



# Kid Talk!

SPEECH TO HOME CONNECTION  
NURSERY & KINDERGARTEN

MARCH-APRIL 2020



## Talking Tools

Parents can use **Talking Tools** to help support their child's speech and language development. Children who have strong speech & language skills will be better readers and writers.

**"Talk about what you see"** - When you're out with your child, take the time to explain all of the exciting things that you see. See it, name it, talk about it!

**"Wait a few seconds before you reply to what your child says"** - Make sure you give children enough time to think about what they are going to say. Waiting will give children an opportunity to use more language.

**"Extend their language"** - Use the "plus 1 rule". Whenever your child says a word or a sentence, repeat it back and add one more word. If your child says "dog" you could say "Big dog".

## Alphabet Sound Book

Create an alphabet book! Using full pieces of paper, staple the corner or fold pages in half and staple along the folded edge to make a book. Personalize the title page by having your child draw or glue a picture of him or herself on the cover.



- Beginning with letter A— encourage your child to copy a large letter in the middle of the page. Provide help as needed.
- Cut out pictures from newspapers, magazines, flyers, old catalogues, or have children draw or print pictures from the internet. Pick pictures that start with the sound that the letter makes. For example, Letter C will have pictures of things like: cat, cake, cow, car, clock, and can. Letter D will have words like dog and doll etc.
- Emphasize the sound that the letter makes at the beginning of the word. E.g. Car and cake both start with the "C" sound (make the hard C sound).



WINNIPEG SCHOOL DIVISION

Clinical Support Services  
Department of Communication Disorders



# CREATIVE CRAFTS!

**Kids love doing crafts!** You DO NOT need to have fancy craft materials—any recycled items (ribbons, wrapping paper, magazines, or newspapers) will do!

- **Need some ideas??** Check out these ideas from Pinterest!



## ROBOTS



made out of recycled materials



PAINTED NEWSPAPER BUTTERFLIES



## The Best Toys for Speech and Language Development:

The best toys are ones that encourage your child to talk.

For babies and toddlers (under 4): stacking cups, wooden blocks, balls (all different sizes and colours), shape sorters, and toy phones.

For 5–7 year olds: play kitchens, baby dolls, toy grocery cart, vehicles (cars, trucks, tractors, & trains), play farm, action figures.

**It's important that children use their imagination during play!**

**Words to use when playing:** *in, on, over, under, beside, behind, up, down, bottom, top, stack, build, fall.* Shape words: *circle, square, triangle, oval, rectangle, etc.*

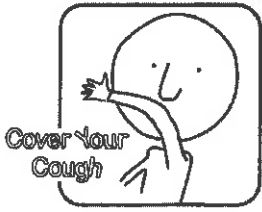
When children are playing, give them the words they would need. For example, when playing with a toy telephone —“Hello? Oh, hi Grandma! How are you?”





**DAILY ROUTINES:** As parents and caregivers, we know that **kids thrive on routine**. They like to know what to expect, so that they know how to react or behave. When situations arise that are surprising or un-expected, **children may not know how to handle what they feel**. As the saying goes "little people, big emotions". Here is one idea for how to plan days at home with your little ones!

7:30 - 8:00	RISE & SHINE	Get dressed, eat breakfast.
8:00 - 9:00	Free Play	Play dolls/house, pretend play, puppet show, create a maze or obstacle course, etc.
9:00 - 10:00	Movement Activity Time	Go for a walk, play in the yard or choose a physical activity to do indoors!
10:00 - 11:00	Creative Time	Building (Legos), drawing, crafting, playing music, cooking/baking.
11:00 - 12:00	Academic Time	NO ELECTRONICS - read a book, draw a picture, sing the ABC song, start a journal, work packages sent from school.
12:00 - 1:00	LUNCH TIME	(When children have finished their academic activities - encourage them to help with lunch prep!)
1:00 - 2:30	Quiet Time	Read, do puzzles, play card games, draw, color etc.
2:30 - 4:00	Educational Time	Responsible screen time—Look for educational games -  Ipad/leap pad games, Educational TV shows. <b>Enjoy technology <u>with</u> your children.</b>
4:00 - 5:00	Outdoor time	Ride bikes, walk the dog, play at the park, etc.
5:00 - 6:00	Free Play	Make a fort, build with blocks, play with Superheros, pretend play etc.
6:00 - 7:00	Dinner	(Encourage kids to help with supper prep!)
7:00 - 8:00	BEDTIME ROUTINE	Bath time & Story time



**Hand washing** is an important way to help stop the spread of germs! Teach your children proper hand washing. Here is a visual that will help with the steps! Sing it to the tune of Frere Jacques.

Remember we need to wash long enough to clean the germs off.



<p><b>WASH</b> Your <b>HANDS!</b></p>	<p><b>Tops and bottoms.</b></p>	<p><b>tops and bottoms.</b></p>	<p><b>In between, in between.</b></p>
	<p><b>All around your nails.</b></p>	<p><b>All around your hands.</b></p>	<p><b>Now they're clean, now they're clean!</b></p>

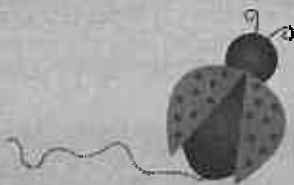
Sing to the tune of Frere Jacques

**POEMS & RHYMES:**

Learning to rhyme is an important step in learning to read. Here are some rhyming poems to practise with your children!

**HICKORY, DICKORY, DEE**  
 Hickory, dickory, dee,  
 A bear climbed up a tree,  
 When he heard a sound  
 The bear jumped down  
 Hickory, dickory, dee.

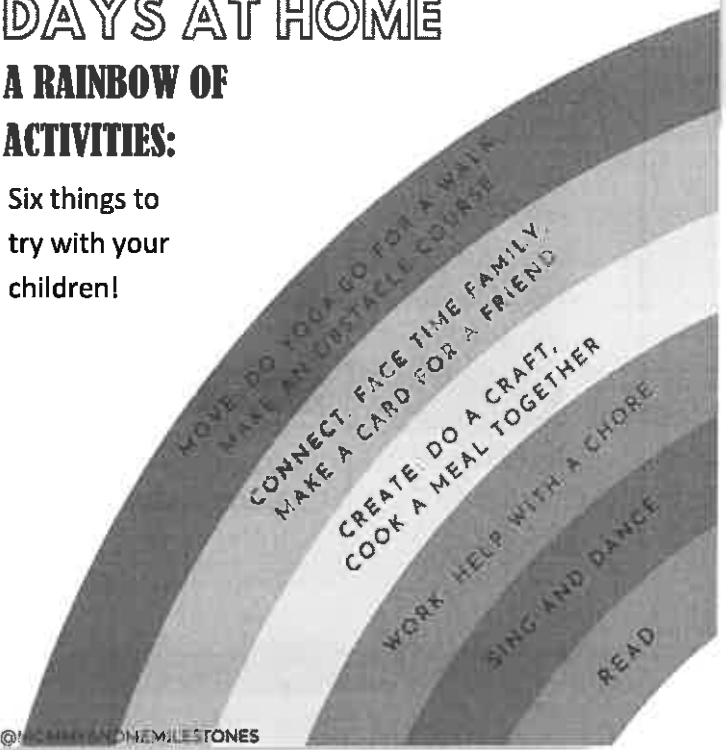
**BUGS**  
**Bugs, bugs go away,**  
**Don't come back again this way,**  
**Spring is here,**  
**we want to play.**



**DAYS AT HOME**

**A RAINBOW OF ACTIVITIES:**

Six things to try with your children!





# STAY AT HOME ACTIVITIES

Read a book

Play in the yard

Have an indoor picnic

Play freeze dance

Play dress up

Build a blanket fort

Facetime a family member

Go for a walk

Draw a picture

Bake cookies

Play board games

Do a craft with nature items (eg.sticks & rocks)

Play with lego

Have a family movie night

Clean your room

Do a puzzle

Play an educational game (ipad)

Go to the park

Read a book and draw a picture

Sing the ABC song



Name: \_\_\_\_\_ Date: \_\_\_\_\_



1. Trace each letter below.

A	B	C	D	E	F	G	H	I	J	K	L	M
N	O	P	Q	R	S	T	U	V	W	X	Y	Z



2. Cut, match and glue each letter onto the mat on the next page.

A	B	C	D	E	F	G	H	I	J	K	L	M
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