

# CAMP PACKING CHECKLIST

1. Please ensure that all your child's belongings are **labelled**. He/she will be in a cabin with others. Many articles of clothing look the same, so name labels are important.
2. Roll as many articles as possible into the sleeping bag. Enclose the sleeping bag/bedding and pillow in double plastic garbage bags and take two extra bags for the return trip.
3. Tie your sleeping bag securely. Please make sure that each child can manage their own sleeping bag.
4. Each student is responsible for seeing that his/her baggage gets to the bus when leaving for camp and again when leaving for home. Pack so that students can carry their own luggage.
5. Each student should pack his/her own gear as each student will be responsible for repacking at camp.
6. Clothing changes including shoes, socks, warm shirt, t-shirt, and long pants is essential.
7. Weather permitting, we plan our program to be primarily outdoors, therefore, it is essential that each student have appropriate clothing.

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|---|---|
| <input type="checkbox"/> 2 pairs of runners                 | <input type="checkbox"/> 2 towels (1 for shower + 1 for pool)                     |
| <input type="checkbox"/> 1 pair of rubber boots / old shoes | <input type="checkbox"/> toothbrush & toothpaste                                  |
| <input type="checkbox"/> 2 pairs of socks                   | <input type="checkbox"/> soap, comb/brush   |
| <input type="checkbox"/> 2 pairs of underwear               | <input type="checkbox"/> 1 sleeping bag/bedding (packed in 2 garbage bags)        |
| <input type="checkbox"/> 1 raincoat / wind breaker          | <input type="checkbox"/> 1 pillow   |
| <input type="checkbox"/> 1 warm jacket                      | <input type="checkbox"/> water bottle   |
| <input type="checkbox"/> 1 pair of pyjamas                  | <input type="checkbox"/> insect repellent (no spray)                              |
| <input type="checkbox"/> 2 t-shirts                         | <input type="checkbox"/> sunscreen  |
| <input type="checkbox"/> 1 long sleeved shirts / sweaters   | <input type="checkbox"/> flashlight (optional)                                    |
| <input type="checkbox"/> 2 pairs of pants                   | <input type="checkbox"/> disposable camera (optional)                             |
| <input type="checkbox"/> 1 pair of shorts                   | <input type="checkbox"/> 1 plastic bag for laundry<br>(for storing dirty clothes) |
| <input type="checkbox"/> 1 swimsuit                         | <input type="checkbox"/> notebook/logbook and pencil                              |
| <input type="checkbox"/> 1 hat                              |   |

## Students should **NOT** bring:

- expensive clothes
- valuables i.e. jewellery, cell phones, ipods, electronic games, pocket knives.
- food

## IMPORTANT:

- \* **All medication must be in original containers in zip lock bags and must be turned into classroom teachers when loading buses. Any medication brought to camp (i.e. allergy epi-pen) must be accompanied by a Health form and given to staff.**

