



Creating Hope Through Action

Suicide Prevention Speaker Series

Special Greeting by the **Honourable Audrey Gordon**, Minister of the Mental Health ,Wellness and Recovery Branch
Opening and closing prayer by **Elder Louise Lavallee** (*Elder in Residence Marymount Inc.*)

Kevin Lamoureux | Thursday, September 9, 2021 at 12:00 pm



In this session our special guest Kevin Lamoureux will focus on suicide prevention through the lens of social justice. Many young people find themselves struggling to overcome oppression and injustices that have sometimes impacted families and communities across generations. Every young person that finds themselves without hope is a failing of justice and equity, not a failing of the child. Grounded within the framework provided by the Truth and Reconciliation Commission's Calls to Action, this session will honour the care adults who work on behalf of young people to create lasting and meaningful change.

Zoom Link <https://us02web.zoom.us/j/85097033815>

Buddy Up | Thursday, September 16, 2021 at 12:00 pm



Our special guest Akash Asif will share information about the Buddy Up campaign. An initiative of the Centre for Suicide Prevention, Buddy Up is a men's suicide prevention communications campaign: a call to action to men, by men. With the help of Champions across Canada, we are working together to promote authentic conversations among men and their buddies.

Zoom Link <https://us02web.zoom.us/j/85097033815>

Jack.org | Thursday, September 23, 2021 at 12:00 pm



Jack.org is Canada's only charity training and empowering young leaders to revolutionize mental health. Jack Talks are mental health presentations delivered by young people to young people. Trained and certified youth speakers use the power of personal stories and mental health education to inspire, engage, educate, and equip young people to look out for themselves and their peers

Zoom Link <https://us02web.zoom.us/j/85097033815>

WE MATTER | Wednesday, September 29, 2021 at 12:00 pm



Hope, Culture, Strength - We Matter
Indigenous youth deserve to see themselves succeeding and thriving, and know that no matter what they may go through there is always a way forward. We Matter presenter Autumn LaRose-Smith and a special guest Youth Ambassador will discuss why We Matter was created, Indigenous life promotion focusing on hope, culture and strength, and will share with you the resources and activities We Matter offers to support Indigenous youth.

Zoom Link <https://us02web.zoom.us/j/82705334694>

