variety of classrooms created biographies to accompany photos of Black Canadians including allergist and asthma specialist Dr. June Marion James, professional baseball player Ferguson Arthur Jenkins, cardiologist Dr. Alexandra Bastiany, and poet George Elliott Clarke, among others.

George Elliott Clarke



Ferguson Arthur Jenkins



Dr. June Marion James



Dr. Alexandra Bastiany



Mary Ann Shadd Cary



Did you know?

Carrie Best



Carrie Best
Carrie Best was born on March 14, July 28, 1914 in Toronto.
Carrie Best was known in 1932 for being the first Black woman called the Queen of the South West. She was the first Black woman to be elected to the position of Queen of the South West. She was the first Black woman to be elected to the position of Queen of the South West. She was the first Black woman to be elected to the position of Queen of the South West.

Rosemary Brown



Rosemary Brown
Rosemary Brown was born on July 28, 1914 in Toronto. She was a Black Canadian writer and activist. She was the first Black woman to be elected to the position of Queen of the South West. She was the first Black woman to be elected to the position of Queen of the South West. She was the first Black woman to be elected to the position of Queen of the South West.

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Lincoln Alexander



Lincoln Alexander
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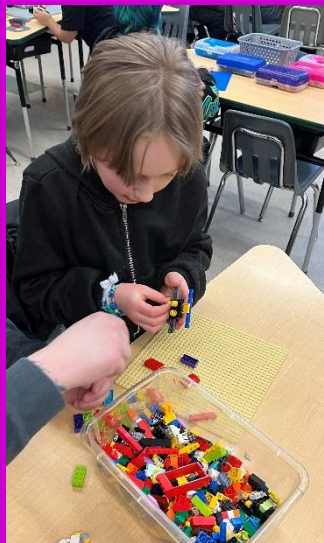
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Lincoln M Alexander
He was born on January 21, 1912 and died on October 13, 1992. He survived a good life and to see everything go to plan, we all look up to you.

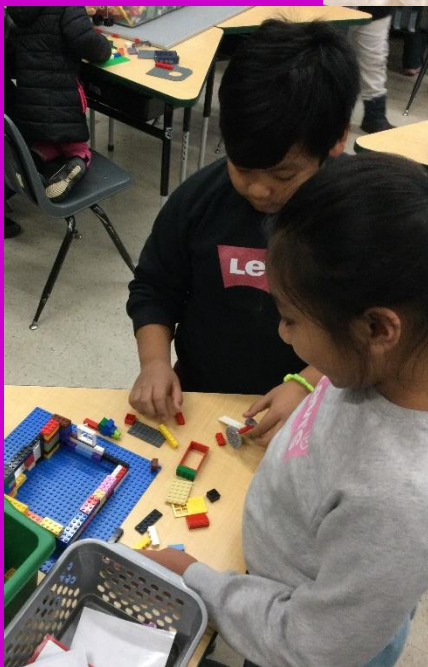
FAMILY NIGHT

Inkster School welcomed kids and adults to our first Family Night this February! Staff worked hard to provide a variety of fun sessions – everything from boardgames to Lego to gym activities - as well as a delicious snack of milk and cookies. Thank-you to everyone who came and made Inkster School part of your evening, it was so much fun to have you!

If you attended Family Night, we want your feedback! Go to <https://freeonlinesurveys.com/s/dVQp1gk5> by March 7th to tell us what you liked best and least, and suggest ways to improve for our next event!







Inkster School Parents Advisory Council

MESSAGE TO STAFF

We, as a council, would like to sincerely thank the Inkster staff & administration for the wonderful job they have been doing this year in keeping our children safe, happy, healthy, and educated during these unique times!

Keep up the great work!

WELCOME WELCOME WELCOME

After months & months of zoom calls, we are back to in-person meetings at the school!

Next Meeting: Tues, March 7th, 2023

START TIME: 6PM (doors open at 5:45pm)

We hope to see you, all are welcome to attend!

JOIN US!

Inkster School has a strong Parent Advisory Council that works in cooperation with the school, administration & lunch program. Although there are a number of dedicated parents and grandparents who have already signed up for PAC/related Committees, they want and need your support. Please feel welcome to join, attend, support, & volunteer.

Ongoing Fundraiser:

Shop now and 20% of your purchase will go toward ISPAC general fundraising efforts. Feel free to share the referral link with your friends!

www.oliverslabels.com/inkster



Shop now and support
Inkster School PAC
www.oliverslabels.com/inkster
20% of your purchase will support
our fundraising efforts!
(excluding gift cards)

LUNCH PROGRAM

WE ARE ALWAYS LOOKING FOR ADDITIONAL STAFF!

Both on-call and regular supervisors are needed.

If interested, please email: inksterlunchprogram@gmail.com

STAFF NEWS

Inkster School welcomes Interim Principal Pat Burgess! Mrs. Burgess is an experienced educator and principal, and we are happy to have her with us this month. If you need to contact Mrs. Burgess in her role as Interim Principal, her email address is Pburgess@wsd1.org

Room 9 welcomes Interim Teacher Wendy Diaz! Ms. Diaz is an experienced teacher who has frequently substituted in Inkster School. She has a wonderful rapport with her students, and we look forward to working with her this month!

Welcome back to Educational Assistant Jade Amante! Ms. Amante has a long history working with many different classrooms at Inkster School. The staff and students are all happy to see her back in our building!

MEET THE TEACHER

James Ryan has been working with Mr. Preyma in Room 7 since September as a teacher-in-training. This month, Mr. Ryan begins 5 weeks of being with Room 7 full-time! We're sure Mr. Ryan and the students in Room 7 will have a great time. Mr. Ryan's favourite subjects to teach are reading, writing, and all about habitats.



Coming Up: Student Conferences

Student Led Conferences



What is a Student-Led Conference?

A student led conference is a time for you to come and listen to your child share their learning. The conference will be facilitated by the teacher but, led by the student.

What do you need to bring?

- YOU
- Your child
- A positive and encouraging attitude

Did You Know?

Mr. Dunning and Ms. Armstrong can be part of conferences, too! Book a timeslot with them and let your student show you their skills on the court or with a mallet!

This term's "parent-teacher" conferences are Student-Led! Come see what your child has been learning, is excited about, and wants to share.

Conferences take place **Thursday, March 16th**, 3:30pm-7:30pm, and **Friday March 17th**, 9am-12pm.

Each conference is scheduled to take 10 minutes, so please be on time.

Conferences will be scheduled online, and timeslots are first-come-first-served. Check your email for a registration message later this month!

Coming Up: Report Cards

Report cards are expected to be sent home on Tuesday, March 14th. All report cards will be sent electronically.

If you require a paper copy of your child's report card, please inform your child's teacher or Inkster School office on or before March 13th.

Coming Up: Pow Wow Club

Inkster School's brand-new Pow Wow Club will begin this month!
The club will meet Tuesdays and Thursdays after school.

Pow Wow Club is open to all students who want to learn about Pow Wow,
and try dances such as Grass Dance, Fancy Shawl, and more.
EVERYONE IS WELCOME!

Permission forms will be sent home this month with interested students.

Pow Wow Club Seeks Volunteers

We are looking for elders, dancers, and knowledge-keepers to share their
skills with our student Pow Wow Club after spring break!

Please contact Ms. McGregor at Smcgregor@wsd1.org or Ms. Armstrong at
Siarmstrong@wsd1.org if you're thinking about volunteering!

**Healthy
Schools**



Thanks to the Healthy
Schools grant, students at
Inkster School will be able to
enjoy a spaghetti meal for
free on Wednesday, March
22nd! Thank-you to our staff
who are making this
possible!

Coming Up: Spring Break & Back to School

*The last day of classes before Spring
Break is Friday, March 24th.
Dismissal will be at 3:30pm as usual.*

*The first day back at school after
Spring Break is Monday, April 3rd.
Classes begin at 9am as usual.*

From the Division



WINNIPEG SCHOOL DIVISION

Inclusive Education Advisory Committee

The Inclusive Education Advisory Committee is an Advisory Committee to the Board of Trustees which will be comprised of parents/guardians of students with inclusive needs in the Division. Inclusive Education includes any students with exceptional learning needs including social/emotional, behavioural, sensory, physical, cognitive/intellectual, communication, academic or special health-care needs that affect a student's ability to meet learning outcomes.

In accordance with the Terms of Reference for the Committee, the Inclusive Education Committee will provide an opportunity for any parents/guardians of a student with inclusive needs to provide feedback to the Board of Trustees on programs and services as well as networking with other parents with similar advocacy needs. The Committee will also be provided information on supports and programs offered by the Division and the community.

The first meeting will be held at Tec Voc High School on **April 12, 2023, from 7:00 p.m. to 8:30 p.m.** An agenda will be distributed approximately one week prior to the meeting.

Parents/Guardians who are interested in participating as a member of this Committee, please contact the Board Office at 204-789-0469 or email Board@wsd1.org.



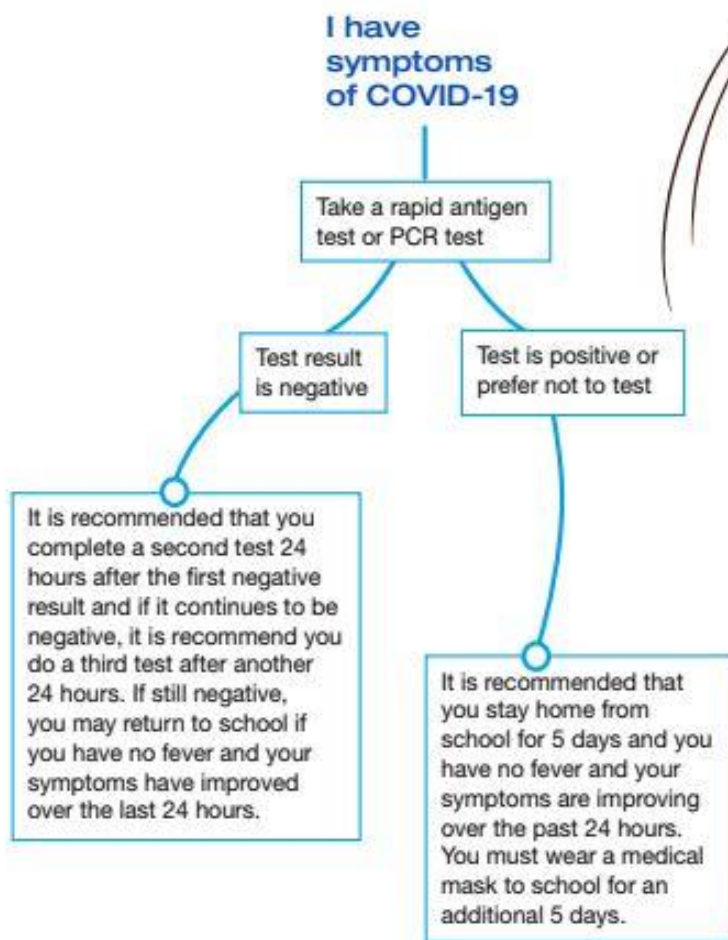


WINNIPEG SCHOOL DIVISION

COVID Guidelines for WSD Students

Safe school attendance is a priority for student learning.

All students should complete daily COVID-19 Screening Tool **prior to** attending school.



March 2023 at Inkster School

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
			1/ Day 5 Fiddle Club	2 / Day 6 Chess Club Fiddle club	5 / Day 1 Volleyball Club	
	6 / Day 2	7 / Day 3 Chess Club Library Club PAC meeting 6pm	8 / Day 4 Assembly 9:15 Fiddle club	9 / Day 5 Chess Club Fiddle club	20 / Day 6	
	13 / Day 1	14 / Day 2 Chess Club Library Club Rm.5&8 JA MB presentation Report Cards Issued	15 / Day 3 Fiddle club Rm.5 Wellness Summit	16 / Day 4 Chess Club Fiddle club Student-Led Conferences 3:30pm-7:30pm	17 / Day 5 NO CLASSES ALL DAY Student-Led Conferences 9am-12pm	
	20 / Day 6 Spirit Week begins	21 / Day 1 Chess Club Library Club	22 / Day 2 Fiddle club Rm.2,6,36 to Children's Museum Spaghetti Day	23 / Day 3 Chess Club Fiddle club Rm.6 Agriculture Presentation	24 / Day 4 Spirit Week ends Last day of school	
	27 First day of Spring Break SCHOOL CLOSED	28 Spring Break SCHOOL CLOSED	29 Spring Break SCHOOL CLOSED	30 Spring Break SCHOOL CLOSED	31 Last day of Spring Break SCHOOL CLOSED	

DAYLIGHT SAVINGS TIME

begins on Sunday, March 12th! Remember to set your clocks ahead by one hour Saturday night.



School re-opens Monday, April 3rd.

Classes begin at 9am.

Stay Connected!

Follow us on Instagram at

@Inkster_school

or visit our website

<https://www.winnipegssd.ca/inkster>



Instagram



Inkster School