

The background features several stylized fireworks in yellow and white against a dark blue background. The fireworks are depicted as bursts of lines radiating from a central point, with some lines being longer and more prominent than others. The overall effect is celebratory and festive.

*January
Newsletter*



Carpathia School

A Message From Ms. Manness



Happy 2024 Everyone! I hope you are looking forward to a relaxing holiday with family and friends.

December was filled with concerts and lots of festive activities, including our pancake breakfast and holiday sing along. The Carpathia Christmas Concert was very well attended and we continue to be appreciative of your support. We thank you for coming along side of us as we help our students strive for excellence.

January will be a busy month at the school as children continue to grow in their learning in all of the curricular areas. We had just a little taste of winter right before the break and I am sure winter is on its way. Please ensure your child(ren) are dressed appropriately for the various winter conditions and send extra socks and mittens to school as students often get wet when playing, building and creating in the snow. Students need to be dressed warmly to be comfortable and enjoy the winter weather.

I have recently learned that I get the great honor of staying on as your Acting Principal until Spring Break! I feel so lucky to be part of this wonderful school community, and am looking forward to an exciting new year and wish you all the best for a happy and healthy 2024.

Ms. Bell's Counselling Corner

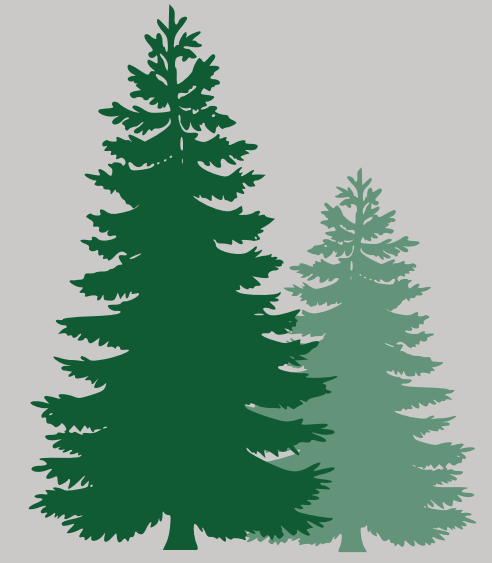
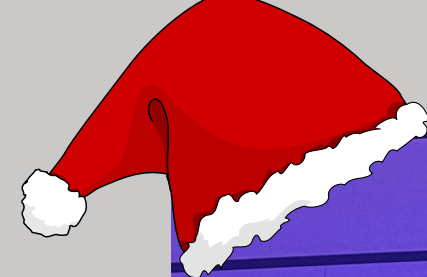


Thank you to all of our hard-working patrols!! We appreciate you and all that you do to keep our students safe. Keep up the great work!



HOLIDAY

Concert 2023





OPEN HOUSE

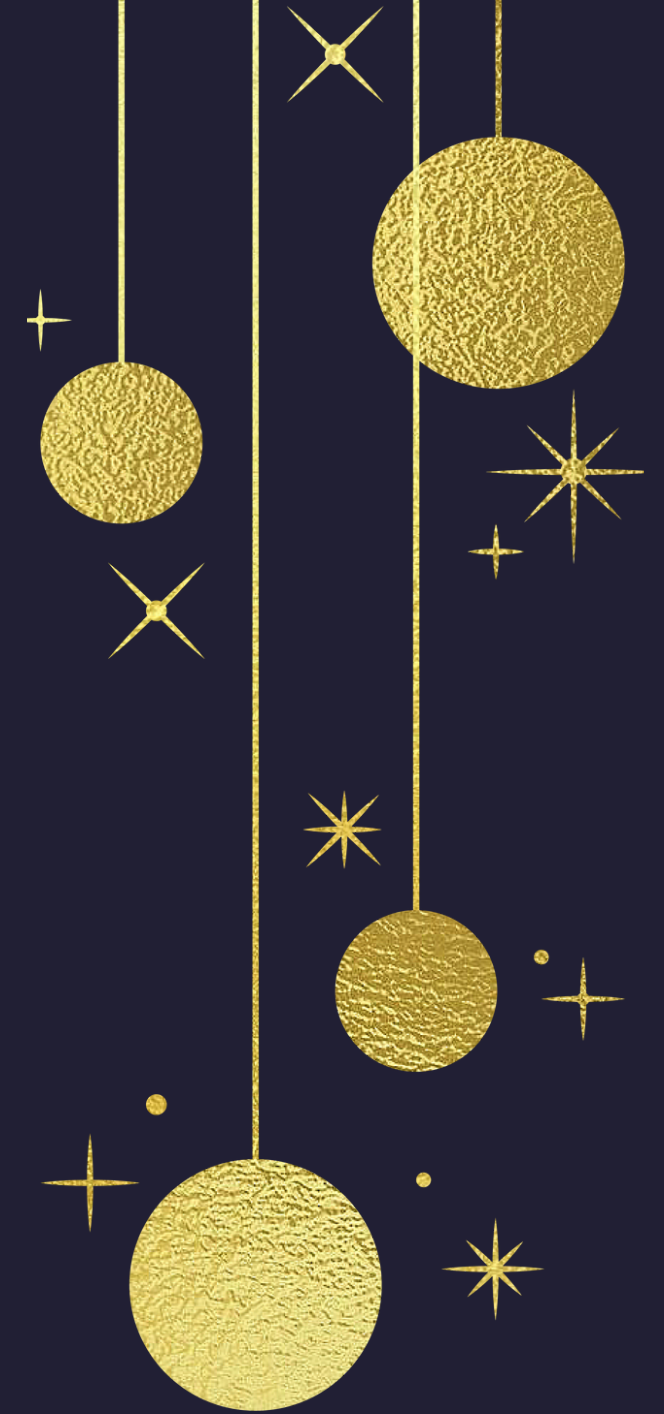
THURSDAY FEB 8, 2024 **6:00PM**

GYMNASIUM

ÉCOLE RIVER HEIGHTS SCHOOL

1350 GROSVENOR AVE

204 488-7090





Message from Dr. Karen Gripp, medical director, HSC Winnipeg Children's Hospital Emergency Department:

HSC Winnipeg Children's Hospital Emergency Department is seeing a significant increase in patient visits as respiratory viruses continue to circulate in the community. While many of our patients are very sick, we are also seeing many kids who could be treated in a more appropriate setting or safely managed at home. At least a third of the patients seen each day over the past week could have been safely cared for by their family doctor, a nurse practitioner, or at home with rest and fluids.

We know that having a sick child can be very stressful and that when you need emergency help, you know where to go. But just as importantly, we want you to avoid waiting in an emergency department for long periods with a sick child if they can be cared for elsewhere. We expect that patient volumes will continue to remain high in the weeks ahead and almost certainly increase. This will further stretch our ability to take care of sick children, so it's imperative that parents and caregivers understand their options for care and when symptoms warrant a visit to the emergency department. We know having a sick or injured child can be scary and overwhelming, so knowing where to go before your child becomes sick or injured can help you make the right decision when they need care. It's important to remember that not all respiratory symptoms require a visit to the emergency department. Many common cold and flu symptoms, including fevers, can be safely treated at home or with a visit to your doctor, a walk-in clinic, or urgent care centre.

I want to reassure parents and caregivers that if you come to the emergency department, you will get the care that you need. But if your child's needs are not urgent, you can expect a longer wait as we continue to see the sickest patients first. I encourage you to review the attached pamphlet and visit KidCareMB.ca, which includes helpful information on care options as well as symptoms to watch out for when caring for a sick child.

Not Sure Where to Go?

Talk to a nurse from home and get help assessing your child's symptoms.

Call Health Links – Info Santé at **204-788-8200** or **1-888-315-9257**

In an emergency, call **9-1-1**.





Pancake Breakfast & Sing Along



Carpathia School Parent Advisory Council



Pizza Lunch



When: Friday, January 26, 2024

Who: All Carpathia Students

*Order forms due Monday, January 22, 2024 (no late orders accepted)

PAC will use any profits from the pizza lunch to donate funds towards Carpathia field trips, in-school activities and the new outdoor learning space!



January Dates to Remember:

8- First day back

◆ 10 - Parent Advisory Council Meeting

Looking Ahead:

February 2 - No School