

GLADSTONE SCHOOL NEWSLETTER

APRIL 2025

IMPORTANT DATES

Apr 7 – CLASSES RESUME

Apr 7 – Family Library Night
(3:30 pm - 5:00 pm)

Apr 11 – NO CLASSES
(Non-Instructional Day)

Apr 18 – NO CLASSES
(Good Friday)

Apr 21 – Family Library Night
(3:30 pm - 5:00 pm)

Apr 22 – Earth Day

Dear Gladstone Families,

It's hard to believe that we are already at Spring Break! Hopefully the snow we have just experienced will not last very long, although it did give us a lot of fun on the last day before the break! In fact, there was a lot of fantastic outdoor times during this past week. An example was when rooms 4 and 13 enjoyed roasting bannock with Toni Ellen, our Indigenous Programming Support Teacher, around our new fire pit.



I have been doing some new learning around the value of playing outside. In his book, “The Anxious Generation”, Jonathan Haidt offers some solutions to the extreme increase of anxiety he sees facing so many of our children. He challenges schools to have less screen time for students but also asserts that:

“time in natural settings benefits children’s social, cognitive, and emotional development, and these benefits matter even more as young people are increasingly ensconced in the virtual world and as their anxiety levels continue to rise.”

Jonathan Haidt “The Anxious Generation”

I know I can feel conflicted, thinking that students need to be in their classrooms at their desks for real learning to happen. Haidt, though, cites numerous research articles showing that recess promotes not only physical health and social development but also cognitive performance. His book is a great read, and I highly recommend it. So, if you hear your children talking about time they spent outside at school, know that they are engaging in thoughtful and meaningful activities that are developing their bodies and minds!

Sincerely,

- Mr. Nikkel



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Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
		1	2	3	4	5
		SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	
6	7 Day 4 BACK TO SCHOOL LIBRARY NIGHT (3:30-5:00 pm)	8 Day 5	9 Day 6	10 Day 1	11 Day 2 NO CLASSES (Non-Instructional Day)	12
13	14 Day 3	15 Day 4	16 Day 5	17 Day 6	18 Day 1 NO CLASSES (Good Friday)	19
20	21 Day 2 LIBRARY NIGHT (3:30-5:00 pm)	22 Day 3 EARTH DAY 	23 Day 4	24 Day 5	25 Day 6	26
27	28 Day 1	29 Day 2	30			

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AROUND THE SCHOOL

RM 14

Room 14 went on a field trip to the Canadian Human Rights Museum, discovering stories that had huge impacts on Canadians. The students also learned about leaders around the world who made a positive impact on human rights and made comments about what inspires them to make a difference. It was an amazing experience. – Mr. Grant



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AROUND THE SCHOOL

Student Council

Grade 6 Student Council & Room 13 had an amazing field experience at the Moose Hockey game in March. Excitement was in the air as we sang & danced. We cheered our hearts out and saw our faces on the jumbotron! For some of us it was our first time watching a live hockey game! Overall, we had a great time!



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COMMUNITY NEWS

SPRING BREAK RESOURCES

Please see below for a few suggestions on where to go for Spring Break ideas within the city.

- Tourism Winnipeg Website – www.tourismwinnipeg.com/things-to-do/family-fun
- City of Winnipeg Website – www.winnipeg.ca/people-culture/our-city-our-stories/free-activities-keep-kids-busy-during-spring-break
- Manitoba Moose (see offer and information below)

Click “Project 11” link to purchase tickets - [Project 11 School Day Game Thank You](#)

Special Spring Break Ticket Offer

We encourage you to share this ticket offer with all students at your school so everyone can take advantage of this opportunity!

Make the most of your spring break with the Manitoba Moose! Grab a seat to one of our four upcoming games over the Break, **starting at just \$15**. It's the perfect opportunity to round up your friends, family, or classmates and make the most of your well-deserved week off!

Pick the game that works best for your schedule:

- **Tuesday, April 1 at 7 p.m. vs. Laval Rocket (starting at \$15)**
 - Spring Break
- **Wednesday, April 2 at 7 p.m. vs. Laval Rocket (starting at \$15)**
 - Spring Break
- **Saturday, April 5 at 2 p.m. vs. Chicago Wolves (starting at \$20)**
 - Northern Lights (Collector Pin Giveaway – first 1,000 fans)
- **Sunday, April 6 at 2 p.m. vs. Chicago Wolves (starting at \$20)**
 - Autism Acceptance in support of St. Amant Foundation

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