



# KidTalk

SPEECH TO HOME CONNECTION  
NURSERY & KINDERGARTEN



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## Letters & Sounds

Knowing the letters of the alphabet and the sounds that those letters make, is an important skill in learning how to read and write. Here are some ideas that you can do at home, to help your child learn about letters and sounds!

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- Sing the ABC song. Sing it slowly and have your children sing it with you! Try and make it part of a routine (i.e., sing the ABC song as you wash your hands!).
- Write out the alphabet (or use one that your child's school has provided) and point to the letters as you sing the song. Then help your child point to the letters while you sing together. Talk about 'upper case' and 'lowercase' letters.
- Talk about words and the sound at the beginning of the word. i.e. "That's a leaf. Leaf starts with the letter 'L'. L makes the "llllll" sound. Can you think of another word that starts with "lllll"? (And help them think of more!)
- Try to use words that are important to your child. Using their name is a great place to start! i.e. "Ben—that's your name. Ben starts with the letter 'B'. B makes the 'b,b,b' sound".

## Reading E-Books!

- Aim to read 2-3 books per day with your child.
- It is okay for children to want to read/listen to the same book(s) over and over. This is an excellent way for kids to learn new words, memorize the story, and pretend to read by themselves.
- Nursery Rhymes, poems and rhyming books are great for teaching rhyming. Rhyming is an important skill for later reading success.
- Encourage your child to choose high interest books from an online library or find one of the many available on YouTube.



### Online Resources:

To access **FREE** online books through the Winnipeg Public

Library go to: <http://guides.wpl.winnipeg.ca/ebooks/>

Click on this



WINNIPEG SCHOOL DIVISION

Clinical Support Services

Department of Communication Disorders



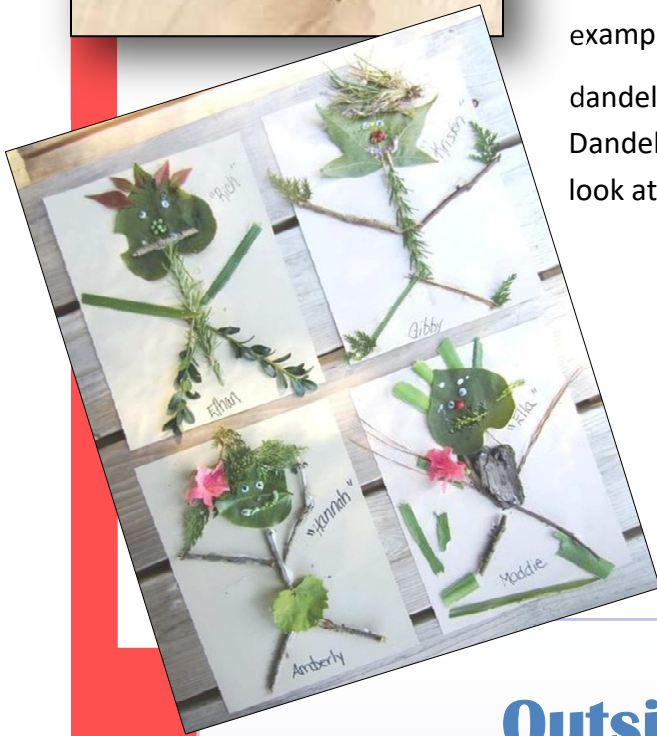
# Craft Time Fun



**Go outside and collect items to make a craft!** Look for leaves, twigs, pebbles, pinecones, acorns, flowers etc. Almost anything you find can be used to make a piece of art! See if you can use these items to help you write a word!

While you are collecting items with your child, remember to **talk about what you see!** For example: "This is an acorn! An acorn is a seed from a tree. If you plant this acorn, it will grow into a big oak tree!"

And **talk about what they see!** For example: "Wow! You found a dandelion. It has a yellow flower. Dandelions have strong roots. Let's look at the dandelion roots!"



## Rainy Day Idea!

### Play-Doh Recipe

1/2 cup salt  
1/2 cup water  
1 cup flour  
food dye



(or flavoured juice crystals like Kool-Aid)

## Outside Fun

Playing in the yard, visiting local parks, and exploring outdoor spaces with adults are great ways to promote speech and language through **experiences!**

**Have fun and TALK to your kids!**

Playing with your child doesn't have to be complicated or expensive. Try playing simple games like *Hide-and-Seek*, *Tag*, and *Duck-Duck Goose*. These simple games help teach turn-taking, problem solving, listening, and talking skills.



**PLAY IN THE DIRT—its fun to get messy!**